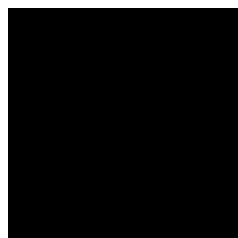


Univerzita Karlova

2. lékařská fakulta

Studijní program: Neurovědy



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Léčba míšního poranění pomocí protizánětlivých látek nebo kmenových
buněk

Modifikace aktivity NFκB v léčbě míšního poranění

Anti-inflammatory compounds and stem cells in treatment of spinal cord
injury

Modification of NFκB activity in different treatments of spinal cord injury

Dizertační práce

Vedoucí závěrečné práce/Školitel: Doc. Pavla Jendelová, PhD

Praha, 2018

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Podpis

KÁROVÁ, Kristýna. Léčba míšního poranění pomocí protizánětlivých látek nebo kmenových buněk. [*Anti-inflammatory compounds and stem cells in treatment of spinal cord injury*] Praha, 2018. 66 s., 6 příl. Dizertační práce (Ph.D.). Univerzita Karlova, 2. lékařská fakulta, Ustav experimentální medicíny. Vedoucí práce Jendelová, Pavla.

Acknowledgement

I would like to express my great appreciation to my supervisor Doc. RNDr. Pavla Jendelová, PhD. for her guidance, encouragement, constructive suggestions and critique of this research work. Her advice and support has been of great importance throughout the course of my studies. I would like to extend my thanks to the former head of Department of Neuroscience Prof. MUDr. Eva Syková, DrSc. I would also like to thank Prof. Meena Jhanwar-Uniyal and members of her team for their valuable collaboration on research projects and cytokine analyses. I wish to acknowledge the assistance and help of my colleagues, especially the help of MUDr. Lucia Machová-Urdzíková and RNDr. Jiří Růžička, PhD. I would also like to thank the technicians of the department for providing great environment and support to work smoothly. Finally, I wish to thank my family for their support during my study.

Author's publications

Publications relevant to dissertation

Machova Urdzikova L, **Karova K***, Ruzicka J, Kloudova A, Shannon C, Dubisova J, Murali R, Kubinova S, Sykova E, Jhanwar-Uniyal M, Jendelova P. The Anti-Inflammatory Compound Curcumin Enhances Locomotor and Sensory Recovery after Spinal Cord Injury in Rats by Immunomodulation. Int J Mol Sci. 2015 Dec 31;17(1).pii: E49. doi: 10.3390/ijms17010049. **IF 3,226**

***shared first authorship**

Student's contribution: 40% *surgical procedures (50%), microscopy, immunohistochemical analysis, data analysis, statistics, article writing*

Machova Urdzikova L, Ruzicka J, **Karova K**, Kloudova A, Svobodova B, Amin A, Dubisova J, Schmidt M, Kubinova S, Jhanwar-Uniyal M, Jendelova P. A green tea polyphenol epigallocatechin-3-gallate enhances neuroregeneration after spinal cord injury by altering levels of inflammatory cytokines. Neuropharmacology. 2017 Nov;126:213-223. doi: 10.1016/j.neuropharm.2017.09.006. **IF 5,012**

Student's contribution: 35% *surgical procedures (50%), microscopy, immunohistochemical analysis, data analysis, statistics, article writing*

Ruzicka J, Machova-Urdzikova L, Gillick J, Amemori T, Romanyuk N, **Karova K**, Zaviskova K, Dubisova J, Kubinova S, Murali R, Sykova E, Jhanwar-Uniyal M, Jendelova P. A Comparative Study of Three Different Types of Stem Cells for Treatment of Rat Spinal Cord Injury. Cell Transplant. 2017 Apr 13;26(4):585-603. doi: 10.3727/096368916X693671. **IF 3,006**

Student's contribution: 15% *microscopy, immunohistochemical analysis, data analysis*

Urdzíkova LM, Růžicka J, LaBagnara M, **Kárová K**, Kubinová Š, Jiráková K, Murali R, Syková E, Jhanwar-Uniyal M, Jendelová P. Human mesenchymal stem cells modulate inflammatory cytokines after spinal cord injury in rat. Int J Mol Sci. 2014 Jun 25;15(7):11275-93. doi: 10.3390/ijms150711275 **IF 3,226**

Student's contribution: 15% *microscopy, immunohistochemical analysis, data analysis*

Karova K, Machova-Urdzikova L, Ruzicka J, Jhanwar-Uniyal M, Jendelova P. Transplantation of neural precursors generated from spinal progenitor cells reduce inflammation in spinal cord injury via NFκB pathway modulation – *Manuscript in preparation*

Student's contribution: 50% *surgical procedures, transplantations, microscopy, immunohistochemical analysis, data analysis, statistics, article writing*

Publications relevant to dissertation topic but not included

Ruzicka J, Urdzikova LM, Svobodova B, Amin AG, **Karova K**, Dubisova J, Zaviskova K, Kubinova S, Schmidt M, Jhanwar-Uniyal M, Jendelova P. Does combined therapy of curcumin and epigallocatechin gallate have a synergistic neuroprotective effect against spinal cord injury? Neural Regen Res. 2018 Jan;13(1):119-127. doi:10.4103/1673-5374.224379. IF **1,769**

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List of abbreviations

5-HT – 5-hydroxytryptamine (serotonin)
AAT – Aspartate aminotransferase
AD – Alzheimer's disease
ADNF – Activity dependent neurotrophic factor
ALS- Amyotrophic lateral sclerosis
AMPA - α -amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid
ANOVA – Analysis of variance
AP-1 – Activator protein 1
Arg-1 – Arginase 1
ATP – Adenosine triphosphate
AQP4 – Aquaporine 4
BBB – Blood-brain barrier
BBB score – Basso Beattie Bresnahan open field test
Bad – Bcl-2-associated death promoter protein
Bax – Bcl-2-associated X protein
Bak – Bcl-2 homologous antagonist/killer
Bcl-2 – B-cell lymphoma 2 protein
Bcl-XL – B-cell lymphoma-extra large
BCR – B cell receptor
BDNF – Brain derived neurotrophic factor
bFGF – Basic fibroblast growth factor
BSCB – Blood-spinal cord barrier
Cap 23 (Basp1) - brain abundant membrane attached signal protein 1
Casp 3 – Caspase 3
CCL-2 - C-C motif chemokine ligand 2
CCL20 - C-C motif chemokine ligand 20
CD - Cluster of differentiation
CFDA-SE - Carboxyfluorescein diacetate succinimidyl ester
ChAT – Choline acetyltransferase
c-Myc – c-*myc*proto-oncogene
CNS – Central nervous system
Cntf – Ciliary neurotrophic factor

$\cdot\text{CO}_3$ - Carbonate radical
 Cox-2 – Cyclooxygenase 2
 CSPGs – Chondroitin sulphate proteoglycans
 CST – Corticospinal tract
 DAB – 3'-diaminobenzidine
 DAMPs – Danger associated molecular patterns
 DCN – Dorsal column nuclei
 DCX – Doublecortin
 DG – Dentate gyrus
 DMEM/F12 - Dulbecco's modified eagle medium/nutrient mixture F-12
 DNA – Deoxyribonucleic acid
 dsRNA – Double stranded RNA
 EGCG - Epigallocatechin-3-gallate
 EGF – Epidermal growth factor
 ER – Endoplasmic reticulum
 ESC – Embryonic stem cell
 FACS – Fluorescence-activated cell sorting
 FASL – Fas ligand (CD95L)
 FBS – Fetal bovine serum
 FGF – Fibroblast growth factor
 GABA – Gamma-aminobutyric acid
 GAP43 – Growth associated protein 43
 GAPDH – Glyceraldehyde 3-phosphate dehydrogenase
 GFAP – Glial fibrillary acidic protein
 GFP – Green fluorescence protein
 GDF-3 - Growth differentiation factor-3
 GDH1 – Glutamate dehydrogenase 1
 GDH2 – Glutamate dehydrogenase 2
 GDNF – Glial cell-derived neurotrophic factor
 GLAST (EAAT-1) – Glutamate aspartate transporter (Excitatory amino acid transporter 1)
 GLT-1 (EAAT-2) – Glutamate transporter 1 (Excitatory amino acid transporter 2)
 GS – Glutamate synthetase
 H_2O_2 - Hydroxide peroxide

HD – Huntington's disease
 HGF – Hepatocyte growth factor
 HMGB1 - High-mobility group protein (B)1
 HSP – Heat shock protein
 HT22 – Mouse hippocampal neuronal cell line
 IAPs – Inhibitors of apoptosis
 IFN γ – Interferon γ
 IgG – Immunoglobulin G
 IHC - Immunohistochemistry
 IL – Interleukin
 iNOS – Inducible nitrous oxide synthase
 I κ B - Inhibitor of kappa B
 IKK(α , β) – Inhibitor κ B kinase (α , B)
 IKK γ (NEMO) - Inhibitor κ B kinase γ (NF-kappa-B essential modulator)
 IP3 – Inositol-3-phosphate
 iPS-NP – Induced pluripotent stem cells - derived neural precursors
 Irf5 - Interferon regulatory factor 5
 JAK2 – Janus kinase 2
 KLF4 - Kruppel-like factor 7
 KLF7 - Kruppel-like factor 7
 Ku80 – protein complex involved in DNA repair, named by patient in whom discovery was made
 LIF – Leukemia inhibitory factor
 LIN 28 – RNA binding protein, pluripotency factor
 LLOQ – Lower limit of quantification
 Lox - Lipoxygenase
 L-myc – Proto-oncogene
 LPS – Lipopolysaccharide
 MAP-2 – Microtubule associated protein 2
 MBP – Myelin basic protein
 MCP-1 - Monocyte attracting protein-1
 MDA – Malondialdehyde
 MEM – Minimal essential medium
 MFI – Mean fluorescence intensity

MHCI – Major histocompatibility protein class I
 MIP1 α – Macrophage inflammatory protein 1 α
 Mn-SOD – Manganese superoxide dismutase
 MMP-9 – Matrix metalloproteinase - 9
 MPO – Myeloperoxidase
 mPTP (MPT) - Mitochondrial permeability transition pores
 Mrc1 - Mannose receptor C type 1
 MS – Multiple sclerosis
 MSC – Mesenchymal stem cells
 MTCO2 - mitochondrially encoded cytochrome c oxidase II
 mTOR – Mammalian target of rapamycin
 NANOG – Transcription factor maintaining pluripotency, named after Celtic legend

Tir na nOg

NeuN - Neuronal nuclear antigen
 NF200 – Neurofilament 200 kDa
 NF κ B – Nuclear factor kappa B
 NG2⁺ - Neuron-glia antigen 2⁺
 NGF – Neural growth factor
 NLS – Nuclear location signal
 NPCs – Neural precursor cells
 NSCs – Neural stem cells
 NMDA – N-methyl-D-aspartate
 NO – Nitric oxide
 ·NO - Nitric oxide radical
 Nogo-A - Neurite outgrowth inhibitor A
 NOS – Nitrous oxide synthase
 NT3 – Neurotrophin 3
 O⁻ - Superoxide anion
 Oct $\frac{3}{4}$ - Octamer-binding transcription factor $\frac{3}{4}$
 Olig1 – Oligodendrocyte transcription factor 1
 Olig2 - Oligodendrocyte transcription factor 2
 P2X_n/P2Y_n – Ionotropic and G-protein coupled ATP receptors
 p65 – Protein 65 kDa
 PAG – Phosphate activated glutaminase

PAMPs – Pathogen associated molecular patterns
 PBS – Phosphate buffered saline
 PHA – Paraformaldehyde
 PD – Parkinson's disease
 PDGF – Platelet derived growth factor
 PECAM-1 – Platelet endothelial cell adhesion molecule 1
 PEDF – Pigment epithelium-derived factor
 PRRs – Pattern recognition receptors
 RAGE - Receptor for advanced glycation endproducts
 RAGs – Regeneration associated proteins
 RANTES/CCL5 - Regulated on activation, normal T cell expressed and secreted
 REX-1/zfp42 - Zinc finger protein 42
 RHD – Rel homology domain
 RM – Repeated measurement
 RNA – Ribonucleic acid
 ROS – Reactive oxygen species
 RPE – R-phycoerythrin
 SCF – Stem cell factor
 SCI – Spinal cord injury
 SEM – Standard error of the mean
 shRNA – Short hairpin RNA
 SN1 – System N1
 SNAT - Sodium-coupled neutral amino acid
 SNK test – Student, Neumann, Keuls test
 SOD – Superoxide dismutase
 SOX2 – (sex determining region Y) – box 2
 SOX9 – SRY-box 9
 SOX11 - SRY-related HMG-box 11
 SPC-01 – Spinal precursor cell line 01
 STAT - Signal transducer and activator of transcription
 SVZ – Subventricular zone
 TAD – Transactivation domain
 T_c – Cytotoxic T lymphocyte
 TCR – T cell receptor

TGF β – Transforming growth factor β
T_h1 – Helper T lymphocyte type 1
T_h2 - Helper T lymphocyte type 2
T_h17 – Helper T lymphocyte type 17
TNF α – Tumor necrosis factor α
TNFR – Tumor necrosis factor receptor
TLRs – Toll-like receptors
TLR2 – Toll-like receptor 2
TLR4 – Toll-like receptor 4
Tuj1 – Neuron specific class III β tubulin
VEGF – Vascular endothelial growth factor
VSV-G – Vesicular stomatitis virus glycoprotein

Abstrakt

Navzdory intenzivnímu vědeckému úsilí zůstává poranění míchy těžkým neurologickým stavem, které nemá žádnou léčbu. V současné době je terapie založena na zmírnění tlaku chirurgickou dekompresí míchy, podávání methylprednisolonu a fyzioterapie. Tato práce se zabývá terapeutickými účinky protizánětlivých sloučenin a tří typů kmenových buněk v modelu balónkové kompresní léze míchy u potkanů. Přírodní sloučeniny epigallocatechin-3-galát (EGCG) nebo kurkumin jsme aplikovali *in situ* a poté intraperitoneálně každý den až po dobu 28 dnů. Lidské mesenchymální kmenové buňky z kostní dřeně (MSC), lidské spinální neurální prekursory (SPC-01) a neurální prekursory derivované z lidských indukovaných pluripotentních kmenových buněk (iPS-NP) jsme transplantovali intratekálně (MSCs) nebo pomocí spinální injekce potkanům 7 dní po indukci míšního poranění. Změny motoriky a citlivosti zadních končetin jsme hodnotili behaviorálními testy. Sledovali jsme rovněž míru zachování šedé/bílé hmoty a velikost kavity léze. Přežití a diferenciaci transplantovaných buněk, aktivaci klasické dráhy NFκB, gliovou jizvu (GFAP+) a růst axonálních kolaterál (GAP43+) jsme studovali pomocí imunohistochemie. Pro stanovení hladin sekretovaných cytokinů a chemokinů (MIP1α, IL-4, IL-1β, IL-2, IL-6, IL-12p70, TNFα, RANTES) jsme použili analýzu Luminex. Hodnotili jsme i změny transkripce endogenních genů souvisejících s regenerací tkáně v prvním měsíci léčby. Zjistili jsme, že po míšním poranění dochází ke zvýšení aktivity NFκB ve dvou vlnách a to 3 a 28 dní po poranění, které doprovází zvýšení zánětlivých cytokinů. Obě protizánětlivé sloučeniny silně potlačily aktivaci NFκB (p65), zatímco buněčná terapie (SPC-01, MSC) inhibovala druhou vlnu aktivity 28 dní po poranění. Všechny testované způsoby léčby vedly ke zlepšení motorických funkcí, nejlepší výsledky byly pozorované u zvířat transplantovaných neurálními prekursorů z iPS. EGCG i kurkumin snížily produkci chemokinů MIP1α a RANTES, což bylo pozorováno i po aplikaci obou typů neurálních prekursorů. Všechny léčebné přístupy snížily produkci prozánětlivých TNFα, IL-2 a IL-1β s výjimkou EGCG, kde došlo k počátečnímu nárůstu těchto proteinů a jejich postupnému snižování. Neuroprotektivní IL-4 byl významně zvýšen po léčbě EGCG a SPC-01. Zvýšená produkce IL-6 a IL-12p70 u zvířat léčených kurkuminem a oběma typy neurálních prekursorů korelovala s výrazným růstem axonálních kolaterál a funkčním zotavením, ale nikoliv s klasickou dráhou NFκB. To naznačuje, že tyto cytokiny jsou regulovány jinými transkripčními faktory aktivovanými míšním

poraněním. Všechny terapie s výjimkou EGCG vedly ke snížení astrogliózy. Naše výsledky ukazují na silné imunomodulační účinky všech testovaných terapií, které vedou ke zlepšení pohybových schopností léčených potkanů a k regeneraci míšní tkáně po poranění.

Klíčová slova

Míšní poranění, zánět centrálního nervového systému, kanonická dráha NF κ B (p65), imunomodulace, EGCG, kurkumin, terapie kmenovými buňkami, neuroregenerace

Abstract

Despite intense scientific efforts, spinal cord injury (SCI) remains to be a severe neurological condition that has no treatment. Currently, therapy is based on alleviating pressure by surgical spinal cord decompression, administration of methylprednisolone and physical therapy. In this study, therapeutic effects of anti-inflammatory compounds and of three types of stem cells were tested in a balloon compression model of spinal cord injury in rats. Natural compounds epigallocatechin-3-gallate (EGCG) or curcumin were administered *in situ* and then intraperitoneally every day for up to 28 days. Human bone marrow mesenchymal stem cells (MSCs), human spinal neural precursors (SPC-01) and neural precursors derived from human induced pluripotent stem cells (iPS-NPs) were transplanted intrathecally (MSCs) or via spinal injection into immunosuppressed rats 7 days after induction of SCI. To determine effects of therapies, changes in motor function was tested by open field test BBB, flat beam test and score, Plantar test and rotarod. Morphometric analysis was used to assess gray/matter sparing and cavity size. Immunohistochemistry was used to determine survival and differentiation of transplanted cells, activation of classical pathway of NF κ B (p65 nuclear translocation), astroglial activation (GFAP) and axonal sprouting (GAP43). To determine levels of produced cytokines and chemokines (MIP1 α , IL-4, IL-1 β , IL-2, IL-6, IL-12p70, TNF α , RANTES), Luminex custom 8-plex assay was used. After SCI, there are two spikes in NF κ B activity in the first month, 3 and 28 days after injury induction. Both anti-inflammatory compounds strongly inhibited NF κ B (p65) activation, while MSCs and SPC-01 prevented the second spike of activity. All tested treatments resulted in improved motor function, with the best outcomes observed in animals transplanted with iPS-NPs. Both EGCG and curcumin lowered production of chemokines MIP1 α and RANTES, which was also observed after treatment with NPs. All treatments caused downregulation of pro-inflammatory TNF α , IL-2, IL-1 β except for EGCG, where initial increase occurred and later subsided. Neuroprotective IL-4 was significantly higher after treatment with EGCG and SPC-01. We found strong upregulation of IL-6 and IL-12p70 in animals treated with curcumin and either type of neural precursors, which correlated with strong enhancement of axonal sprouting and functional recovery, but not with classical NF κ B pathway suggesting that these cytokines are regulated by different transcription factor in SCI. All treatments except for EGCG resulted in lower astrogliosis. Our results demonstrate strong immunomodulatory effects of all treatments

resulting in improved tissue preservation and regeneration and locomotor skills of treated rats.

Keywords

Spinal cord injury, neuroinflammation, NF κ B (p65) canonical pathway, immunomodulation, EGCG, curcumin, stem cell therapy, neuroregeneration

1. Introduction

Spinal cord injury is a severe condition for which an effective treatment is still not available. After the initial irreversible mechanical damage that results in necrosis and destruction of neural connections, several secondary processes take place and can last for several months until lesion cavity is established. Location and severity of spinal cord lesion are used to classify injury outcome using ASIA impairment scale (Tab. 1). Current research efforts are focused on these processes, which are believed to be, to certain extent, reversible or it is possible to modulate them. Such modulation would be beneficial to the patient by preventing further degenerative damage to the spared tissue, which is known to progress over several months after the injury itself. Secondary processes include edema, disruption of the blood-spinal cord barrier (BSCB), ischemia, inflammation, oxidative stress, glutamate excitotoxicity, and apoptosis which all take place immediately after the mechanical insult. Molecular cascades in these processes cross talk and progress by positive feedback loops or by employment of various molecular and cellular elements at different time points. This is particularly relevant in the inflammatory response.

ASIA Impairment Scale (AIS)

A = Complete. No sensory or motor function is preserved in the sacral segments S4-5.

B = Sensory Incomplete. Sensory but not motor function is preserved below the neurological level and includes the sacral segments S4-5 (light touch or pin prick at S4-5 or deep anal pressure) AND no motor function is preserved more than three levels below the motor level on either side of the body.

C = Motor Incomplete. Motor function is preserved at the most caudal sacral segments for voluntary anal contraction (VAC) OR the patient meets the criteria for sensory incomplete status (sensory function preserved at the most caudal sacral segments (S4-S5) by LT, PP or DAP), and has some sparing of motor function more than three levels below the ipsilateral motor level on either side of the body.
(This includes key or non-key muscle functions to determine motor incomplete status.) For AIS C – less than half of key muscle functions below the single NLI have a muscle grade ≥ 3 .

D = Motor Incomplete. Motor incomplete status as defined above, with at least half (half or more) of key muscle functions below the single NLI having a muscle grade ≥ 3 .

E = Normal. If sensation and motor function as tested with the ISNCSCI are graded as normal in all segments, and the patient had prior deficits, then the AIS grade is E. Someone without an initial SCI does not receive an AIS grade.

Using ND: To document the sensory, motor and NLI levels, the ASIA Impairment Scale grade, and/or the zone of partial preservation (ZPP) when they are unable to be determined based on the examination results.

Tab. 1 Asia impairment scale (<http://www.oxfordmedicaleducation.com>)

1.1. Edema and ischemia

Edema occurs as a result of ion imbalance and increased membrane permeability, where there is influx of Na^+ and Ca^{2+} ions into the cells, which is coupled with water molecules influx (Ahmed et al., 2017). Water enters cells via channels called aquaporines. Aquaporine 4 (AQP4) is the most abundant out of the 7 identified subtypes in the rodent brain and is mainly expressed in astrocytic endfeet in contact with blood vessels (Sun et al., 2017), (Badaut et al., 2011), its expression after SCI is upregulated and correlates with the extent of SCI edema (Li et al., 2014) (Fig.1). Overexpression of AQP4 is associated with increased adhesion facilitating glial scar formation (Li et al., 2014). This ultimately results in swelling of cells which can lead to their bursting, promoting more inflammation and oxidative stress.

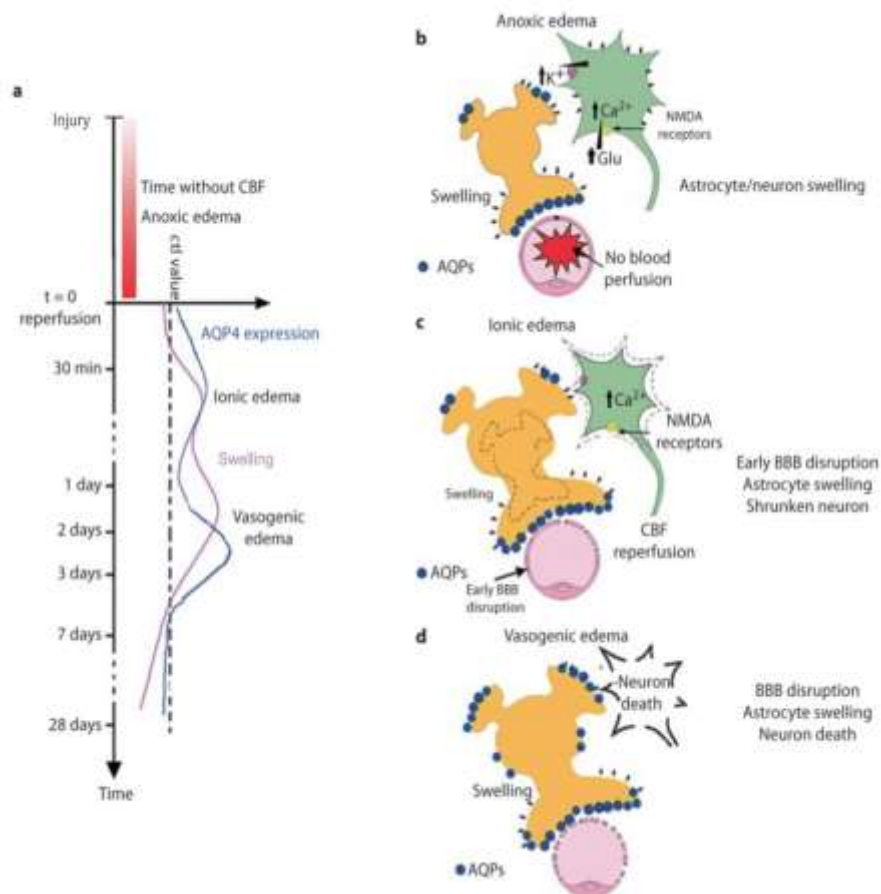


Fig. 1 Timeline and description of different types of edema, caused by ion imbalance, blood-brain barrier (BBB) disruption and AQP4 upregulation resulting in shrinking of neurons and their subsequent death (Badaut et al., 2011).

Alleviating pressure created by swollen tissue is one of the measures surgeons take on patients with spinal cord injury. Surgical decompression can create more space so that swelling can subside destroying less of the healthy surrounding tissue. However, due to variability in timing and severity of injury, benefits of early (less than 24 hours) decompression have been deemed inconclusive. This approach is suggested to be presented to patients as an option to improve outcome (Fehlings et al., 2017).

1.2. Excitotoxicity

In pathological states like spinal cord injury, glutamate is released from dying necrotic cells and its extracellular concentration rises sharply. Glutamate (glutamic acid) is the most abundant neurotransmitter in the central nervous system and functions as excitatory mediator to trigger depolarizations of postsynaptic neurons, its levels in the brain can locally reach up to 10^4 μ M. To ensure high fidelity of transmission, its extracellular levels are strictly controlled and kept at less than 1-2 μ M by reuptake mechanism provided by adjacent astrocytes (Julio-Pieper et al., 2011). Two main glutamate transporters, GLAST (EAAT-1) and GLT-1 (EAAT-2) are highly expressed in astrocytic membranes with GLT-1 making up 80-90% (Bajrektarevic and Nistri, 2017; Hertz and Rothman, 2017). Astrocytes are closely associated with neurons not only to provide metabolic support and mediate connection to blood stream, but also to deplete released glutamate, thanks to their participation in synaptic transmission. Astrocytes express glutamate receptors (most important is metabotropic glutamate receptor 5, mGluR5) that detect synaptic activity and help regulate signal transmission and neuronal excitability, making them an important component of the so called tripartite synapse. Apart from astrocytic response to transmission via mGluR5 (Panatier and Robitaille, 2016), subsequent Ca^{2+} dependent cellular activity and release of glial proteins known as gliotransmitters, astrocytes actively transport excess of glutamate from the synapse to prevent prolonged, toxic stimulation. This transport is coupled with Na^+ uptake, which is dependent on gradients generated by Na^+/K^+ ATPase (Wang et al., 2005; Rose et al., 2009; Yaster et al., 2011). It has been reported that large energy demand for this transport during high pathological activity in brain ischemia impairs the Na^+/K^+ ATPase function due to ATP consumption, reversing glutamate transport outwards and causing more damage (Phillis JW, 2000).

Glutamate transported into astrocytes is converted to glutamine by glutamine synthetase (GS) (Bajrektarevic and Nistri, 2017; Hertz and Rothman, 2017). Astrocytes

compensate for the missing glutamate by synthesizing new molecules from α – ketoglutarate catalyzed by aspartate aminotransferase (AAT) or glutamate dehydrogenase, which has two forms GHD1 and GHD2 (McKenna et al., 2016; Hertz and Rothman, 2017). Neurons do not express glutamine synthetase or pyruvate carboxylase and depend on *de novo* synthesis of glutamate from astrocytes, which are also the source of glutamine. It is evident, that conversion of glutamate to non-excitatory amino acid glutamine is energy costly but essential to prevent glutamate excitotoxicity, homeostasis of CNS environment and correct transmission. Astrocytes release glutamine into extracellular space via SN1 transporters and glutamine is then taken up by neurons predominantly by members of sodium-coupled SNAT transporter family, which are mostly located in the bodies and dendrites suggesting that there may be another unidentified transporter in axonal terminals (Kanamori and Ross, 2006; Hagglund et al., 2015). Glutamine is converted into glutamate in neurons by phosphate activated glutaminase (PAG) to replenish neuronal glutamate levels. It has been shown that this complex cycle of glutamate and glutamine between astrocytes and neurons that provide energy and safe and stable handling of glutamate is impaired after spinal cord injury. This impairment is characterized by decreased activity of glutamate synthetase and phosphate activated glutaminase, as well as increased activity of glutamate decarboxylase, enzyme catalyzing glutamate conversion into gamma-aminobutyric acid (GABA) inhibitory neurotransmitter (Diaz-Ruiz et al., 2016).

Due to the mechanical insult to neural tissue, not only neurons are damaged but also the supporting glia, which results in compromised glutamate uptake by astrocytes. This causes prolonged presence of large amounts of glutamate binding to N-methyl-D-aspartate (NMDA) and α -amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid (AMPA) receptors. Constant activation of glutamate receptors results in more glutamate being released by spared neurons into the synaptic clefts of neurons further from the injury site causing their overstimulation as well. Neurons experience persisting influx of Ca^{2+} ions which exceeds the cell's buffering ability and activate many pathways, which becomes metabolically exhausting. Moreover, excess Ca^{2+} is taken up by mitochondria and triggers release of cytochrome c, leading to intrinsically activated cell death. Cell death activated internally is a response to various imbalances, such as imbalance of the endoplasmic reticulum (ER), mitochondrial function, low levels of growth factors or anti-apoptotic factors, radiation, oxidative stress or hypoxia (Elmore, 2007). Mitochondria release cytochrome c through mitochondrial permeability transition pores

(mPTP or MPT), which open due to Ca^{2+} accumulation (Orrenius et al., 2003; Elmore, 2007). Cytochrome c then binds to inositol-3-phosphate (IP3) on endoplasmic reticulum and potentiates Ca^{2+} release, increasing its intracellular levels even more. It is well established, that apoptosis is also regulated by pro-apoptotic (i. e. Bax, Bak, Bad) and anti-apoptotic (i. e. Bcl-2, Bcl-_{XL}) proteins associated with mitochondrial membrane (Birkinshaw and Czabotar, 2017) (D'Orsi et al., 2017). Anti-apoptotic proteins reduce release of Ca^{2+} from ER, alter permeability of mitochondria to influx of Ca^{2+} and the release of cytochrome c. Pro-apoptotic proteins have been shown to have opposite effect (D'Orsi et al., 2017). Calcium levels are strictly regulated to maintain low intracellular concentration, with its transient increases to put proper cellular responses in motion. However, insufficiently buffered levels of calcium are a signal to trigger apoptosis. Glutamate excitotoxicity is also closely connected with another detrimental as well as beneficial process, inflammation. It has been shown, that glutamic acid activates the NF κ B pathway, which is a crucial regulator cytokine production, production of chemokines, adhesive molecules and pro- and anti-apoptotic proteins.

1.3. Oxidative stress and inflammation

Free radicals produced by cellular metabolism are released from cells upon spinal cord injury. Molecules containing unpaired electron are highly reactive and disrupt surrounding structures. Free radicals are associated with oxygen and cause lipid peroxidation, which occurs as early as 5 mins after injury (Garcia et al., 2016). Notoriously studied are reactive oxygen (ROS) or nitrous species (NOS), which include superoxide anion $\text{O}_2^{\bullet-}$, hydroxide peroxide H_2O_2 , hydroxyl radical OH^\bullet , carbonate radical CO_3^\bullet , nitric oxide radical NO^\bullet , which is known to be primary product of NO synthase (Martin, 2009; Hall et al., 2016). Under physiological circumstances they are buffered by a cascade of reactions catalyzed by several enzymes like superoxide dismutase (SOD), catalase or glutathione peroxidase (Zabel et al., 2017). After injury, this buffering ability is compromised and concentrations of radicals exceed the antioxidant capacity, which leads to lipid peroxidation and disruption of cellular membranes. This is a significant contributor to secondary damage like demyelination in tissue so rich in lipids.

Inflammation is one of the most complex processes taking place after spinal cord injury. It is mediated by a number of cytokines and specialized cells resident in the central nervous system or cells that migrate into the lesion area from blood. The earliest response can be anticipated from resident immune cells like microglia, but also from astrocytes that are known to be activated and secrete a battery of proteins modulating the immune response. Cells within the injured tissue release a number of Danger Associated Molecular Patterns signaling damage and attracting immune cells towards the site. Microglia is the immunocompetent cell type of the CNS, displaying a ramified morphology under physiological condition. Their role in healthy brain and spinal cord is to survey their surroundings, screening for any pathogens or changes in homeostasis (Kettenmann et al., 2011). Quickly after detecting the injury, microglia dramatically change their shape and become amoeboid with increased phagocytic ability (Kettenmann et al., 2011). Various chemoattractant molecules, chemokines, are released in the injured tissue attracting immune cells to move towards the injury. Chemokines like C-C motif chemokine ligand 2 (CCL2), Macrophage inflammatory protein 1 α , (MIP1 α), Regulated on activation, normal T cell expressed and secreted (RANTES) facilitate infiltration of cells to clear out debris and to produce a number of cytokines and other proteins to promote inflammation and attract immune cells from periphery, e.g. neutrophils, which also phagocytose and release cytokines, ROS, matrix metalloproteinase-9 (MMP-9) and myeloperoxidase (MPO) both implicated in BSCB disruption (Ahmed et al., 2017). Activation of microglia has been shown to precede astrogliosis characterized by increased expression of glial fibrillary acidic protein (GFAP), but also by astrocytic production of a variety of cytokines like Tumor necrosis factor α (TNF- α), interleukines IL-1 β , IL-6 and chemokines (Tian et al., 2007) (Liddelow et al., 2017) (Bellaver et al., 2017). Classically activated (via ligands of Toll-like receptors (TLRs) - lipopolysaccharide (LPS), interferon γ (IFN γ), monocyte attracting protein-1 (MCP-1)) (Ahmed et al., 2017) (Kong and Gao, 2017) microglia and infiltrated macrophages (M1 phenotype), expressing CD86 and Irf5, produce pro-inflammatory cytokines like IL-1 β , IL-6, TNF α , IL-12, IL-15, IL-18, but also anti-inflammatory cytokines like IL-10, transforming growth factor β (TGF β). They also promote oxidative stress via release of reactive oxygen/nitrogen species and induction of inducible nitrous oxide synthase (iNOS) production (Kong and Gao, 2017; Marcol et al., 2017) (Fig. 2).

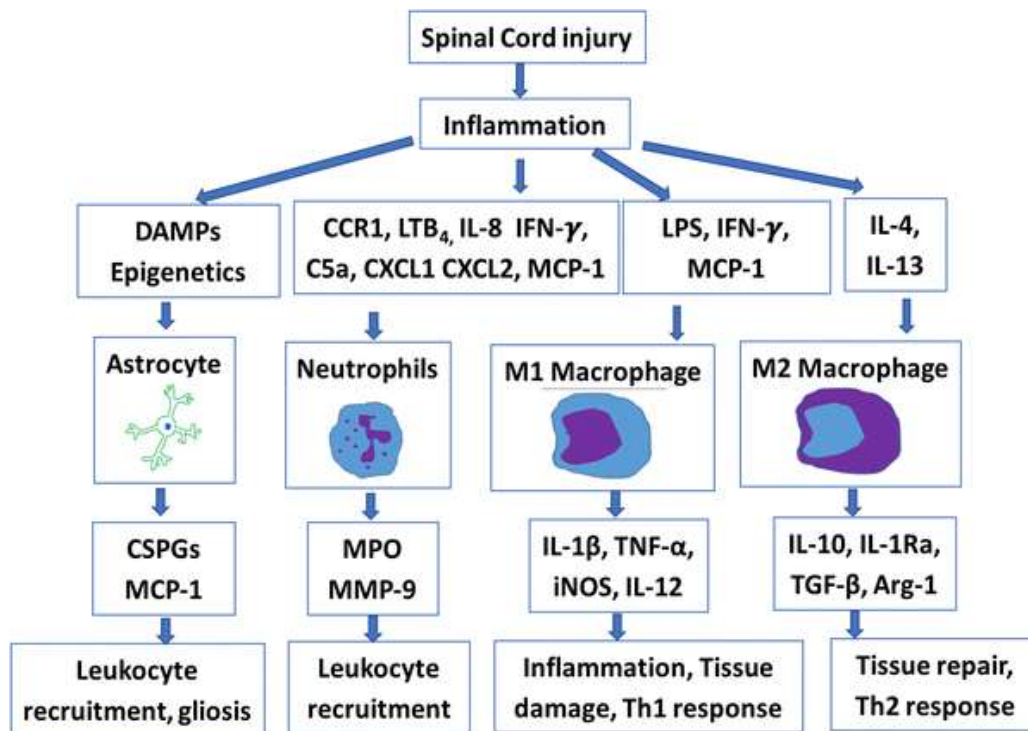


Fig.2 Inflammatory response after spinal cord injury (Ahmed et al., 2017).

This M1 type of macrophages is present in the spinal cord lesion and adjacent areas immediately as a result of microglia transformation and later from the periphery and their levels are maintained (Chen et al., 2015; Wang et al., 2015). Alternatively activated microglia or monocyte derived macrophages M2 (CD163⁺, Mrc1⁺, Arg-1⁺) appear to be transiently induced (Chen et al., 2015) by interleukines IL-4, IL-10, IL-13 and their activity is believed to be neuroprotective. It has been shown that adoptive transfer of M2 macrophages resulted in improved functional outcome (Ma et al., 2015) by stimulating healing and reducing levels of inflammation. These cells can produce anti-inflammatory IL-10, interleukine 1 receptor antagonist (IL-1ra) or healing promoting TGFβ (Ahmed et al., 2017), (Kong and Gao, 2017; Zhao et al., 2017). However, clearly distinguishing M1/M2 phenotypes and interpretations of their actions in vivo is challenging. T-lymphocytes have been detected in rodents as early as 7 days after injury, peaking at around 42 days after SCI. Several subtypes of T-lymphocytes are at play, most studied are the helper T lymphocyte subsets Th1, Th2, Th17 expressing CD4 and cytotoxic lymphocytes (T_c) expressing CD8 (Garcia et al., 2016). Cytotoxic T lymphocytes rapidly migrate into the spinal cord lesion and persist for 2 weeks, with dramatic subsequent decline (Wu et al., 2017). Th1 lymphocytes produce IFNγ acting on macrophages and polarizing them towards M1 phenotype (Hu et al.,

2016). In contrast, Th2 lymphocytes produce IL-4, IL-10, IL-13 associated with anti-inflammatory response and M2 polarization. Th2 have also been found to produce growth factors neural growth factor (NGF), brain derived neurotrophic factor (BDNF) and neurotrophins NT3, 4 and 5, which are all neuroprotective (Garcia et al., 2016; Hu et al., 2016). Th17 are attracted to injury site by CCL20 and produce IL-17, which enhances IL-6 and IL-8 production deepening the immune reaction (Garcia et al., 2016; Hu et al., 2016).

1.3.1. NFκB pathway

The family of transcription factors NFκB is ubiquitously present in all cell types and is involved in many processes throughout the life of a cell. Those include immunological responses, inflammation, cell survival, growth and development. In the central nervous system, NFκB activity is also involved in regulation of learning and memory (Zhang et al., 2012; Shih et al., 2015). There are 5 members of the NFκB family, RelA (p65), RelB, c-Rel, NFκB1, NFκB2, which form a variety of dimers that bind to κB enhancers to trigger transcription of number of genes (SC, 2010). They all contain the Rel Homology Domain (RHD) providing the ability for DNA binding and dimerization. Only RelA, RelB and c-Rel, however, contain the transactivation domain (TAD) necessary for transcribing appropriate genes by NFκB dimers (Wan and Lenardo, 2009). Up to 500 genes transcribed by this pathway have been identified. These include *Cox-2*, *Lox*, *iNOS*, *IL-1*, *IL-6*, *IL-8*, *TNFα*, various chemokines like MIP-1α, RANTES (CCL5), etc. (Shih et al., 2015; Christian et al., 2016). This is fine - tuned by a number of possible modifications not only of Rel proteins, but also of other participants in the machinery, including Inhibitor of kappa B (IκB) family members, which inhibit NFκB dimers in the cytoplasm and Rel – associating proteins. Most common modifications are phosphorylation, ubiquitination, acetylation, sumoylation or nitrosylation, which predominantly act to enhance the deoxyribonucleic acid (DNA) binding activity (Wan and Lenardo, 2009). Correct stimulus leading up to specific gene expression is also regulated by specific chromatin modifications (Wan and Lenardo, 2009). Evidently, this pathway is essential for defense against pathogens and for regulation of apoptosis and cell survival of stressed and injured cells, which is achieved by production of a number of pro- and anti – apoptotic proteins, chemokines, adhesion molecules, NFκB proteins, matrix metalloproteinases, pro- and anti – inflammatory cytokines and more. Cytokines produced by somatic or immune cells like TNF-α or IL-1β are also known to trigger

NF κ B pathway. Two NF κ B pathways have been discriminated, canonical and non-canonical, and it has been demonstrated that activation of canonical pathway can suppress the basal activity of non – canonical pathway (Gray et al., 2014).

NF κ B pathway is predominantly activated by various stimuli related to microbial or viral infiltration and/or tissue injury (mechanical, UV light). PAMPs, Pathogen Associated Molecular Patterns and DAMPs, Danger Associated Molecular Patterns are generally recognized by the so called PRRs – Pattern Recognition Receptors. PAMPs are components of bacterial bodies or viral particles, such as lipoproteins, glycoproteins, lipopolysaccharide (LPS), double-stranded RNA (dsRNA), un-methylated CpG DNA motifs, etc. DAMPs on the other hand are molecules released by injured or stressed cells like heat shock proteins (HSP), high mobility group box protein 1 (HMGB1) ATP, S100s, uric acid (Tang et al., 2012). A variety of PRRs developed on cellular surface and in cytosol. Typically, toll-like receptors are anchored in the cellular membrane and are able to bind PAMPs and DAMPs, triggering a specific cascade to relay appropriate response. Examples of DAMPs and their PRRs are RAGE – S100s and TLR4 – HGSP or HMGB1, ATP - P2X_n/P2Y_n (Tang et al., 2012; Kierdorf and Prinz, 2013).

The most pronounced and established responses in form of NF κ B activation are seen in immune cells present throughout the body, which in the CNS are microglia. Immunity however is not the only system relying on this pathway. As mentioned, it facilitates many other processes and has been documented to be an important regulator of neurological functions.

Canonical pathway is the classical NF κ B pathway which is activated by ligands binding to a variety of TLRs, TNFR, IL-1R, TCR, BCR, CD30 and CD40, which allows for recruitment of multiple adaptor proteins with kinase activity such as MEKK1, RIP, CIKS (Min-Jean Yin, 1988; Prajapati and Gaynor, 2002) activating inhibitor κ B kinase (IKK) complex by phosphorylation. This complex consists of IKK α , IKK β and regulatory IKK γ (NEMO) subunits all essential in canonical NF κ B pathway (Wan and Lenardo, 2009). Interestingly, IKK complex has the ability of auto - phosphorylation at specific serine cluster, which ensures a decrease in IKK activity and is one of the mechanisms preventing prolonged activity (Mireille Delhase, 1999; Prajapati and Gaynor, 2002). NF κ B proteins form various combinations of dimers in the cytoplasm, the most common dimers in canonical pathway contain RelA or c-Rel (Lawrence, 2009). Composition of NF κ B dimers is tissue or cell type specific and distinguishes their function, response and whether they are protective or not. The most common

p50/RelA (p65) dimer has been widely studied and has been determined to be crucial in immune response to pathogens and injury, but its prolonged aberrant activity is implicated in a number of chronic inflammatory diseases, neurodegenerative diseases (MS, ALS, AD, PD, HD), schizophrenia, autoimmune diseases, malignancies (Roussos et al., 2013) (Pizzi et al., 2009) (Yuste et al., 2015) (Lawrence, 2009; Shih et al., 2015). NFκB dimers are blocked from nuclear translocation by IκB molecules which mask their nuclear location signal (NLS) in all unstimulated nucleated cells. NFκB classical pathway is independent of *de novo* protein synthesis and a crucial step is the release from its inhibitory complex (Wan and Lenardo, 2009; SC, 2010; Shih et al., 2015). There are 8 members of IκB molecules, genes of some (IκBα, IκBβ and IκBε) are targets of NFκB transcription pathway, which creates a negative feedback loop (Wan and Lenardo, 2009). After stimulation and activation of IKK complex, these IκB inhibitors are phosphorylated and dissociate from NFκB dimers. Ultimately, phosphorylated IκB are ubiquitinated and degraded in proteasome (Wan and Lenardo, 2009; SC, 2010; Shih et al., 2015). When NFκB dimer is free, it translocates into the nucleus and binds to κB enhancers to initiate transcription of appropriate genes (Fig. 3).

NFκB in astrocytes

Astrocytes are essential for CNS activity, it is well established, that astrocytes are activated in pathological conditions like infection or trauma. They form a physical barrier around the lesion and help facilitate wound healing and are in fact necessary for axonal regrowth (Pekny et al., 2014; Anderson et al., 2016). However, several factors, including the glial scar, prevent regeneration by creating inhibitory environment, which contributes to a very limited intrinsic regeneration ability of CNS tissue, i.e. presence of inhibiting factors and absence of growth stimulating ones (Anderson et al., 2016) (Cregg et al., 2014).

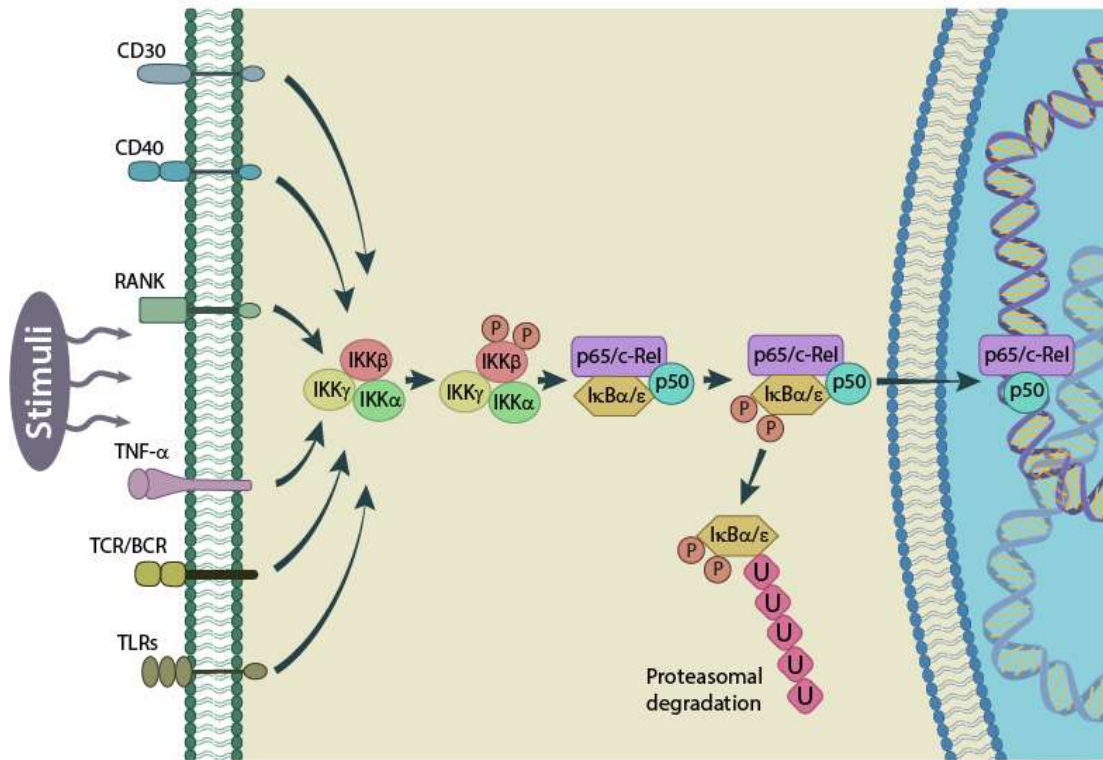


Fig. 3 Canonical NFκB pathway (<https://www.mechanobio.info>)

It was shown that, in a model of systemic inflammation, astrocytes from animals produce elevated levels of TNF- α , IL-1 β , IL-6, IL-18, COX-2 as well as reduced levels of anti-inflammatory IL-10. This corresponded with upregulation of TLR2, NFκB and iNOS (Bellaver et al., 2017). Apart from the obvious stimulation of inflammatory response mediated by produced cytokines, inducible nitric oxide synthase (iNOS) - target of NFκB transcription, production of these molecules is highly associated with pathological conditions and is present in both astrocytes and microglia. Activity of iNOS is Ca²⁺ independent and subsequent generation of NO cause dysregulation of cellular redox state, increase in nitric reactive species and reduction of the ability to reuptake glutamate participating in glutamate excitotoxicity, which can lead to neuronal death (Yuste et al., 2015). Birck et al. performed microarrays experiments revealing changes in expression of 150 genes in astrocytic culture devoid of microglia after treatments with TNF- α . Genes that were upregulated included ones important for signaling via various cytokines (IL-10, 17, 15), Toll-like receptors (TLR5, 7,8,9), signaling via TNF-R2 or complement signaling. Both canonical and non-canonical pathways of NFκB signaling were upregulated as well as genes of proteins mediating posttranslational modifications of pathway members. Not surprisingly, pro-apoptotic and anti-apoptotic signaling was more active (Birck et al., 2016).

Communication between astrocytes and microglia

After injury to the CNS or in infection, not only astrocytes are activated. Cross-talk between astrocytes and microglia is expected and has been documented. In fact, reactive microglial stimulation is necessary for astrocytic activation (Liddelow et al., 2017). Both cell types react to antigens in their environment and respond by production of number of proteins that can have paracrine or autocrine effects. However, the assumption that microglial activation involving NF κ B pathway and typical production of pro – inflammatory proteins IL-6, IL-1 β , TNF- α , iNOS, COX-2 leads to astrogliosis in the form of increase of intermediate protein GFAP is not as straightforward. Röhl et al. confirmed that treatment of 9 days old astrocyte cultures with conditioned media from microglial cultures activated by LPS and producing above mentioned proteins reduces GFAP by 50%. They made the same observation in older and established 32 days old cultures with stable GFAP levels, indicating that microgliosis is not the only prerequisite to astrogliosis. However, this treatment did elicit a 10-fold increase in IL-6 production in astrocytes confirming the cross-talk and importance of microglial – astrocytic interactions in pathological states (Röhl et al., 2007). These interactions may also play a role in neurodegenerative diseases as both cell types have been implicated. In another study, manganese was used to activate microglial inflammatory phenotype verified by deramification, increase in mRNA of Tnf, IL-1 β , IL-6, Ccl2, Ccl5, which translated into elevation in TNF and IL-6 cytokines and CCL-2, RANTES chemokines. Co-culture with astrocytes or their treatment with microglial conditioned media resulted in astrocyte activation and production of TNF, IL-6, CCL-2, RANTES. This group then blocked NF κ B pathway in microglia with IKK complex blocker Bay 11-7082 and repeated experiments showing that blocking NF κ B pathway prevents the production of mentioned cytokines and reduces inflammatory response in Mn-induced toxicity (Kirkley et al., 2017).

NF κ B in neurons

The role of NF κ B pathway in neurons is diverse as it is involved in processes of neuronal development (Zhang et al., 2012), survival and apoptosis but also is associated with information processing, learning and memory (Pizzi et al., 2009; Shih et al., 2015). The level of NF κ B activity is higher in the brain than in peripheral tissue with constitutive activity in glutamatergic neurons. Those include cortical neurons in layers 2, 4 and 5, granule cells and pyramidal neurons in CA1 and CA3 regions of the hippocampus. Rodent brains exert NF κ B activity also in the cortex and hippocampus as

well as amygdala, cerebellum, hypothalamus and olfactory lobes. The most common NF κ B dimers in the developing rat brain are c-Rel/p65, p50/p65 and p50/p50. Evidently, p50 and p65 are abundantly present in neurons and the p50/p65 dimer is constitutively active in the adult brain (Kaltschmidt et al., 1994; Shih et al., 2015).

NF κ B pathway in neurons is activated by a number of ligands, such as TNF α , glutamate, NGF, activity dependent neurotrophic factor ADNF, amyloid precursor proteins, adhesion molecules and more. This pathway is active in pathological states induced by ischemia, traumatic injury, oxidative stress, and its transcription profile in neurons enhances survival with production of proteins like Bcl-2, Bcl-x_L, IAPs, Mn-SOD, but also can include production of pro – apoptotic proteins (FASL) and TNF α , enhancing NF κ B response (Mattson and Meffert, 2006). TNFR2 activated NF κ B pathway promoted survival of cortical neurons subjected to excitotoxicity (Marchetti et al., 2004; Dolga AM, 2008). Stem cell factor (SCF) was also shown to elicit neuroprotection via p50/p65 NF κ B pathway and production of anti - apoptotic genes Bcl-2, Bcl-x_L in models of apoptosis and excitotoxicity (Dhandapani et al., 2005). Pigment epithelium- derived factor (PEDF) is neuroprotective in cerebellar granule neurons inducing the activity of p65/p50 NF κ B dimer, which can be verified by measuring decreased levels of I κ B α proteins, an increase in I κ B α phosphorylation as well as p65 nuclear translocation. Neuroprotection by PEDF was demonstrated in models of glutamate excitotoxicity or induced apoptosis by low K⁺ levels, which was blocked when NF κ B inhibitor Bay 11-7082 was used. Moreover, upregulation of anti – apoptotic genes Bcl-2, Bcl-x, Mn-SOD in immature neurons and growth factors NGF, BDNF and GDNF in both immature and mature neurons (Yabe et al., 2001). Lang et al. demonstrated that NF κ B deficiency (p50(-/-) mice) is associated with disruption of intracellular calcium buffering, accelerated hearing loss and increased vulnerability to noise induced injury in aging mice, suggesting its involvement in neuroprotection against age related neurodegeneration (Lang et al., 2006). Constitutive activity of p50/p65, virally delivered into retinal ganglion cells was shown to reduce tissue damage a neural loss after optic nerve crush (Dvorianchikova et al., 2016). However, Ishige et al. demonstrated that roles of different NF κ B proteins vary in model of glutamate excitotoxicity using antisense oligonucleotides to discriminate response by individual NF κ B proteins. They found that p65 exhibited pro – apoptotic effects in HT22 cells while p50 was anti – apoptotic (Ishige et al., 2005). Pizzi et al. demonstrated that in excitotoxic conditions, IL-1 β protects neurons against death and activates NF κ B

proteins p50, p65 and c-Rel as opposed to p50 and p65 when only glutamate was present. They showed, that c-Rel dimers promote neural survival, while p50/p65 dimers promoted neural death (Pizzi et al., 2002). Evidently, more work is needed to fully discriminate effects of NFκB dimers in and proteins under specific conditions as results seem to vary. There are studies suggesting that NFκB is directly involved in neuronal death in ischemia (Stephenson et al., 2000) (Ridder and Schwaninger, 2009) and indirectly, through the actions of glial cells (Mattson and Meffert, 2006). However, growing evidence suggests that NFκB pathway is crucial for cell survival and when inhibited or aberrantly active, it stimulates neurodegenerative processes (Fridmacher et al., 2003). That has been confirmed in a study made by Baiguera et al. where c-Rel has been demonstrated to be crucial in prevention of degenerative changes in dopaminergic neurons in substantia nigra pars compacta. They showed, that knockout mice (c-Rel^{-/-}) develop Parkinsonism at 18 months of age and dimers containing c-Rel can induce expression of Mn-SOD and anti-apoptotic Bcl-x_L (Baiguera et al., 2012).

1.4. Regenerative potential of spinal cord

Unlike the peripheral nervous system, the central nervous system displays very limited regenerative potential following traumatic injuries. A series of intrinsic pathways and extracellular factors prevent axons from growing back and reestablishing lost connections. Instead, Wallerian degeneration distally from severed axon occurs as well as axonal dieback by up to 800 μm leaving dystrophic end bulbs that persist at the lesion border (Filous and Schwab, 2018) (Fig. 4).

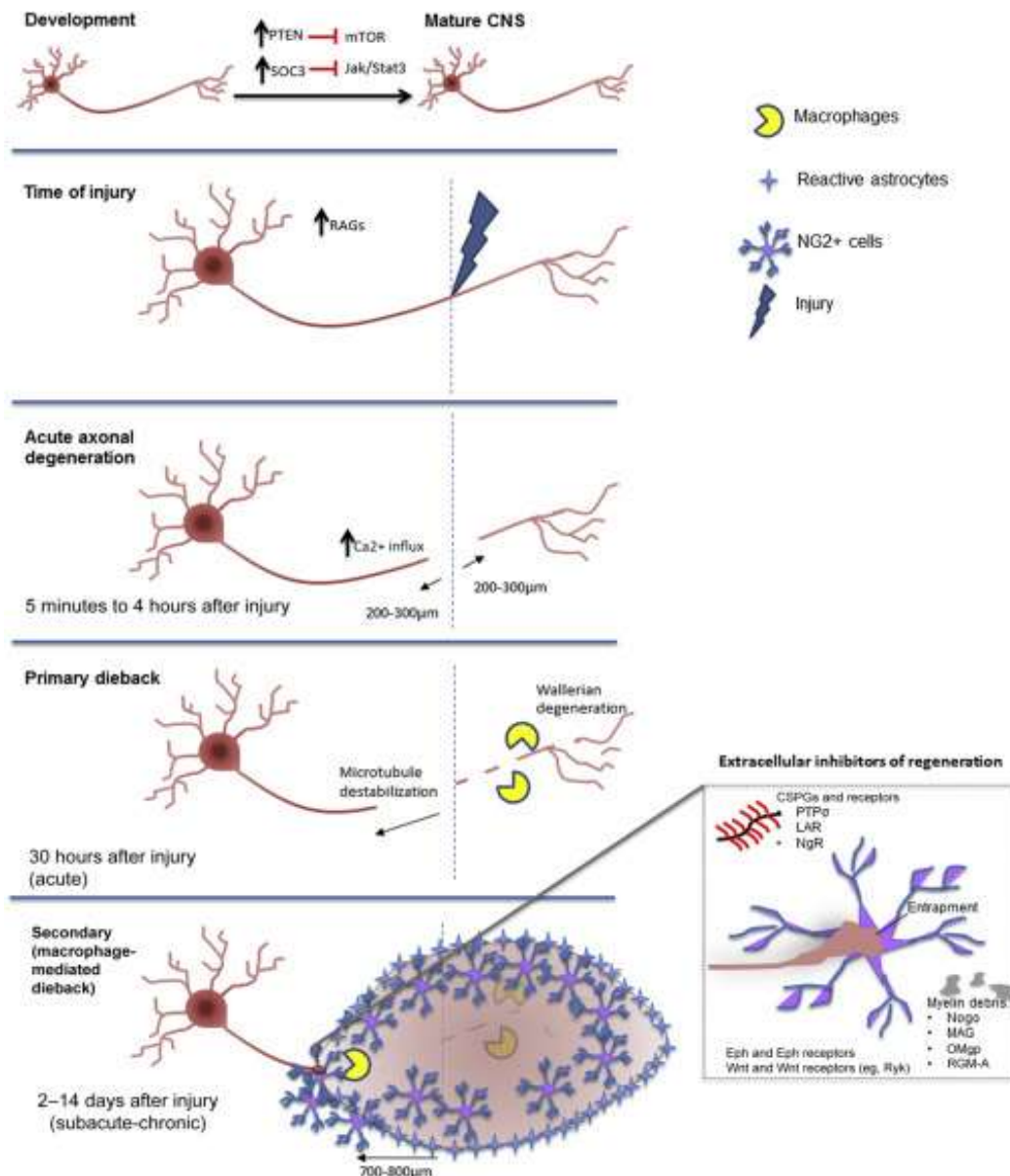


Fig. 4 Axonal degeneration after spinal cord injury (Filous and Schwab, 2018).

Infiltrating immune cells as well as resident microglia/macrophages are thought to contribute to axonal retraction and dieback (Busch et al., 2011). There is also evidence that macrophages can be beneficial in limiting of axonal dieback depending on receptor activation, i.e. TLR2 (Gensel et al., 2015). In healthy nervous tissue, axonal growth cones are active and can grow at a rate of 1 mm/day, however they stop growing and become dystrophic in the inhibitory environment of glial scar, which is made of chondroitin sulphate proteoglycans (CSPGs). Normal growth cones have been shown to contain organized microtubules, whereas dystrophic cones, if formed, are made of disorganized microtubules, with capability to form only short filopodia (Kerschensteiner et al., 2005; Erturk et al., 2007). Interestingly, transcription of

regeneration associated genes (RAGs) is induced after injury, via Ca^{2+} signaling. Several transcription factors, such as Kruppel-like factor 7 (KLF7), SRY-related HMG-box 11 (SOX11), Signal transducer and activator of transcription 3 (STAT3), are activated and initiate transcription of RAGs (Venkatesh and Blackmore, 2017). These genes include *Gap43*, brain abundant membrane attached signal protein 1 (*Baspl/Cap23*), *Arg1*, ciliary neurotrophic factor (*Cntf*), leukemia inhibitory factor (*Lif*) (Sun and He, 2010), but their expression is insufficient in enhancing axonal regeneration, which is largely inhibited by extracellular factors. After injury, NG2^+ glia, macrophages and pericytes surround the lesioned area and form the core of glial scar, while the penumbra of glial scar is mostly made of reactive GFAP^+ astrocytes (Rao and Pearce, 2016; Filous and Schwab, 2018). It has been shown that neurons form synapse-like connections with neuron-glia antigen 2⁺ (NG2^+) glia, which could prevent further axonal dieback, but also regeneration (Filous et al., 2014). Components of the glial scar are strongly inhibitory to axonal growth, but its absence has been shown to prevent regrowth as well. This has been suggested to be due to absence of growth stimulating molecules produced by activated astrocytes (Anderson et al., 2016). Several extracellular inhibitory factors have been identified that contribute to the non-permissive environment. Examples of such molecules are Nogo-A, Tenascin R, repulsive guidance molecule A, semaphorins and ephrins, acting as inhibitory and repulsive guidance molecules (Filous and Schwab, 2018) (Fig. 4).

1.5. Phytochemicals

A growing number of studies focus on neuroprotective properties of various phytochemicals. These compounds are typically polyphenols, containing aromatic ring with one or more hydroxyl groups naturally found in plants (EGCG, olive oil, luteolin) or their fruits (resveratrol, curcumin, Withaferin A) and have been found to be beneficial in treatment of secondary injuries after trauma to the CNS. These substances exert anti-oxidant properties protecting tissues from lipid peroxidation, anti-inflammatory properties taming inflammation after injury and promoting healing as well as promoting production of growth factors. They have also been found to have anti-apoptotic effects and can inhibit expression of Nogo-A (Khalatbary, 2014; Gundimeda et al., 2015; Yan et al., 2017).

1.5.1. EGCG

Epigallocatechin-3-gallate is a polyphenol found in green tea that has been shown to have anti-inflammatory, anti-apoptotic, anti-edema effects as well as properties stimulating regeneration or reducing the presence of inhibitory molecules in the environment after spinal cord injury (Tian et al., 2013; Khalatbary, 2014; Gundimeda et al., 2015) (Fig 5). EGCG does reach the brain and spinal cord at approximately 20x lower concentration than that in plasma, however low concentrations are potent enough to prevent or slow the accumulation of cognitive impairments (Pervin et al., 2017). EGCG is also a known anti-oxidant and its effects could partly be due to free radical scavenging properties (Biasibetti et al., 2013).

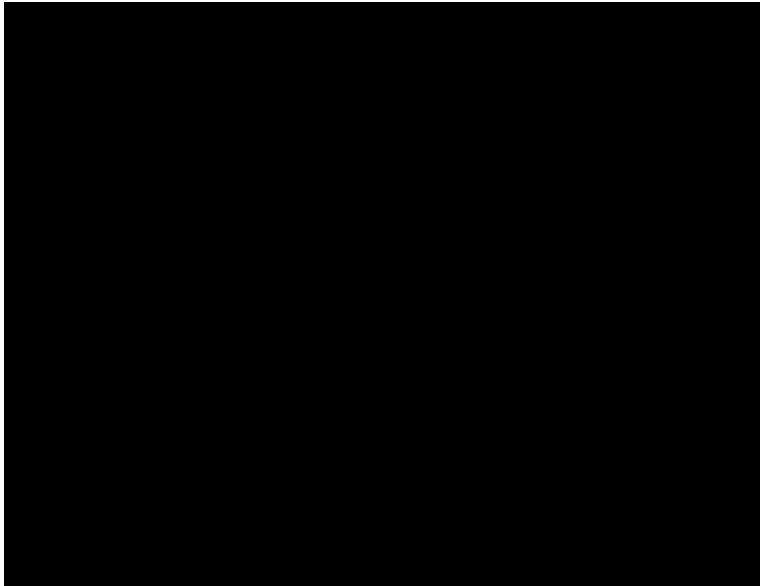


Fig. 5 Epigallocatechin-3-gallate (Furst and Zundorf, 2014).

Treatment with EGCG after SCI has been shown to inhibit the inflammatory response by reducing the numbers of infiltrating neutrophils and levels of $\text{TNF-}\alpha$, $\text{IL-1}\beta$, COX-2, iNOS, which can all contribute to prolonged inflammation. Moreover, administration of EGCG led to upregulation of anti-inflammatory cytokine IL-10 and inhibition of TLR4 (Khalatbary and Ahmadvand, 2011; Kuang et al., 2012). It has also been shown that EGCG has anti-apoptotic as well as regenerative properties as it alters the ratio of pro-apoptotic and anti-apoptotic proteins Bax and Bcl-2 in favor of Bcl-2 and it also promotes expression of GAP-43, protein expressed in sprouting axons (Renno et al., 2015) or growth factors BDNF and GDNF (Tian et al., 2013).

1.5.2. Curcumin

Curcumin is a polyphenol compound found in common spice turmeric, which is produced from the rhizome of *Curcuma longa* plant (Fig. 6). A large number of studies have been produced documenting its beneficial properties in reducing inflammation, apoptosis, glutamate induced toxicity or its anti-oxidant and anti-cancer potential (Chang et al., 2014; Yao et al., 2015; Gokce et al., 2016; Sanivarapu et al., 2016; Lodi et al., 2017).

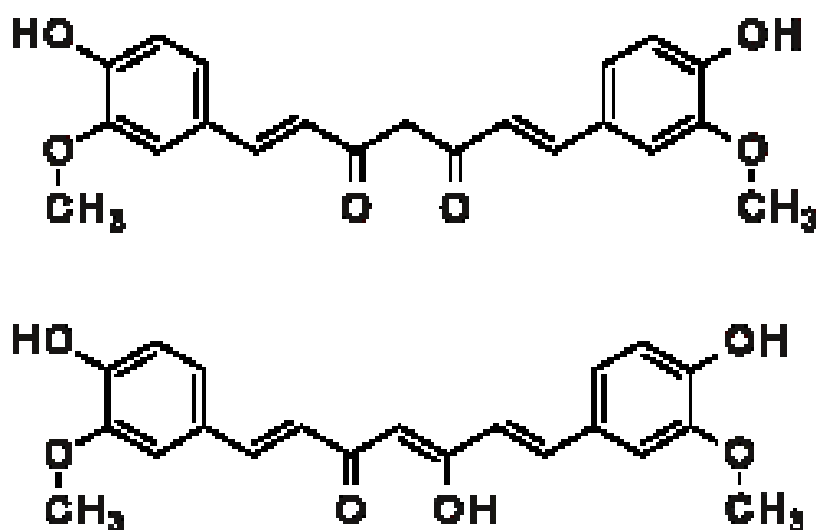


Fig. 6 Curcumin keto- and enol- form.

Curcumin is known to have anti-oxidant and anti-inflammatory effects in treatment of secondary injury after SCI. Curcumin reduces levels of oxidant malondialdehyde (MDA) and increases levels of anti-oxidant enzyme superoxide dismutase (SOD). Curcumin also reduces levels of the common cytokines and chemokines involved in the inflammatory response such as $\text{TNF}\alpha$, $\text{IL-1}\beta$ and reduces activities of transcription factors $\text{NF}\kappa\text{B}$, SOX-9 resulting in decrease of glial scar formation (Yuan et al., 2017), or it alters the mammalian target of rapamycin (mTOR) signaling pathway, which is involved in cellular metabolism, autophagy or neural development (Lin et al., 2017).

1.6. Cell transplantation in treatment of spinal cord injury

A lot of research has focused on testing various types of stem or progenitor cells as treatment of spinal cord injury in efforts to enhance neuroprotection, axonal and myelin regeneration and immunomodulation. Stem cells are characterized by their capability to

differentiate into various cell types and to renew themselves. Embryonic stem cells (ESC) are pluripotent and differentiate into all three germ cell layers, while adult stem cells residing in many tissues are either multipotent or unipotent giving rise to particular lineages or cell types. These include mesenchymal stem cells, neural stem cells, liver stem cells, dermal stem cells and many more (Oh and Jeon, 2016; Singh et al., 2016; Assinck et al., 2017; Bouvier et al., 2017; Gonzalez et al., 2017).

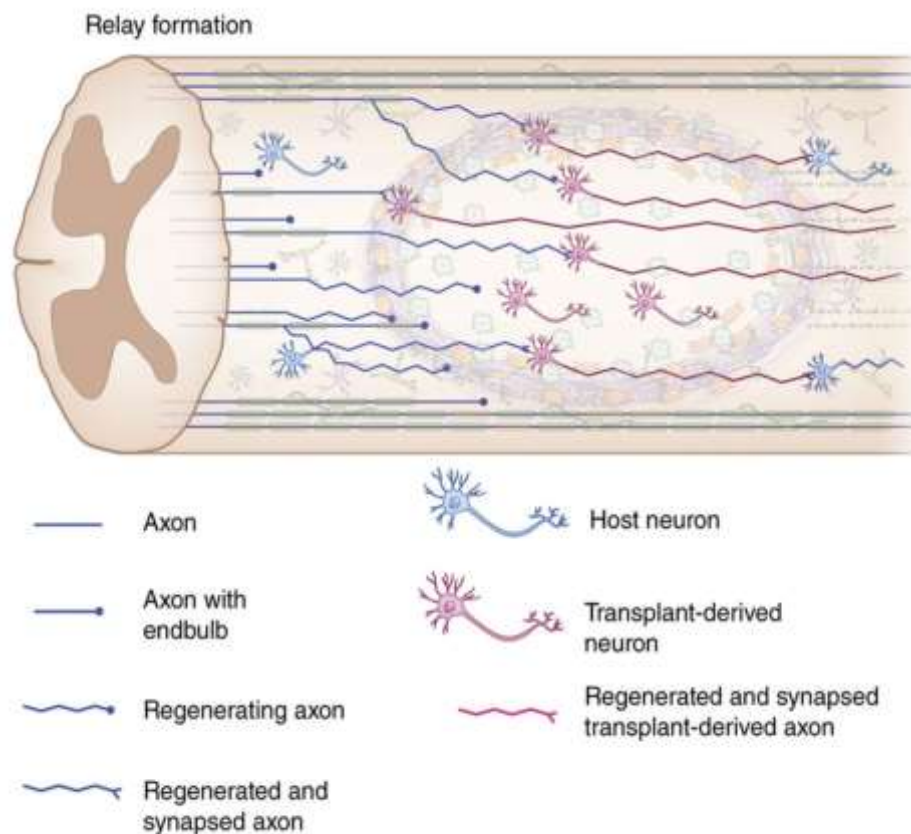


Fig. 7 Relay formation after cell therapy (Assinck et al., 2017).

It has been shown, that transplantation of cells can result in greater tissue sparing, mostly of white matter, which could in some cases, be due to production of myelin by grafted cells. Enhanced preservation of spinal cord tissue tends to correlate with improved functional outcome (Assinck et al., 2017). One of the mechanisms of how cell therapy contributes to motor improvement is partially bridging lesion cavity and providing physical support for host axons to grow on, which may further be enhanced by laminin produced by grafted cells. This effect of transplanted cells can be enhanced by combined therapy with biomaterials (Lai et al., 2016; Fan et al., 2017; Liu et al., 2017; Xu et al., 2017). Observations suggest that transplanted cells with similar origin

as target tissue provide better axonal growth support (Assinck et al., 2017). This approach appears to be more efficient when combined with a mix of growth factors enhancing the ability of transplanted cells to differentiate into cells capable of relaying transmission (Lu et al., 2012; Zhu et al., 2018) (Fig. 7). Transplanted cells can produce a number of cytokines and growth factors, as shown *in vitro*, which can have beneficial effects on spinal cord regeneration and host cell survival. Secreted factors may improve blood vessel regeneration as well as modulate immune reaction and glial scar formation (Assinck et al., 2017).

1.6.1. Bone marrow mesenchymal stem cells

Bone marrow mesenchymal stem cells (MSCs) (Fig. 8) are multipotent cells capable of differentiating into several different cell types such as adipocytes, chondroblasts, and osteoblasts (Fu et al., 2017; Gupta et al., 2017; Saler et al., 2017). It has been shown, that MSCs are able to produce a variety of growth factors like BDNF, GDNF, NGF, hepatocyte growth factor (HGF), fibroblast growth factor (FGF), vascular endothelial growth factor (VEGF), which can promote neurite outgrowth *in vitro*, but also promote regeneration *in vivo* (Lin et al., 2014; Qu and Zhang, 2017). Moreover, transplantation of MSCs causes host transcriptional changes, which in turn modulates processes taking place after spinal cord or stimulates regeneration (Torres-Espin et al., 2013). Mesenchymal stem cells alter cytokines level, decreasing TNF α , IL-1 β , associated with stimulation of inflammation and tissue loss (Han et al., 2015). They have also been shown to have anti-apoptotic effects via downregulation of caspase 3 and by changing of the Bax/Bcl-2 ratio (Yin et al., 2014; Gashmardi N1, 2017). Transplantation of MSCs alone improves functional recovery in rodent models of SCI (Pal et al., 2010; Wright et al., 2011) or dogs with naturally occurring SCI (Penha et al., 2014). A number of studies used MSCs in combination with biomaterial or with growth factors to further improve outcomes and survival of grafted cells. A study utilizing 3D gelatin sponge coated with poly-(lactide-co-glycolide) seeded with MSCs resulted in higher levels of angiogenesis, reduced cavity formation and reduced levels of TNF α , IL-1 β (Zeng et al., 2011). The use of natural acellular scaffold in combination with MSCs promoted functional recovery and reduction in apoptosis (Chen et al., 2014). Several studies evaluated effects of genetically modified MSCs expressing growth factors neurotrophin-3 (NT-3) or basic fibroblast growth factor (bFGF) on spinal cord injury. Combination of MSCs with bFGF promoted axonal regrowth, which correlated with improved motor

function (Liu et al., 2011). Also in the case of NT-3 expressing MSCs, authors found that treatment with these cells improved motor function, reduced lesion cavity size, promoted axonal growth and reduced astroglial reaction (Wang et al., 2014). NT-3 transfected MSCs have also been shown to display their improved survival after transplantation as well as the survival of present motor neurons (Dong et al., 2014).

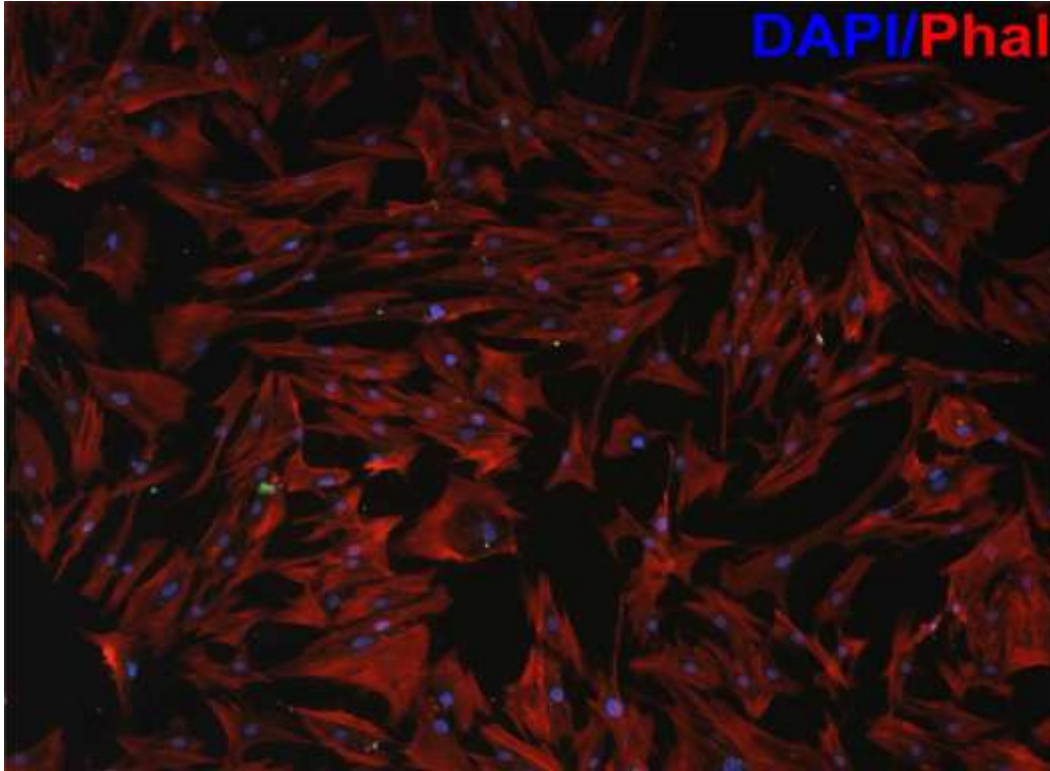


Fig. 8 Bone marrow mesenchymal stem cells. Courtesy of PharmDr. Šárka Kubinová, PhD.

To avoid cellular transplantation, studies using conditioned medium have emerged as safer alternative with promising results. Cantinieux et al. showed anti-apoptotic and pro-angiogenic effects *in vitro* as well as *in vivo* with improved functional recovery supporting the notion that MSCs act predominantly via paracrine effects (Cantinieux et al., 2013). Use of this type of cells has been of great interest, confirmed by a number of clinical trials, because they are relatively easy to obtain and have been shown to be safe to use. They have also been proposed to elicit limited immune reaction of the host since they express low levels of major histocompatibility complex class I (MHCI) and do not express co-stimulatory molecules needed for lymphocyte activation (Torres-Espin et al., 2015). Unfortunately, a phase III clinical trial revealed only limited therapeutic effect of

MSCs injected intramedullary and subdurally, suggesting the need for trial with multiple MSCs injections (Oh et al., 2016; Fan et al., 2017).

1.6.2. Neural stem cells and neural precursors

Neural stem cells (NSCs) are multipotent and are known to be present throughout the adult mammalian central nervous system (Stenudd et al., 2015). However, NSCs that give rise to new neurons are generated in 2 regions of adult mammalian brain - in the subventricular zone (SVZ) and in the subgranular zone of hippocampal dentate gyrus (DG) (Eriksson et al., 1998; Eliwa et al., 2017). New NSCs are formed every day, they migrate and differentiate to form new connections replacing some of the neurons in olfactory bulb or hippocampus and integrating into existing circuitry. In humans, the number of newly formed neural stem cells is large, however less than 1% of mostly interneurons is replaced in olfactory bulb every 100 years implying limited functional significance (Klein and Fishell, 2004; Ihunwo et al., 2016). Interestingly, it was demonstrated, that NSCs generated in the SVZ migrate to striatum instead of olfactory bulb. The renewing fraction of interneurons amounted for 25% out of which 2.7% is turned over each year. Analysis of brains from patients with Huntington's disease revealed strongly impaired postnatal generation of neurons as well as significantly reduced turnover of oligodendrocytes when compared with healthy control brains (Ernst et al., 2014). In hippocampi, about 700 new excitatory glutamatergic neurons (granule cells) are replaced every day. Not all populations in the hippocampus are replaced resulting in 1.75% annual replacement rate within the renewing fraction. Interestingly, neurons generated in adult neurogenesis are more likely to die off than neurons generated during development with 10x shorter half-life of 7.1 years (Spalding et al., 2013; Ihunwo et al., 2016). Neural stem cells can be cultured and expanded in vitro in the presence of growth factors, typically epidermal growth factor (EGF) and FGF (Fig.9). They can be passaged and form neurospheres, keeping their multipotency. NSCs start to differentiate into astrocytes, oligodendrocytes and neurons upon withdrawing growth factors from medium (Klein and Fishell, 2004). After expansion and transplantation of NSCs into neurogenic areas (SVZ, DG), they have been shown to integrate, differentiate and receive functional synaptic input. However, when transplanted into other parts of CNS, such as the spinal cord, they differentiate mainly into glial cells like astrocytes (Klein and Fishell, 2004; Amemori et al., 2013). It has been shown, that adult neural stem cells isolated from the brain SVZ region survive well

in the lesion site in monkey spinal cords for at least 6 months, express neuronal marker Tuj1 and significantly improve locomotor function (Nemati et al., 2014). Hwang et al. discovered that physical training on treadmill improved the survival rate of grafted cells more than 3 fold in the first week and by 5 fold at 3 and 9 weeks after transplantation in rats. His group also identified that insulin-like growth factor-1 is behind this enhancement as its levels were significantly increased (and not of BDNF or NT-3) and when neutralized this effect on survival was lost. Additionally, they detected an increase in tissue sparing, myelination and level of serotonergic fiber innervation (Hwang et al., 2014). This indicates that more complex approach involving rigorous physical rehabilitation is required for best results of spinal cord injury therapy involving cell transplantation. Therapeutic effect of neural stem cells in injured nervous system is not only substitutional and direct contact of grafted cells and host tissue is not the sole mechanism by which improvements occur. It has been shown that continuous administration of neural stem cells conditioned medium resulted in the growth of corticospinal tract (CST) and tripling of synaptic formation between CST collaterals and propriospinal interneurons. Moreover, reduced levels of pro-apoptotic caspase 3 were detected as well as functional improvements (Liang et al., 2014). Adult progenitor cells exist in the spinal cord and when transplanted into spinal cord they also differentiate into glia. However, when transplanted into neurogenic areas of the hippocampus, they migrate and differentiate into neurons morphologically similar to granule cells, indicating that neural stem or adult progenitor cells are not lineage restricted and that local environmental cues are of high importance in cell differentiation (Shihabuddin et al., 2000).

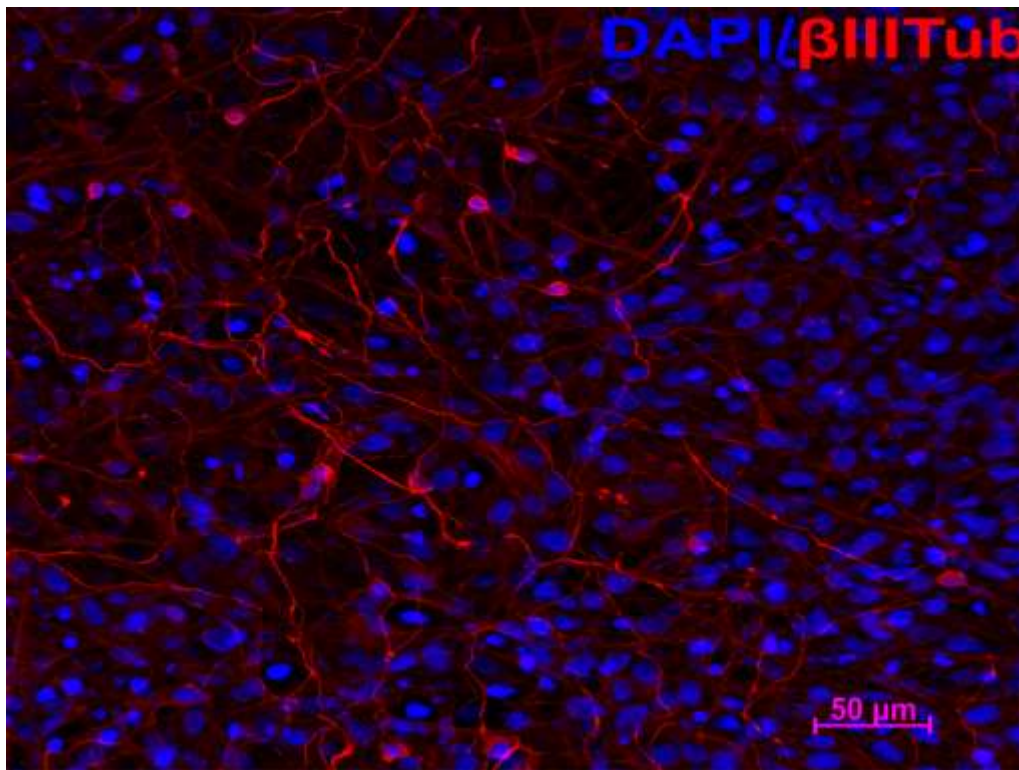


Fig. 9 A three week old culture of immortalized line of spinal neural precursors obtained from fetal spinal cord, SPC-01-GFP, stained for β III-tubulin. Courtesy of Klára Jiráková, PhD.

The principal aims of therapies of spinal cord injury are to reduce inflammation and inhibitory effects of glial activation and to improve functional recovery by increased tissue preservation and neuroplasticity. Strikingly, only modest regeneration can result in major benefits as preserving of only about 10% of initial axon number can maintain function (Wilcox et al., 2014). Studies testing various neural stem or progenitor cells from different sources show mostly positive outcomes of varying magnitudes. Adult neural precursors isolated from the SVZ showed good survival after grafting and matured into oligodendrocytes, remyelinating axons and protecting white matter (Hawryluk et al., 2014; Wilcox et al., 2014), which was previously showed by Plemel et al. who used NPCs isolated from mouse fetal ventral forebrain. These cells were platelet-derived growth factor (PDGF) responsive and about 30% of surviving cells differentiated into oligodendrocytes. Detected oligodendrocytes associated with myelin basic protein (MBP) were located in the vicinity of nodes of Ranvier suggesting their role in remyelination of dysmyelinated Shiverer mice (Plemel et al., 2011). NPCs were also showed to reduce GFAP and CSPG positivity in the lesion site, which could have

led to the measured functional improvements (Hawryluk et al., 2014; Wilcox et al., 2014). Adult human spinal cord neural precursor cells have been shown to improve BBB score of transplanted rats exhibiting neuroprotective effect. These NPCs were transplanted as neurospheres and the majority of them differentiated into astrocytes and lower number into neurons (Emgard et al., 2014). Neural tube precursor were also found to improve functional outcome after SCI, they showed good level of integration, differentiated into cells of both glial and neural phenotype and contributed to decreasing the size of glial cyst (Boido et al., 2011). Bonner et al. demonstrated that transplanted mixed neural and glial restricted precursors are capable of forming neuronal relays. Combined with BDNF expressing lentivirus injected into dorsal column nuclei (DCN) as a cue to attract axons. This group detected robust axonal growth into DCN, presence of excitatory synapses between host regenerating axons and graft derived neurons as well as synapses between graft axons and DCN neurons. Presence of active synapses and functional transmission across relay connections was confirmed with electrophysiological recordings (Bonner et al., 2011). Neural precursor cells isolated from embryonic spinal cord and later transplanted into adult spinal cord white matter showed good survival and differentiated into astrocytes, oligodendrocytes and neurons similarly to the same cells transplanted into corpus callosum, however they migrated away from the injection site in spinal cord but did not move within or away from corpus callosum confirming crucial environmental cues depending on not only varying parts of the CNS but also varying locations of white matter (Jin et al., 2012).

1.6.3. iPS-derived neural precursors

In 2007, adult human fibroblast cells were reprogrammed into induced pluripotent stem cells (iPSCs) for the first time (Takahashi et al., 2007). Four transcription factors were previously identified by the same group to be sufficient to reprogram adult mouse fibroblasts (Takahashi and Yamanaka, 2006). Protocol for generation of human iPSCs differs from the one used to create mouse iPSCs, but the same transcription factors were introduced into human fibroblasts by retroviral transfection with plasmids encoding vesicular stomatitis virus glycoprotein (VSV-G) and the reprogramming octamer-binding transcription factor 3/4 (Oct3/4), (sex determining region Y)-box 2 (Sox2), Kruppel-like factor 4 (Klf4) and *c-myc* proto-oncogene (*c-Myc*) (Takahashi et al., 2007; Kim et al., 2017; Marote et al., 2018). iPSCs are similar to embryonic stem cells in morphology, surface antigens, gene expression and high telomerase activity. They

possess ESC-like pluripotency and proliferation capacity. Generated iPSCs expressed undifferentiated ESC marker genes, i.e. OCT3/4, SOX-2, growth differentiation factor 3 (GDF-3), NANOG, FGF-4, zinc finger protein 42 (REX-1/zfp42) and differentiated into all three germ layers *in vitro* and formed teratomas *in vivo* (Takahashi et al., 2007). Alternative methods have been described using a different set of reprogramming factors NANOG, LIN 28 or L-myc (Yu et al., 2007; Polentes et al., 2012; Capetian et al., 2016) (Fig. 9) or non-integrating episomal plasmids encoding OCT4, SOX2, KLF4, L-MYC, LIN28 and *p53* short hairpin RNA (shRNA) (Sareen et al., 2014). Several studies have been conducted to test effects of pre-differentiated neural stem cells, neural progenitor cells or neurospheres derived from iPSCs in the treatment of spinal cord injury. Kobayashi et al. implanted iPSC- derived neural stem cells 9 days after SCI in common marmosets. They observed significant improvements in motor function, which was measured with open field test, bar grip test and cage climbing test. Transplanted cells displayed good level of survival and differentiated into all three neural lineages – neurons, astrocytes and oligodendrocytes. Of all detected transplanted cells, nearly 99% expressed β III-tubulin and 52% expressed a marker of mature neurons neuronal nuclear antigen (NeuN), 31% of transplanted cells were GFAP⁺ and 26,5% expressed oligodendrocyte transcription factor 1 (Olig-1). About 24% expressed nestin, a marker of immature neural precursor cells. Additionally, enhanced axonal sparing/regrowth was observed as well as angiogenesis (increased numbers of platelet endothelial cell adhesion molecule 1 (PECAM-1) positive blood vessels) and prevention of demyelination (Kobayashi et al., 2012). Transplantation of iPSC-derived neurospheres 9 days after SCI results in good survival, integration within spinal cord Nori et al. (2011); (Sareen et al., 2014; Romanyuk et al., 2015) and differentiation into all three neural lineages (Nori et al., 2011; Tsuji et al., 2011; Romanyuk et al., 2015) with varying ratios neurons-astrocytes-oligodendrocytes. Okano's group achieved lower survival rate of transplanted cells and 6 weeks after transplantation, they observed 30% of neurons, 50% of astrocytes and 14% of oligodendrocytes within the graft. In their study, they found enhanced level of serotonergic (5-hydroxytryptamine positive/5-HT⁺) innervation of distal cord, reduced demyelination as well as significantly improved functional recovery (Tsuji et al., 2011). Nori et al. also transplanted iPSC-derived neurospheres 9 days after SCI and 8 weeks after they detected around 23% of mature neurons and 50% of β III-tubulin⁺ neurons. This high portion of neurons was completed with 17% of astrocytes, 3% of oligodendrocytes and 10.7% of nestin⁺ immature precursor cells. Most

of the mature neurons were GABAergic and only a small number of neurons were found to be serotonergic (5-HT⁺) or cholinergic motor neurons (choline acetyltransferase positive/ChAT⁺). Moreover, newly formed synapses between graft and host neurons were detected as well as increased angiogenesis and myelination, which taken together resulted in improvement in motor function (Nori et al., 2011). Romanyuk et al. injected pre-differentiated iPSC-derived neural precursor cells into spinal lesion 1 week after lesion induction and found 10% survival of grafted cells for up to 17 weeks. Strong endogenous neurofilament ingrowth was detected as well as positivity to NF200 and NF70 in grafted cells. Over time, large portion of the graft expressed GFAP. Despite GFAP prevalence, calbindin⁺ interneurons, dopaminergic, serotonergic neuron and motor neurons were found along with significant functional improvements (Romanyuk et al., 2015). Several studies, however, demonstrated that transplantation of iPSC-derived neural progenitor cells did not result in functional recovery. Pomeschchik et al. observed no therapeutic effect of transplanted iPSC-derived neural progenitor cells with regard to cavity size and behavioral assessment. In this study, only 1 animal out of 6 showed any surviving grafted cells 6 weeks after transplantation indicating their loss over the course of experiment, hence no therapeutic effect. Authors suggested this was due to insufficient immunosuppression using only tacrolimus (Pomeschchik et al., 2015). However, other groups reported insignificant functional improvements while donor cell survival rates were good, as well as integration and maturation into all neural lineages (Nutt et al., 2013; Lu et al., 2014). Although in case of Nutt et al., low number of transplanted cells expressed NeuN and 50% expressed astroglial marker GFAP with the remaining neural cells expressing more immature phenotype, which was likely the reason for limited treatment effect (Nutt et al., 2013). Strikingly, group of Tuszynski reported extremely robust axonal growth originating from grafted cells, which exhibited excellent survival and most of them (71%) expressed NeuN and also MAP-2 and Tuj1 neural markers three months after transplantation out of which only 4.4% were ChAT⁺ motoneurons. Relatively small portion of grafted cells differentiated into astrocytes (17.7%) and no oligodendrocytes were identified. Thousands of axons were detected extending across the entire neural axis to the brain, even the olfactory bulb and caudally from graft to distal lumbar spinal cord, which amounted to more than 9 cm in length. Despite numerous synaptic connections between graft and host, no functional improvement was observed. Several possible reasons were given to explain the lack of effect, i. e. low number or *fully*

mature neurons, insufficient myelination of new graft axons, formation of synapses that were not functionally beneficial or insufficient levels of neurotransmitters (Lu et al., 2014). Mixed results of therapies aimed at spinal cord injury using iPSC-derived cells underline the need for more studies to be conducted and refined to fully unlock their potential.

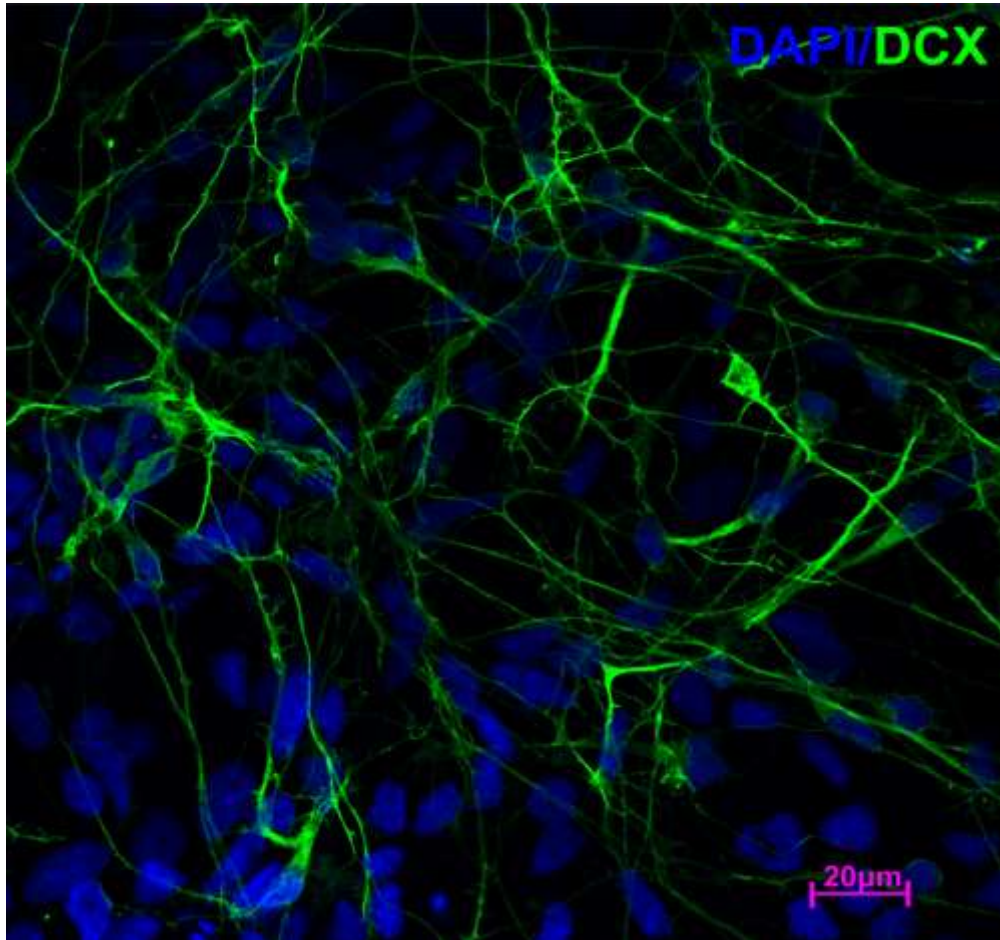


Fig. 10 Neural precursors derived from induced pluripotent stem cells (line iMR90) after 3 week differentiation expressing doublecortin (DCX). Courtesy of Klára Jiráková, PhD.

2. Hypothesis and aims

2.1. Hypotheses

1. We hypothesized, that NFκB may be activated after injury to the central nervous system. To investigate this, we measured p65 nuclear translocation at 6 different time points after inducing spinal cord injury.
2. We expected to see changes in NFκB activation after cell treatment of SCI as one of mechanisms of their effects on host tissue.
3. Curcumin and EGCG are phytochemicals found in the root of *curcuma longa* and in leaves of green tea, respectively. They are known to have both anti-inflammatory and anti-oxidant properties, which may influence the NFκB activity.
4. We hypothesized, that all three types of stem cells used in this study would have beneficial therapeutic effect, though their mechanism of action might be different. Mesenchymal stem cells have been thought to mostly act through production of various factors, which could lead to immunomodulation and enhanced regeneration. We expected that neural precursors obtained from fetal spinal cords or derived from iPS cells might interact with host tissue on a larger scale than MSCs leading to enhanced regeneration via direct contact, differentiation and thus replacement of lost cells.

2.2. Aims

1. To determine the pattern of activation of the NFκB (p65) canonical pathway after spinal cord injury in rats.
2. To investigate, how are the NFκB activity and inflammatory response modulated after SCI and subsequent transplantation with stem cells – mesenchymal stem cells, spinal neural precursors SPC-01, neural precursors derived from iPS cells.
3. To test effects of anti-inflammatory properties of curcumin and EGCG on NFκB activity and regeneration of spinal cords after injury.
4. To analyze regenerative potential of stem cells transplantation by determining their survival and differentiation potential in injured spinal cord and by measuring functional outcomes, axonal sprouting, effects of stem cells on the formation of the glial scar and changes in gene expression.

3. Methods

3.1. Animals

A total of 466 male Wistar rats weighing 270-300g were used in this study. Following spinal cord injury, they were randomly divided into groups surviving 1, 3, 7, 10, 14, 28 days or 9 weeks. Immediately after induction of SCI, rats were given anti-inflammatory compound curcumin ($n = 69$) or EGCG ($n = 53$), while control groups were given vehicle only ($n = 66$, $n = 53$, *respectively*). In experiments involving stem cells transplantation, rats were transplanted intrathecally (IT) with 5×10^5 MSC cells ($n = 47$) or saline ($n = 38$). Intraspinally (IS) transplanted were stem cells SPC-01-GFP ($n = 50$) or iPS-NPs ($n = 49$) with appropriate saline control ($n = 41$) on day 7.

All experiments were performed in accordance with the European Communities Council Directive of 22nd of September 2010 (2010/63/EU) regarding the use of animals in research, and were approved by the Ethics Committee of the Institute of Experimental Medicine ASCR, Prague, Czech Republic. The number of animals was statistically optimized for each particular experiment to achieve their reduction.

3.2. Spinal cord injury

The balloon-induced compression lesion model was developed to simulate the environmental situation and pathology of spinal cord tissue in the spinal canal, resembling the majority of spinal cord injury causes in humans (Vanicky et al., 2001).

To obtain reproducible and standard results, the weight and sex of the animals as well as the size of the balloon and the duration it is inflated must be kept constant among procedures. The ideal weight of male Wistar rats has been established as being in the range of 270 – 300 g (approx. 10 week old animals). Animals were anaesthetised with an inhalant mixture of isoflurane and air (3 v/v % isoflurane, AbbVie, Chicago, Illinois, USA), with an inflow of 300 ml/min, and kept under anaesthesia for the entire time of the procedure. After hair removal on the animal's back, an incision was made at thoracic level. Carefully, vertebrae (T9, T10, T11) were exposed and laminectomy of the T10 vertebrae was performed. A 2 - French Fogarty catheter was inserted into the epidural space through the created entry site. To produce a T8 lesion, the catheter was pushed in 1 cm and the balloon was then inflated with 15 μ l of saline for 5 minutes.

Care was taken to ensure that no air bubbles were present in the balloon. After the lesion was complete, the catheter was deflated and removed and the wound was sutured in anatomical layers. Body temperature was continuously monitored with rectal thermometer and maintained at 37°C using a heating pad. Rats were given antibiotics (5 mg/kg, i.m., Gentamicin, Lek Pharmaceutical, Ljubljana, Slovenia) and analgesic (7.5 mg/kg, i.m., caprofen, Rimadyl, Phizer, New York City, NY, USA) for 10 days to prevent post-operative infection and to reduce pain. On day 6 (one day prior to transplantation), immunosuppression regime was started using Cyclosporine A (10 mg/kg i.p., Ciclosporin, Novartis, Basel, Switzerland) and azathioprine sodium (4 mg/kg, p.o. and 2 mg/kg p.o. after transplantation, Imuran, Aspen, KwaZulu-Natal, JAR) to prevent rejection. Animals were checked on daily and their urine was manually expressed twice daily until function was recovered, typically 5-8 days. Rats were housed in IVC cages with a 12 hour light/dark cycle and had unlimited access to water and food pellets.

3.3. Application of anti-inflammatory compounds

Animals selected for curcumin application were injected with 10 µl of curcumin (60 mg/kg, Sigma-Aldrich, St. Louis, MO, USA) diluted in olive oil in the vicinity of spinal cord injury through an opening created by laminectomy immediately after SCI. These animals were given curcumin daily for 1-28 days after injury (6 mg/kg i.p.) and again *in situ* once every 7 days, up to 4 times.

Animals used to study effects of EGCG were injected with 10 µl of EGCG in saline (50 mg/kg, Sigma-Aldrich, St. Louis, MO, USA) on the spinal cord surface immediately after induction of spinal cord injury and then every 7 days. Care was taken not to cause additional injury. Animals were also given 30µl of EGCG daily (50 mg/kg, Sigma-Aldrich, St. Louis, MO, USA).

3.4. Cell cultures

3.4.1. Mesenchymal stem cells

Human (h)MSCs were obtained based on the informed consent from patients enrolled in the clinical trial AMSC-DSD-001 and were provided by Bioinova Ltd. (Prague, Czech Republic). Cells were prepared under GMP conditions and supplied in 1.5 ml of cell suspension in Nunc (suspension of autologous MSC 3P). The mononuclear fraction containing hMSCs was separated from the bone marrow of healthy donors by gradient

separation using 25% Gelofusine (B. Braun, Melsungen, Germany). Cells were expanded in minimal essential medium (MEM) Eagle alpha media (Lonza, Basel, Switzerland), supplemented with 5% mixed allogeneic thrombocyte lysate (Bioinova Ltd.) and 10 µg/ml gentamicin (Lek Pharmaceuticals, Ljublanja, Slovenia). Cells (third passage) were analyzed using fluorescence-activated cell sorting (FACS) (LSR II; BD Biosciences, San Diego, CA, USA) and used for transplantation. Cells were positive for CD73, CD105, CD90, and major histocompatibility complex (MHC) class I, and negative for CD45, CD14, CD34, CD16, CD3, CD19, CD80, and MHC class II surface molecules. Control differentiation protocol (adipogenic, osteogenic, and chondrogenic) was performed to confirm the multipotent potential of the cells. Cell phenotyping was performed by Bioinova Ltd.

3.4.2. SPC-01

Human spinal cord cell line SPC-01 was produced from a 10-week old human fetal spinal cord. Obtained cells were conditionally immortalized with c-mycER^{TAM} construct and were also transduced with GPF using a lentivirus as vector. More detailed procedure description can be found here (Pollock et al., 2006). SPC-01 were grown in culture flasks coated with laminin (10 µg/ml, Sigma, Darmstadt, Germany) and media containing DMEM/F12 (Gibco, Life Technologies, Grand Island, NY), human apotransferrin (100 µg/ml), human putrescine dihydrochloride (16.2 µg/ml), sodium selenite (40 ng/ml), human recombinant insulin (5 µg/ml), progesterone (60 ng/ml), L-glutamine (2mM), 4-hydroxy-tamoxifen (100 nM) all from Sigma, Darmstadt, Germany and human EGF and bFGF (20 ng/ml and 10 ng/ml, respectively) both from Peprotech EC, London, UK. Media was changed every 3rd day and cells were harvested at 60 – 70% confluence.

3.4.3. iPS-NPs

iPSC-NPs were prepared according to Polentes et al. (Polentes et al., 2012). In order to derive the human iPSC line, a lentivirus-mediated combination of OCT4, SOX2, NANOG, and LIN28 human cDNA (prepared plasmid from Addgene, Cambridge, MA, USA) was used for transduction of female (iMR90) human fetal lung fibroblasts (ATCC; Manassas, VA, USA). Clone selection, validation of the iPSC line, and derivation of neuronal progenitors are described in detail in the original article. Cells were routinely cultured in tissue culture flasks coated with laminin (10 µg/ml in

DMEM/F12) and poly-L-ornithine (0.002% in distilled water), both from Sigma-Aldrich (St. Louis, MO, USA). Growth medium comprising DMEM/F12 and Neurobasal medium (1:1), N2 supplement (1:100), B27 supplement (1:50; GIBCO, Life Technologies, Grand Island, NY, USA), L-glutamine (2 mM; Sigma-Aldrich, St. Louis, MO, USA), penicillin and streptomycin (50 U/ml; GIBCO), EGF (10 ng/ml), FGF (10 ng/ml), and brain-derived neurotrophic factor (BDNF; 20 ng/ml; PeproTech) was changed three times per week. A 7-day process of pre-differentiation in the same medium, except for the omission of FGF and EGF, was used prior to transplantation of iPSC-NPs.

3.5. Stem cells transplantation

Immortalized spinal neural precursors expressing green fluorescent protein (GFP) (SPC-01-GFP) or neural precursors derived from iPSC cells were injected in the lesion site 7 days after spinal cord injury. Animals were anaesthetised, fixed in a stereotactic frame (Stoelting CO, Wood Dale, IL, USA) and their spinal cords were carefully exposed at Th8. Using Nano-Injector (Stoelting CO, Wood Dale, IL, USA) and a glass pipette, 5×10^5 cells in 5 μ l of saline were transplanted at a rate of 1 μ l/minute. The glass pipette was kept in place for another 5 minutes to prevent backward leaking of cell suspension. Control animals received 5 μ l of saline. In case after SCI, hMSCs ($5 \times 10^5/50 \mu$ l saline) were injected into the subdural space through the L5-L6 intervertebral space, while control animals received 50 μ l of saline.

3.6. Immunohistochemistry

At days, 1, 3, 7, 10, 14, 28 days or 9 weeks after spinal cord injury (or 3, 7, 21 days or 8 weeks after transplantation), rats were transcardially perfused with 4% paraformaldehyde (PHA) for 15 minutes. Spinal columns were cut out and kept in 4 % PHA for 12 hours with subsequent dissection of spinal cords, which were kept in sterile phosphate buffered saline (PBS) until paraffin embedding. To monitor the survival, migration, and differentiation of transplanted stem cells, serial longitudinal sections of spinal cords (14 μ m) were cut through the areas of interest, using a Leica CM1850 cryostat (Leica Microsystems GmbH, Vienna, Austria) 2 weeks (MSCs, $n = 4$; SPC-01, $n = 3$; iPSC-NPs, $n = 3$) and 2 months after transplantation. In case of MSCs, viable cells were visualized using long-term tracer carboxyfluorescein diacetate succinimidyl ester (CFDA-SE) before implantation. SPC-01-GFP and iPS-NPs were visualized using

MTCO2 or Ku80 staining (both Abcam, Cambridge, UK). To determine survival as well as differentiation potential of transplanted stem cells and their interaction with the host tissue, histological and immunohistochemical (IHC) evaluation was performed either on longitudinal spinal sections [saline (IS + IT), $n = 7 + 6$; MSCs, $n = 11$; SPC-01, $n = 14$; iPSC-NPs, $n = 11$] or on cross-sections [saline (IS + IT), $n = 8 + 7$; MSCs, $n = 7$; SPC-01, $n = 8$; iPSC-NPs, $n = 10$] using antibodies against nestin (Millipore), glial fibrillary acidic protein (GFAP), β III-tubulin (both Sigma-Aldrich, St. Louis, MO, USA), Nkx6.1 (DSHB, Iowa City, IA, USA), oligodendrocyte transcription factor 2 (Olig2), microtubule-associated protein 2 (MAP2; both Abcam, Cambridge, UK), and doublecortin (DCX; Santa Cruz Biotechnology, Heidelberg, Germany) were used. To visualize primary antibody reactivity, appropriate secondary antibodies were used: goat anti-mouse immunoglobulin G (IgG) conjugated with Alexa Fluor 488, as well as goat anti-rabbit IgG conjugated with Alexa Fluor 594 (Molecular Probes, Eugene, OR, USA).

Paraffin embedded spinal cords were cut into 5 μ m thick cross-sections. A total of 15 sections 1 mm apart were used from each animal amounting to 1.5 cm of analyzed tissue used for NF κ B (p65) staining, followed by hematoxylin staining. Time points of 1-28 days ($n = 5$ for each group and time point) after SCI were used in this analysis. A total of 15 sections 1 mm apart were used from each animal amounting to 1.5 cm of analyzed tissue. To visualize the expression of p65, primary rabbit IgG antibody (Santa Cruz, Dallas, USA) and secondary goat IgG antibody conjugated with horseradish peroxidase H (Vector Laboratories, Burlingame, USA) were used. DAB (3'-diaminobenzidine) and H₂O₂ were added to produce brown precipitate where secondary antibody was present.

For morphometric and immunohistochemical analysis, spinal sections (15 cross sections, 5 μ m, 1 mm apart, total sample length was 1.5 cm) from animals surviving for 9 weeks ($n = 12$ for each group and time point) after SCI were used for Cresyl violet (0.25 g of cresyl violet dissolved in 100 mL of distilled water with 1 mL of 10% acetic acid) and Luxol-fast blue (1 g of Luxol-fast blue was dissolved in 100 mL of 96% ethanol with 5 mL of 10% acetic acid) staining to distinguish white and gray matter. To evaluate axonal sprouting and astrogliosis, primary antibodies against GAP43 (Millipore, Billerica, MA, USA) and GFAP (conjugated with cyanine dye (CY3), Sigma-Aldrich, St. Louis, MO, USA) were used. As a secondary antibody, goat anti-mouse IgG (conjugated with Alexa-Fluor 488, Abcam, Bristol, UK) was utilized.

3.7. Microscopy and image analysis

To estimate the number of implanted NPs (iPSC-NPs and SPC-01) 2 months after implantation, every sixth longitudinal spinal cord section (14- μ m thickness) was chosen. Imaging of the whole graft area per section was performed (Observer D1 microscope; Carl Zeiss, Weimar, Germany). The surviving human cells were recognized using MTCO2 staining, and the analysis was performed using ImageJ software [National Institutes of Health (NIH), Bethesda, MA, USA]. The total number of human cells that survived was estimated according to the spinal cord volume in which the cells were found (number of MTCO2 sections multiplied by six). The percentage of surviving transplanted cells was calculated by dividing the estimated total number of surviving cells by the total number of transplanted cells (5×10^5). Data are presented as an average per transplanted group.

For NF κ B (p65) nuclear translocation, microscope LEICA CTR 6500 with software FAXS 4.2.6245.1020 (TissueGnostics, Vienna, Austria) were used to take images of spinal cross sections. Analysis software HistoQuest 4.0.4.0154. (TissueGnostics, Vienna, Austria) was used for evaluation of the density of translocated p65 into cell nuclei per mm². Only DAB positive nuclei were included in the analysis. For each sample, 15 sections 1 mm apart were selected. Lesion centers were located on slide 8. For analysis of NF κ B nuclear translocation, 3 regions of spinal cord injury were established – cranial, lesion center and caudal. There were 5 sections included in each region.

To measure the area of spared white and gray matter, Axioskop 2 plus microscope (Zeiss, Oberkochen, Germany) and ImageJ software (Wayne Rasband, NIH, Bethesda, MD, USA) were used. Volume of lesion cavities that developed in the area of spinal cord lesion 9 weeks after SCI was also assessed. Area of lesion cavities in serially sectioned spinal cords was measured from which the volume of cavity of individual spinal cords was calculated.

For immunohistochemical analysis of axonal sprouting (GAP43) and astrocytic reaction (GFAP), ZEISS AXIO Observer D1 microscope (Carl Zeiss, Weimar, Germany) was used. Either Wizzard (Carl Zeiss), or ImageJ programs were used for image analysis. Images were further processed with Excel (Office 2010, Microsoft) and CorelX6 (Corel Corporation) software. The number of GAP43⁺ fibers per slide was manually counted. The graphical presentation of these results shows the average number of GAP43⁺ fibers

per slide in percentage, when compared with the saline group, which was set to 100%. In analysis of GFAP⁺ cells, the number of protoplasmic astrocytes per slice and the area of GFAP positivity surrounding the main lesion cavity were analyzed using ImageJ.

3.8. qRT-PCR

Expression of rat target genes *Sort1* (*Nt-3*), *Fgf2*, *Olig2*, *Gap43*, *Gfap*, *Vegfa*, *Nfkb1*, *Cntf*, *Mip1a*, *Rantes*, *Cd86*, *Irf5* (M1 macrophage phenotype), and *Cd163* and *Mrc1* (M2 macrophage phenotype), 10 and 28 days after SCI with $n = 5$ per group per time point, was measured using a quantitative real-time reverse transcription polymerase chain reaction (qRT-PCR). RNA was isolated from paraformaldehyde-fixed spinal cord tissue sections, using the High Pure RNA Paraffin Kit (Roche, Penzberg, Germany). RNA was quantified with spectrophotometer (NanoPhotometer™ P-Class, Munchen, Germany), and isolated RNA was reverse transcribed into cDNA using Transcriptor Universal cDNA Master (Roche, Penzberg, Germany) and a thermal cycler (T100™ Thermal Cycler, Bio-Rad, Hercules, CA, USA). Reactions were performed using cDNA solution, FastStart Universal Probe Master (Roche, Penzberg, Germany) and TaqMan® Gene Expression Assays (Life Technologies, Carlsbad, CA, USA): glyceraldehyde 3-phosphate dehydrogenase/*Gapdh*/Rn01775763_g1, neurotrophin 3/*Sort1*/Rn01521847_m1, basic fibroblast growth factor/*Fgf2*/Rn00570809_m1, oligodendrocyte lineage transcription factor 2/*Olig2*/Rn01767116_m1, growth associated protein 43/*Gap43*/Rn01474579_m1, glial fibrillary acidic protein/*Gfap*/Rn00566603_m1, vascular endothelial growth factor A/*Vegfa*/Rn01511601_m1, nuclear factor of kappa B1/*Nfkb1*/ Rn01399572_m1, ciliary neurotrophic factor/*cntf*/ Rn00755092_m1, macrophage inflammatory protein 1α/*Ccl3*/Rn01464736_g1, chemokine (C-C motif) ligand 5/*RANTES*/*Ccl5*/Rn00579590_m1, CD86/Rn00571654_m1, CD163/Rn01492519_m1, interferon regulatory factor 5/*Irf5*/Rn01500522_m1, macrophage mannose receptor 1/*Mrc1*/Rn01487342_m1. Final reaction volume was 10 μL containing 25 ng of extracted RNA. Real-time PCR cycler (StepOnePlus™, Life Technologies, Carlsbad, CA, USA) was used for amplification. Following cycling conditions were used: 2 min at 50 °C, 10 min at 95 °C, followed by 40 cycles of 15 s at 95 °C and 1 min at 60 °C. Relative quantification of gene expression was determined using the $\Delta\Delta C_t$ method. Data was analyzed with StepOnePlus® software (Life Technologies, Carlsbad, CA, USA). For normalization of gene expression levels we used the *Gapdh* gene as a

reference. A log₂ scale was used to display the symmetric magnitude for up- and down-regulated genes. From the obtained values of the control animals (SCI treated with vehicle), arithmetical mean was calculated and this value was set as zero. The statistical analysis was performed from $\Delta\Delta C_t$ values of controls as well as treated animals.

3.9. Luminex

Levels of inflammatory cytokines in the spinal cord were determined 1, 3, 7, 10 and 14 days after SCI and application of anti-inflammatory compounds, stem cells or vehicle ($n = 5$ per group, per time point). Fresh spinal cords were removed and kept on ice, then a 2 mm long segment from the center of the lesion was dissected and incubated in cell culture media (DMEM, Sigma-Aldrich, St. Louis, MO, USA) supplemented with 10% fetal bovine serum (FBS) and 0.2% primocin for 24 h. Secretory cytokine levels were measured in the collected media. A customized Milliplex inflammatory cytokine kit (Millipore, Billerica, MA, USA) and Luminex instrumentation software were used to determine the levels of inflammatory cytokines. Rat cytokine Luminex custom eight-plex kits (for IL-2, IL-4, IL-6, IL-8, IL-10, IL-12p70, IFN γ , TNF α , MIP-1 α) were used for customized bead assays. Assays were performed in 96-well filter bottom plates, according to the manufacturer's protocol. Antibody conjugated beads were used at a concentration of 5000 beads per marker and were incubated overnight with samples. Biotinylated detection antibody with streptavidin-RPE (streptavidin-R-Phycoerythrin) (Life Technologies, Carlsbad, CA, USA) was used to measure the levels of cytokines using Luminex xMAP 200 system (Luminex, Madison, WI, USA). Data was processed using Magpix instrumentation software. Mean fluorescence intensity (MFI) was used to calculate concentrations of individual cytokines; a four- or five-parameter logistic fit curve was generated for each cytokine from seven standards. The lowest standard, at least three-times above the background, was used to determine the lower limit of quantification (LLOQ). The LLOQ was calculated by subtracting the background (diluent) from the MFI of the lowest standard concentration and back-calculating the concentration from the standard curve.

3.10. BBB

The Basso Beattie and Bresnahan (BBB) test was used to evaluate hind limb locomotor performance (Basso et al., 1995). Treated ($n = 12$) or control ($n = 12$) rats were placed into circular arena and scored using 0-21 point scale. The BBB score reflects quality of

joint movement, paw placement, weight support, forelimb-hind limb coordination and trunk stability, 0 is assigned to no movement and 21 to normal performance (Tab. 2).

Score	Description
0	No visible movements of hind limbs.
1	Slight movement of 1 or 2 joints, typically of the hip and/or the knee.
2	Significant movement of 1 joint. Significant movement of 1 joint + slight movement of additional joint.
3	Significant movement of 2 joints.
4	Slight movement of all 3 joints.
5	Slight movement of 2 joints + significant movement of 3 rd joint.
6	Significant movement of 2 joints + slight movement of 3 rd joint.
7	Significant movement of 3 joints.
8	Sweeping motion without weight support. Plantar paw placement without weight support.
9	Plantar paw placement with weight support only when standing. Irregular, frequent or consistent gait on <i>dorsum pedis</i> with weight support and absence of plantar paw placement.
10	Irregular plantar paw placement with weight support but with no forward-backward coordination.
11	Frequent to consistent plantar paw placement with weight support but with no forward-backward coordination.
12	Frequent to consistent plantar paw placement with weight support with irregular forward-backward coordination.
13	Frequent to consistent plantar paw placement with weight support with frequent forward-backward coordination.
14	Consistent plantar paw placement with weight support and consistent forward-backward coordination. Paw rotates
15	Consistent plantar paw placement with weight support and consistent forward-backward coordination. No toe movements, paw is parallel to the body upon first contact and rotates upon lifting.

16	Consistent plantar paw placement with weight support and consistent forward-backward coordination. Frequent toe movements, paw is parallel to the body upon first contact and rotates upon lifting.
17	Consistent plantar paw placement with weight support and consistent forward-backward coordination. Frequent toe movements, paw is parallel to the body upon first contact and upon lifting.
18	Consistent plantar paw placement with weight support and consistent forward-backward coordination. Consistent toe movements, paw is parallel to the body upon first contact and rotates upon lifting.
19	Consistent plantar paw placement with weight support and consistent forward-backward coordination. Consistent toe movements, paw is parallel to the body upon first contact and upon lifting. Tail is on the ground part of the time/all the time.
20	Consistent plantar paw placement with weight support and consistent forward-backward coordination. Consistent toe movements, paw is parallel to the body upon first contact and upon lifting. Instability of the trunk. Tail is lifted consistently.
21	Consistent plantar paw placement with weight support and consistent forward-backward coordination. Consistent lifting of toes and tail, trunk is stable.

Tab. 2 Scoring of the open field BBB test (Basso et al., 1995).

3.11. Flat beam

Flat beam test was used to analyze complex motor function of rats after spinal cord injury. The apparatus consists of a 3.4-cm-wide and 140-cm-long wooden rectangular beam with a goal box placed at the end. Only the central 1 meter long part of the beam was selected for the motor performance evaluation. A video-tracking system (TSE-Systems Inc., Bad Homburg, Germany) recorded and measured the latency and trajectory of the rat to traverse the beam for maximum of 60 seconds. Animals were pre-trained before surgery inducing spinal cord injury, and then again before each testing, which started on the 3rd week after SCI. Rats were scored using the modified Goldstein

score (Goldstein et al., 1997) on a scale from 0-7, starting with no ability to balance and progressing to crossing the whole length of the beam properly using both hind limbs.

3.12. Plantar test

Hind paw withdrawal latency due to thermal stimulus was evaluated with specialized Plantar test device (Ugo Basile, Comerio, Italy). Rats were placed into a chamber and received thermal stimulus to the hind paws through a glass plate. Their withdrawal latencies were measured 5 times for each hind paw. The average of five values was used for statistical evaluation. Hyperalgesia was defined as a significant decrease in withdrawal latency.

BBB and plantar tests were performed prior to spinal cord surgery and then weekly after SCI.

3.13. Rotarod

Rotarod unit (Ugo Basile, Comerio, Italy) was used to test the motor function and forelimb-hind limb coordination of the rats. Rats were pre-trained before SCI. Speed of 5 rpm was used, and the latency to fall from the rotating rod was recorded.

Rotarod test and flat beam tests require more complex motor abilities of the rats, hence testing procedures started on the 3rd week after SCI and then on the 5th, 7th and 9th weeks after surgery.

3.14. Statistical analysis

Several statistical tests were used in our studies. Two-way repeated measurement (RM) ANOVA was always used to evaluate behavioral results. Two-way RM ANOVA was also used to test differences in spared gray/white matter and GFAP spatial distribution in addition to treatment effect. Differences in NF κ B nuclear translocation between groups or location within injured spinal cords were tested using three-way ANOVA and two-way ANOVA with *post hoc* test Student, Neumann, Keuls (SNK) or with Bonferroni posttests. For immunohistochemical analysis of GAP43 and cavity size, one-way ANOVA or T-tests were used. Relative gene expression of genes related to regeneration and macrophage phenotypes and analysis of cytokine production were tested using two-way ANOVA. Statistical analyses were performed using either GraphPad Prism 5 (La Jolla, CA, USA) or Sigmastat 3.1 (Sistat Software Inc., San Jose,

CA, USA). Differences were considered significant * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$.

All data is shown as means \pm standard error of the mean.

4. Results

The first and second section of results are based on data from listed articles:

Machova Urdzikova L, Ruzicka J, Karova K, Kloudova A, Svobodova B, Amin A, Dubisova J, Schmidt M, Kubinova S, Jhanwar-Uniyal M, Jendelova P. (2017) A green tea polyphenol epigallocatechin-3-gallate enhances neuroregeneration after spinal cord injury by altering levels of inflammatory cytokines. *Neuropharmacology*. Nov;126:213-223.

Machova Urdzikova L, Karova K, Ruzicka J, Kloudova A, Shannon C, Dubisova J, Murali R, Kubinova S, Sykova E, Jhanwar-Uniyal M, Jendelova P. (2015) The Anti-Inflammatory Compound Curcumin Enhances Locomotor and Sensory Recovery after Spinal Cord Injury in Rats by Immunomodulation. *Int J Mol Sci*. Dec 31;17(1).

Karova K, Machova Urdzikova L, Ruzicka J, Jhanwar-Uniyal M, Jendelova P. Transplantation of neural precursors generated from spinal progenitor cells reduce inflammation in spinal cord injury via NF κ B pathway modulation. – Manuscript in preparation

4.1. NF κ B pattern of activation in injured spinal cord

Our results of immunohistochemical analysis of spinal cords at 1, 3, 7, 10, 14 and 28 days after spinal cord injury indicate, that NF κ B (p65) nuclear translocation is most pronounced in central areas of spinal cord lesions with mild increase cranially and caudally. NF κ B (p65) nuclear translocation is elevated in the cranial and caudal parts of the injury and remains at similar levels in all time points (Fig. 11A). However, the course of p65 nuclear translocation in lesion center shows 2 peaks, first at 3 days after SCI and second at 28 days after injury reaching the highest value. We found strong NF κ B activity at the last time point, which was significantly higher than all other time points with the exception of NF κ B activity analyzed 3 days after induction of SCI. Moreover, NF κ B translocation was found to be significantly higher at 3 days after SCI compared to 1 day interval (Fig. 11B).

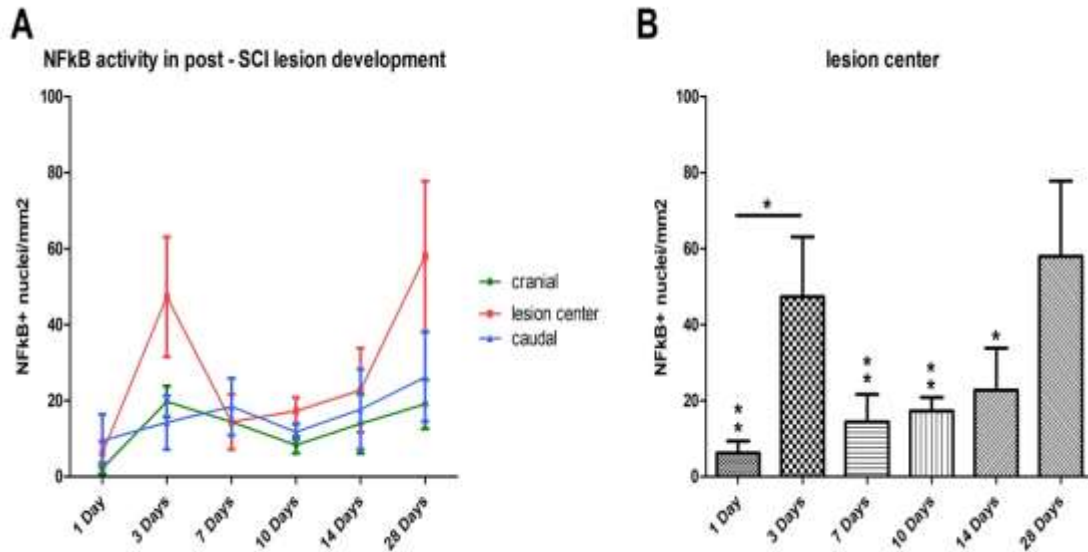


Fig. 11 Pattern of NFκB activity in lesion center and areas cranially and caudally from lesion center 1, 3, 7, 10, 14 and 28 days after injury, represented as number of p65⁺ nuclei per mm². **(A)**. In the lesion center, significantly different to all other time points with the exception of 3 days after injury is data from group 28 days after SCI. NFκB related transcription is also significantly higher 3 days after injury when compared with 1 day interval **(B)**. Data is expressed as mean and the standard error of the mean (SEM) with **p* < 0.05, ***p* < 0.01 indicating statistical significance.

4.2. Effects of EGCG or curcumin treatments on spinal cord injury

4.2.1. Modulation of NFκB activity

Density of NFκB p65⁺ nuclei per 1 mm² was evaluated on transversal spinal cord sections in lesion centers and areas cranially and caudally at days 3, 7 and 28 after inducing spinal cord injury in animals treated with EGCG or saline and 1, 3, 7, 10, and 28 days after SCI in curcumin or vehicle treated animals.

We discovered that EGCG is strongly effective in decreasing NFκB activity in all tested time points when compared with controls. Translocation of p65⁺ nuclei 3 days after injury was significantly reduced in the lesion center (Fig. 12A), whereas 7 days after injury such reduction was observed cranially to the lesion center (Fig. 12B). Moreover, activity of p65 associated canonical NFκB pathway was markedly reduced in all evaluated areas of spinal cord injury, cranial, central and caudal 28 days after SCI (Fig. 12C, Fig. 13A, A1).

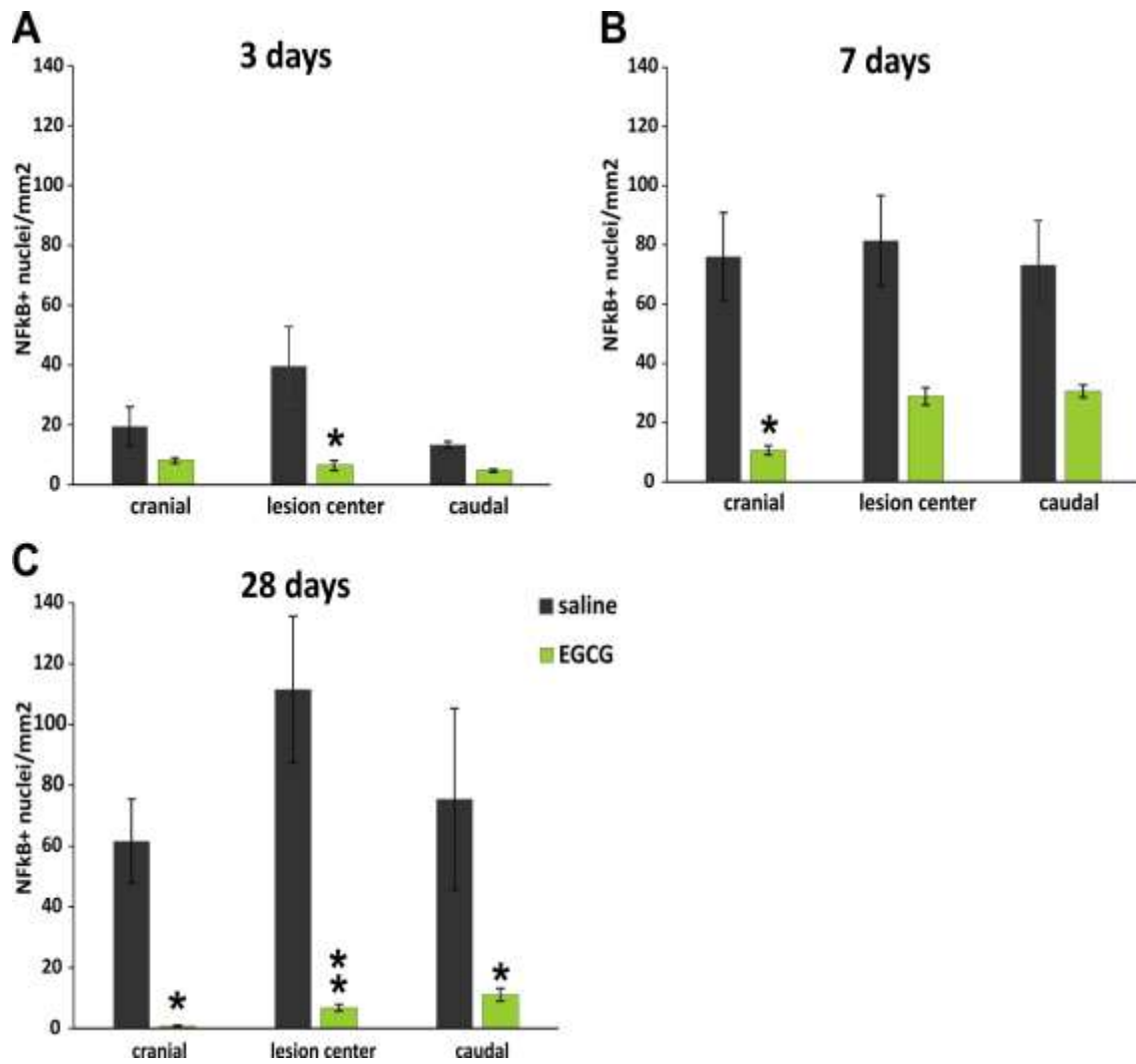


Fig. 12 Treatment with EGCG significantly reduced p65 associated NFκB pathway activation 3 days after SCI in the lesion center. Overall, the effect of EGCG was significant when compared to saline controls (A). Significant reduction in p65 + nuclei density was observed 7 days after SCI, with a local significant difference in the cranial part of the spinal cord injury (B). At 28 days after SCI, density of p65 + nuclei was further decreased and EGCG treatment proved to be highly significant (C). Additionally, three-way ANOVA revealed an overall significance of EGCG in decreasing p65 + nuclei density. Data is expressed as mean and the standard error of the mean (SEM) with $*p < 0.05$, $**p < 0.01$ indicating statistical significance.

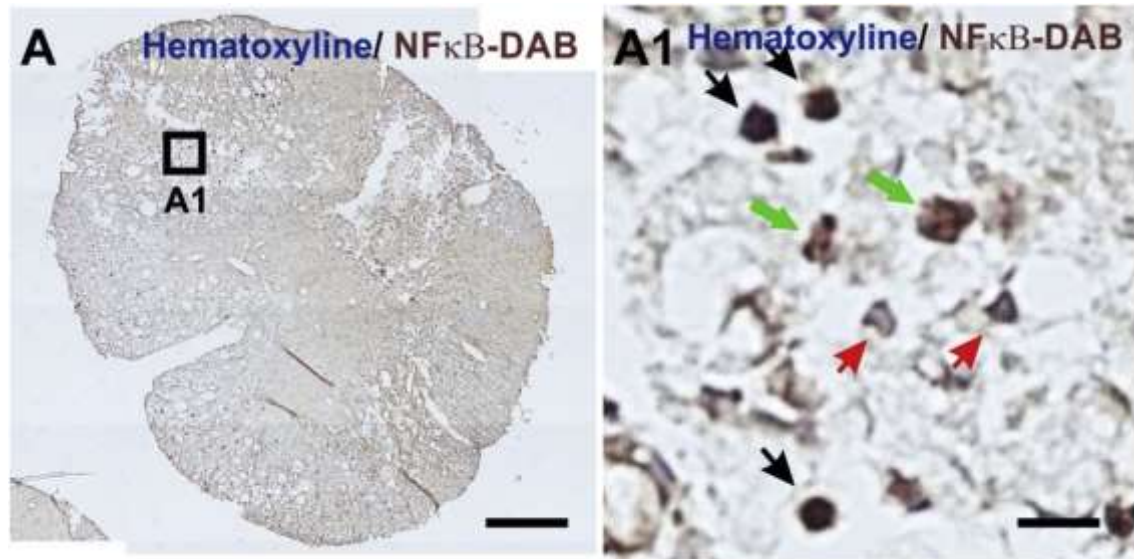


Fig. 13 Representative images show a section of the spinal cord lesion stained with hematoxyline and NFκB-DAB after EGCG treatment 28 days after SCI (**A**). Black arrows indicate nuclei containing p65 (RelA) proteins of the NFκB dimer. In contrast, red arrows indicate NFκB⁻ nuclei stained with hematoxyline and cells with p65 in their cytoplasm highlighted with green arrows (**A1**). Bar A = 500 μm, Bar A1 = 20 μm.

Similar results were obtained when analyzing spinal cords from animals treated with curcumin. In control animals, the highest number of NFκB-positive nuclei was observed at 10 days after SCI, followed by a slight decrease (Fig. 14d, E). Treatment with curcumin resulted in a significant reduction of NFκB activity at all studied time points when compared to control rats with the exception of 1 day after SCI (Fig. 14A), when only a local reduction was seen caudally from the lesion center. At the other time points, curcumin treated rats displayed a marked reduction in NFκB p65⁺ nuclei, especially in the central parts of the injury (Fig 14B, C, D, E). At later time points (10 and 28 days after SCI), translocation of p65 into cell nuclei was essentially prevented by curcumin treatment in all evaluated areas of the spinal cord tissue (Fig. 14 D, E).

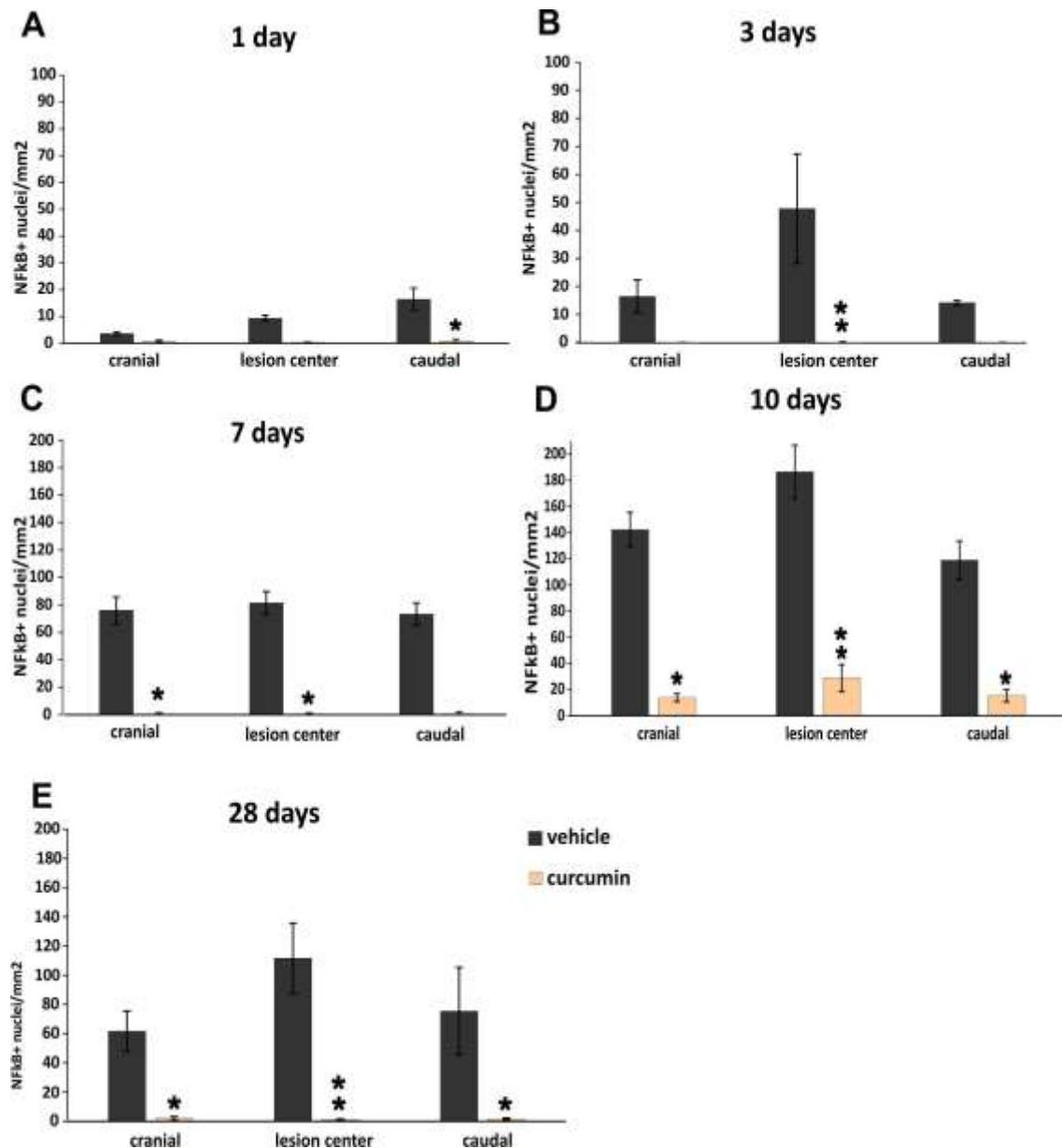


Fig.14 NFκB activity was assessed at days 1, 3, 7, 10 and 28 after SCI in control and curcumin treated rats. Graphs depict a significant decrease in NFκB activity measured by its nuclear translocation, in the central, cranial and caudal parts of the spinal cord lesion after curcumin treatment, which was observed at all time points. Data is expressed as mean and SEM with $*p < 0.05$, $**p < 0.01$ indicating statistical significance.

4.2.2. Cytokine production

Levels of secreted cytokines were determined using a customized Milliplex inflammatory cytokine kit (Millipore, Billerica, MA, USA) and Magpix instrumentation software MILLIPLEX (Millipore, Billerica, MA, USA). In animals treated with EGCG or their respective controls, cytokine production was assessed at 1, 3, 7, 10 and 14 days after induction of spinal cord injury, whereas in animals treated with curcumin or

vehicle, additional time point of 28 days after SCI was added. Both EGCG and curcumin proved to be potent modulators of cytokine production.

Treatment with EGCG was observed to be effective the most on the first day after SCI, with significantly reduced levels of MIP- α , IL-6 and RANTES (Fig. 15A), while levels in control group remained at stable elevated levels for 7 days and later decreasing to similar levels as in EGCG treated animals. Production of IL-4 showed significant increase in the EGCG treated group at day 1 compared to the saline treatment and continued to display insignificantly elevated levels throughout the experiment. We observed that the overall inflammatory response after EGCG treatment was decreased. Additionally, levels of IL-2 were significantly reduced 3 days after SCI (Fig. 15B) in the EGCG treated group and levels of IL-12 p70 and TNF- α gradually decreased during the first week of treatment after significant upregulation on the first day after SCI (Fig. 15A, B, C). Levels of IL-1 β were significantly higher in the EGCG treated animals 14 days after SCI compared to controls (Fig 15E).

The most pronounced effect of curcumin treatment on cytokine production was observed in levels of MIP-1 α , IL-2, IL-6, IL-12 p70, and RANTES and this was measured during the whole course of the experiment up until 28 days after SCI (Fig. 16). Additionally, changes in production rate of IL-4, IL-1 β and TNF- α were detected in all time points. In curcumin treated rats, levels of IL-2 were found to be significantly lower than in untreated animals on the 1st and 3rd day after SCI and then again 14 and 28 days after injury (Fig. 16A, B, E, F). On days 7 and 10, IL-2 levels still tend to be lower, although without reaching statistical significance (Fig. 16C, D). Levels of TNF- α were significantly lowered in the spinal cords of animals receiving curcumin compared to controls 1 and 14 days after SCI (Fig 16A, E). In contrast, RANTES and MIP-1 α were detected in higher concentrations in control spinal cords at the beginning and at the end of the 28-day period. Animals treated with curcumin produced significantly higher levels of IL-6 and IL-12 p70 than vehicle treated controls 14 and 28 days after SCI (Fig. 16E, F). Curcumin treated group showed significantly higher levels of IL-4 on the 28th day following SCI (Fig. 16F).

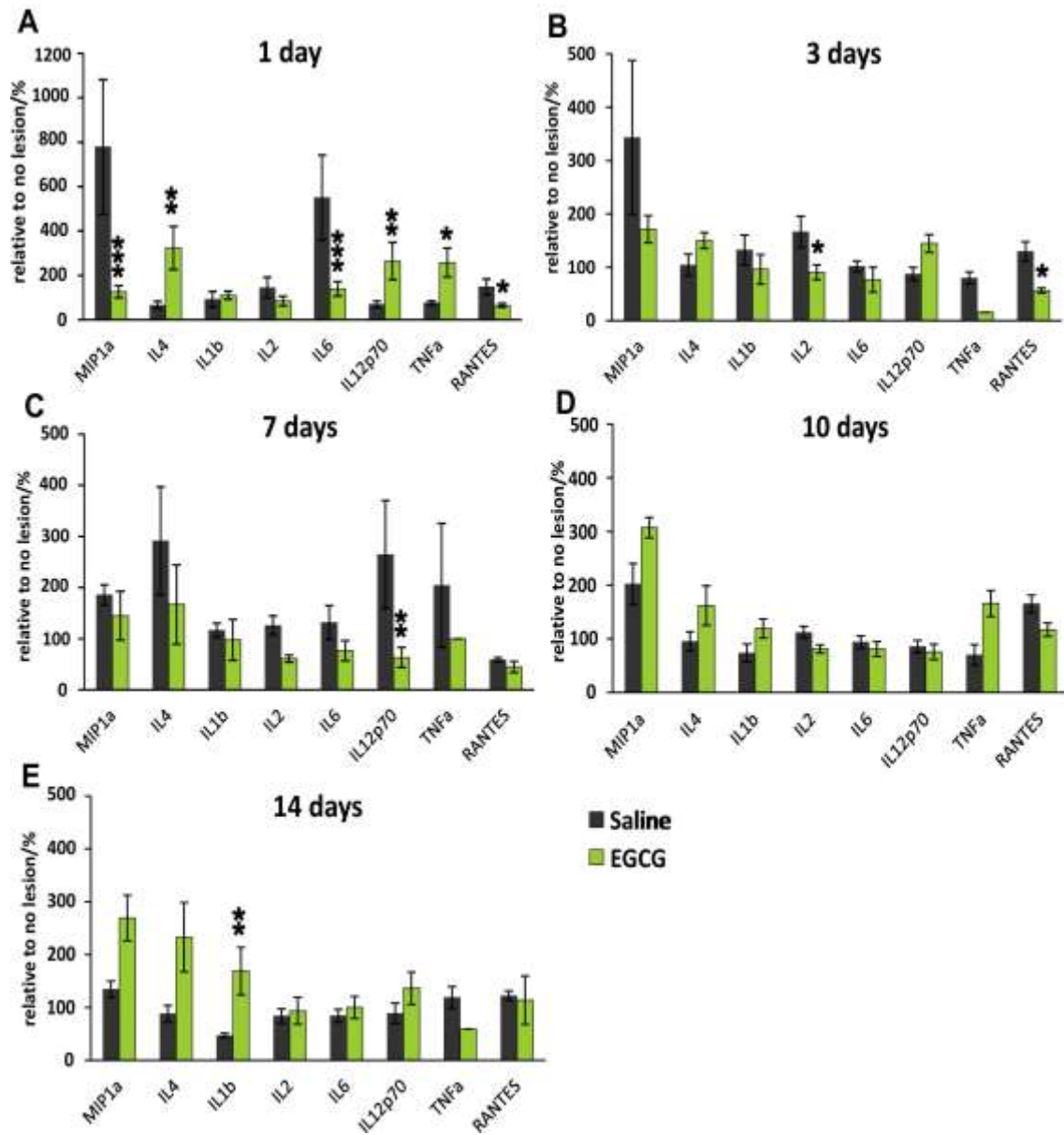


Fig. 15 Levels of pro-inflammatory cytokines 1, 3, 7, 10 and 14 days after SCI in EGCG and saline-treated groups. Levels of MIP-1 α , IL-6 and RANTES were downregulated after EGCG treatment compared to saline treatment 1 day after SCI (A). Levels of IL-1b (14 days), IL-4 and TNF- α (1 day) were significantly upregulated in EGCG-treated group (A, E). The first day after SCI, IL-12 p70 was upregulated (A) after EGCG treatment, but 7 days after SCI (C) it was significantly reduced compared to controls. Data is expressed as mean and SEM with * $p < 0.05$, ** $p < 0.01$, and *** $p < 0.001$ indicating statistical significance.

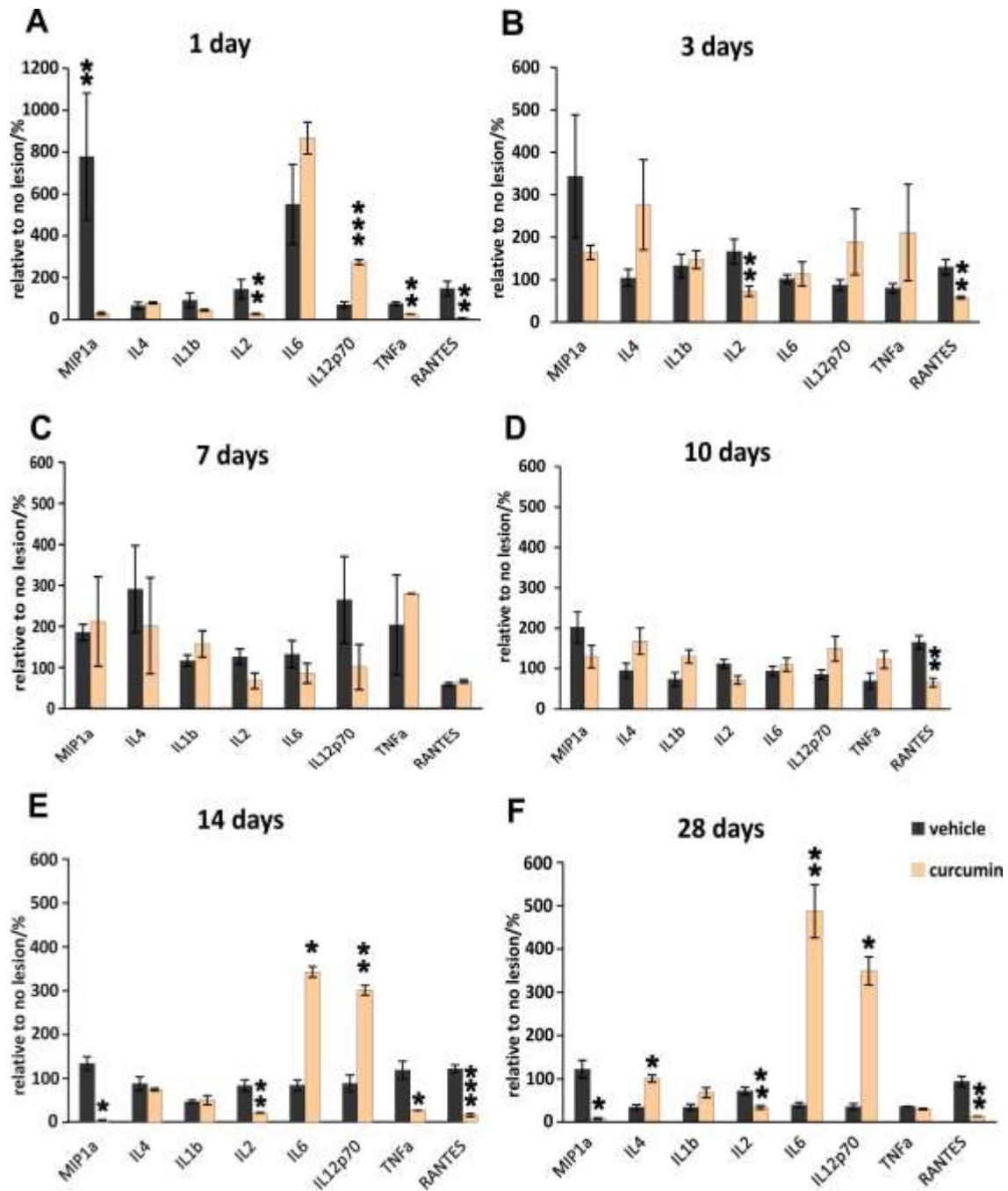


Fig. 16 Levels of pro-inflammatory cytokines 1, 3, 7, 10, 14, and 28 days after SCI in curcumin- and vehicle-treated rats. The levels of IL-2 were significantly lower in the curcumin-treated group compared to vehicle treatment 1 and 3 days after SCI (**A, B**); The levels of cytokines 7 and 10 days after SCI were not significantly influenced by curcumin treatment with the exception of RANTES, which was more abundant in control spinal cords 1, 3, 10, 14, and 28 days after SCI (**C, D**); The levels of TNF- α reached statistical significance in curcumin-treated spinal cords compared to controls 1 and 14 days after induction of the lesion. IL-2 again significantly decreased 14 and 28 days after injury in the curcumin group (**E, F**). IL-6 and IL-12p 70 were upregulated by curcumin treatment on day 1 and then 14 and 28 days post-lesion. MIP-1 α reached significantly higher levels in the control group 1, 14 and 28 days after SCI. Data is expressed as mean and SEM with * $p < 0.05$, ** $p < 0.01$, and *** $p < 0.001$ indicating statistical significance.

4.2.3. Gene expression

At 10 and 28 days after spinal cord injury, using qRT-PCR, we determined the expression of genes involved in regeneration processes such as axonal sprouting (*Gap43*), growth factor production (*Vegfa*, *Sort1*, *Fgf2*, *Cntf*), glial cells response (*Gfap*, *Olig2*) as well as inflammatory response, namely polarization of macrophage phenotypes (*Cd86*, *Irf5*, *Cd163*, *Mrc1*), and expression of *Nfkb1*, which encodes p105 later processed to produce p50, one of Rel proteins capable of forming NFκB dimers. Typical dimer involved in canonical pathway consists of p50 and p65.

EGCG treatment caused upregulation of *Fgf2* and *Vegf* genes in the spinal cord tissue 28 days after SCI (Fig. 17B). Macrophage phenotype related genes were modulated by EGCG treatment, significantly elevating all genes (*Cd86*, *Irf5*, *Cd163*, *Mrc1*) when compared to saline treated animals. *CD86* gene showed a trend toward statistical significance in its reduction over time suggesting decreasing number of CD86⁺ macrophages at injury site. On the contrary, *CD163* gene displayed a strong trend toward statistical significance in its increase over time (Fig. 17C, D).

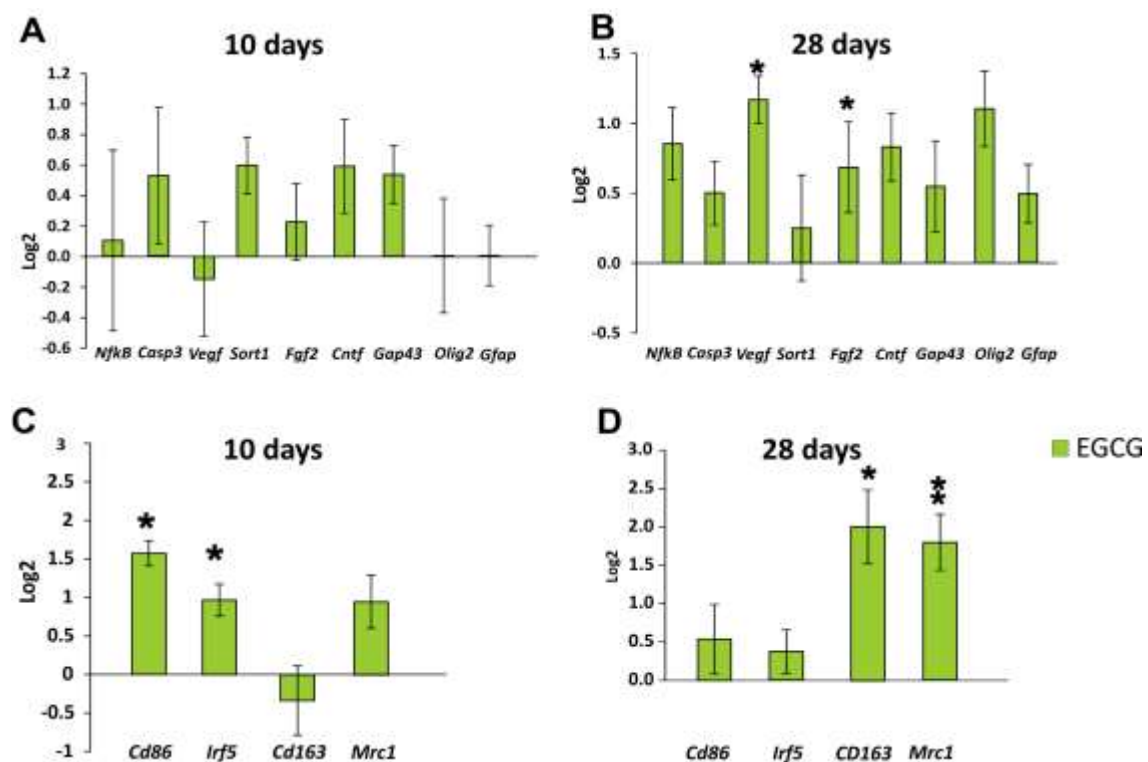


Fig. 17 Gene expression reflecting regenerative processes in the centers of spinal cord lesions, 10 and 28 days after SCI relative to saline (A, B). Genes related to the macrophage phenotypes M1/M2 (C, D). Data is expressed as mean and SEM (ΔΔCt values of EGCG vs. saline) with * $p < 0.05$, ** $p < 0.01$ indicating statistical significance.

Expression of studied genes was not markedly changed after curcumin treatment. Significant decrease of mRNA transcription was detected in case of *Gfap* at 10 days, while *Irf5* expression was upregulated at 10 days and *Gap43* at 28 days (Fig. 18A, B). This decrease of expression of *Gfap* was in line with our histological findings, where a significantly smaller GFAP⁺ area was found in animals treated with curcumin (Fig. 22). Similarly, the downregulation of *Rantes* and *NFκB1* levels corresponded with results of the cytokine analysis and, in case of NFκB1, also to the immunohistochemical staining of NFκB p65⁺ nuclei suggested inhibition of canonical NFκB pathway.

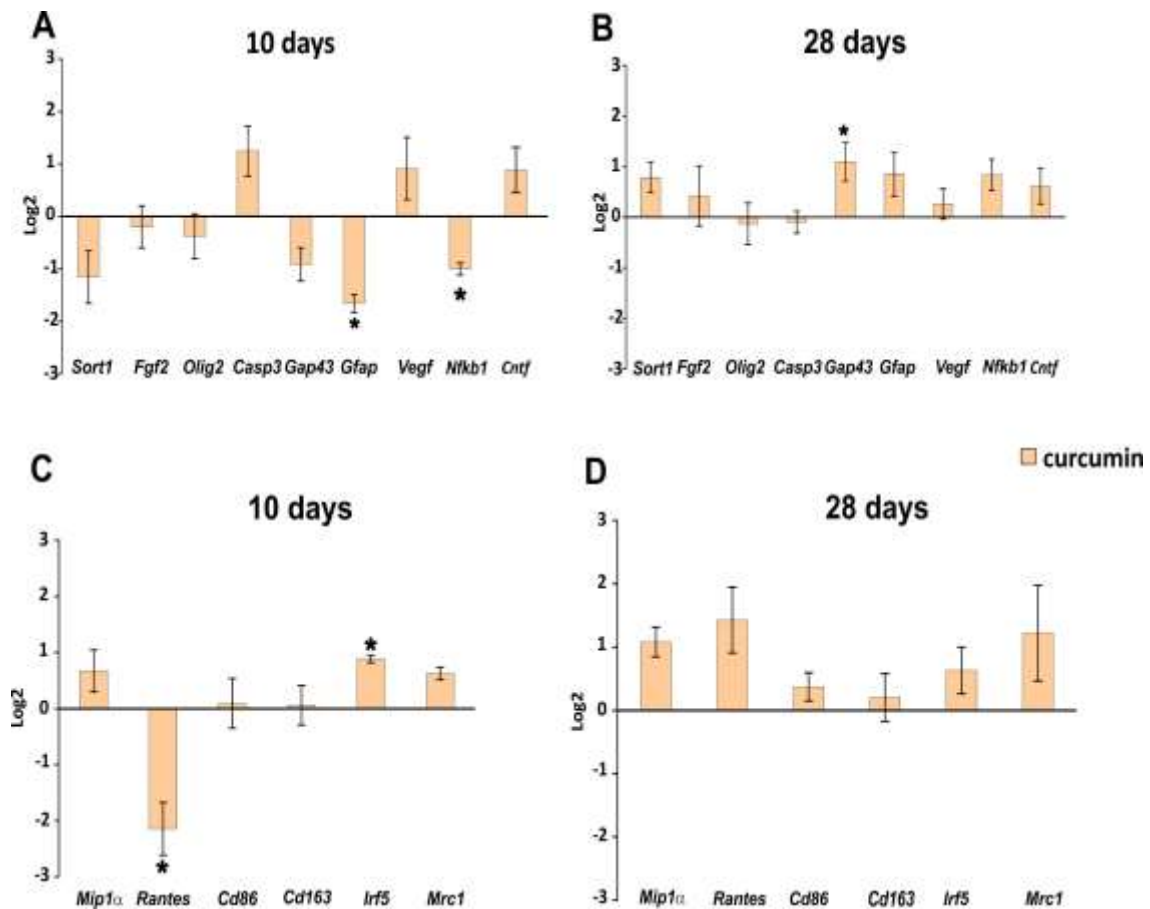


Fig. 18 Gene expression in lesion centers 10 and 28 days following SCI. Graphs show genes related to regenerative processes (growth factors, apoptosis, axonal sprouting, astrogliosis) (A,B) and to immune response (cytokines macrophage phenotypes M1/M2) (C,D). Graphs show the log2-fold changes of the indicated genes 10 and 28 days after curcumin treatment in comparison to the control values. Data is expressed as mean and SEM ($\Delta\Delta Ct$ values of curcumin vs. vehicle) with * $p < 0.05$ indicating statistical significance.

4.2.4. Sparing of white and gray matter and changes in cavity size

Morphometric measurement of gray and white matters was performed to determine levels of preservation of the spinal cord tissue after treatments with anti-inflammatory

compounds or their respective controls. This data was also used to calculate cavity sizes 9 weeks after spinal cord injury.

After treatment with EGCG, most of the preservation of white matter in spinal cords was detected cranially to the lesion center when compared to saline controls. However, this observation did not reach statistical significance (Fig 19A). The EGCG treatment resulted in gray matter sparing in both caudal and cranial areas of the spinal lesion when compared to controls and reached significance 5 mm caudally from the lesion center (Fig. 19B). Calculated volume of lesion cavities was similar in both treatment and control groups with observed statistical significance.

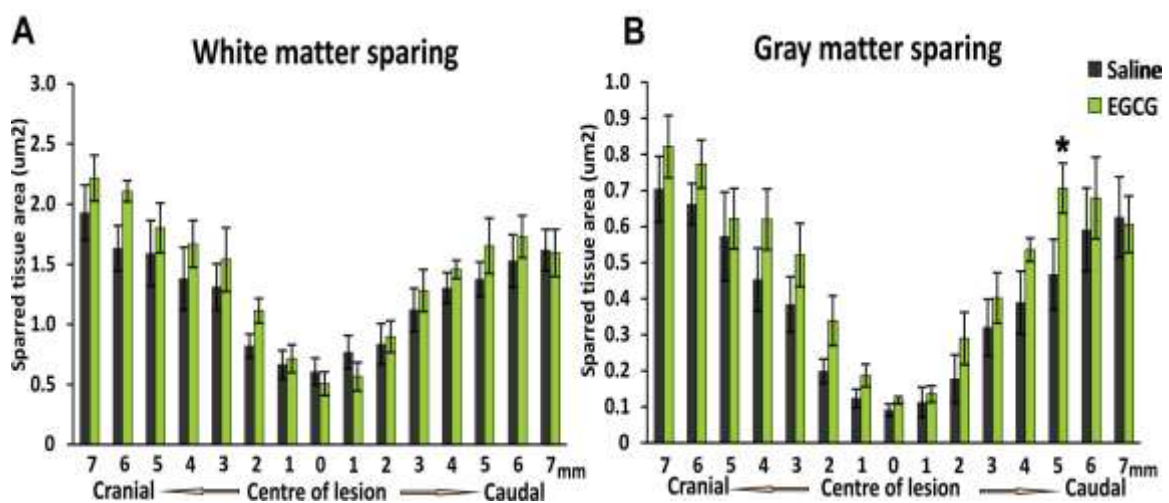


Fig. 19 Area of spared white matter (**A**) and gray matter (**B**) after treatment with EGCG or saline in lesion centers and in cranial and caudal areas of spinal cords. Data is expressed as mean and SEM with * $p < 0.05$ indicating statistical significance.

After curcumin treatment, insignificantly larger portion of white matter was preserved when compared with control group, which was observed at 4–5 mm caudally and 5–7 mm cranially from the lesion center. Gray matter in the curcumin treated group was also more preserved 4–5 mm caudally and 4–7 mm cranially from the spinal cord lesion when compared to controls, but this was not shown to be significant (Fig. 20). Volume of cavities in the spinal cord tissue was significantly smaller after curcumin treatment compared to controls, while no difference in cavity size was found after EGCG treatment (Fig. 21).

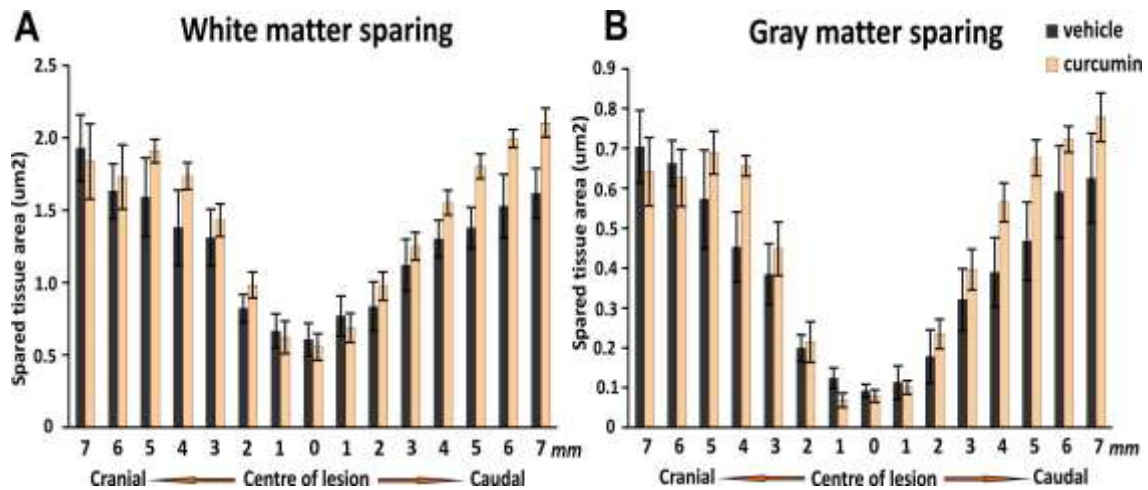


Fig. 20 Area of spared white (A) and gray matter (B) after treatment with curcumin or vehicle in lesion centers and in cranial and caudal areas. Data is expressed as mean and SEM with * $p < 0.05$ indicating statistical significance.

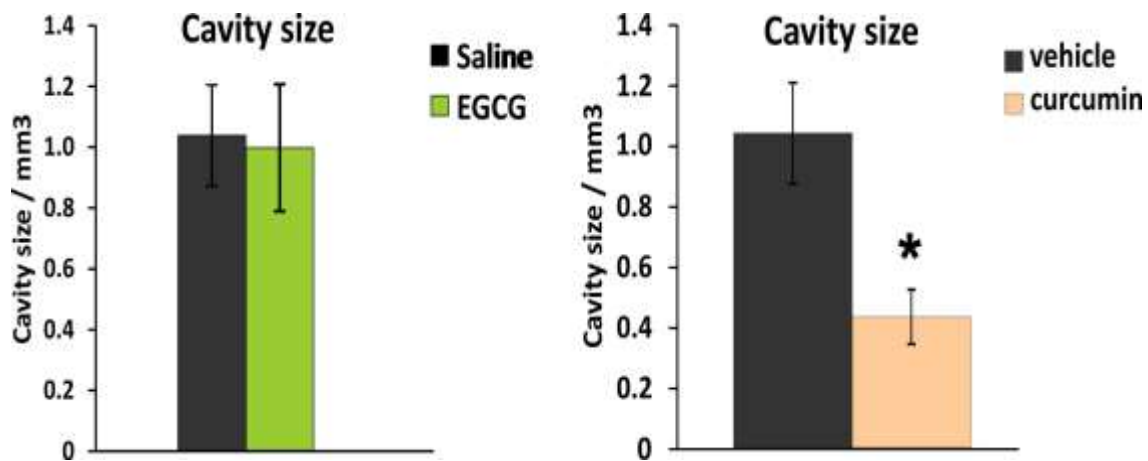


Fig. 21 Cavity size of saline treated animals compared to animals treated with EGCG (A) or curcumin (B). Data is expressed as mean and SEM with * $p < 0.05$ indicating statistical significance.

4.2.5. Glial scar and astrocyte activation

Area positive to GFAP staining was measured 9 weeks after injury in animals as well as the number of protoplasmic astrocytes. Glial scar formation was compared between animals treated with EGCG or curcumin and their respective controls. In animals treated with EGCG, the area of glial scar was larger in saline treated rats, although this observation did not reach statistical significance (Fig. 22A). The number of protoplasmic astrocytes was also higher in saline treated rats, which reached statistical significance at 3 mm cranially from the lesion center (Fig. 22B).

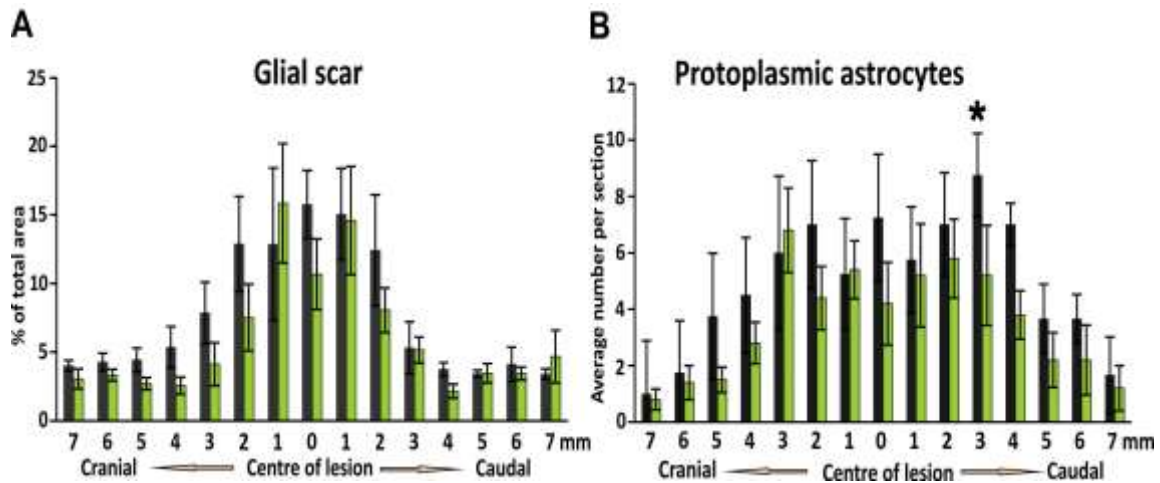


Fig. 22 Total GFAP positive area in cranial, central and caudal areas of spinal cord lesion depicting glial scar distribution (A) and average number of protoplasmic astrocytes in all 15 sections of spinal cords (B) of animals treated with EGCG or saline. Data is expressed as mean and SEM with * $p < 0.05$ indicating statistical significance.

Distribution of glial scar in curcumin treated rats was similar with controls in peripheral regions of spinal cord, however significantly stronger positivity was seen around the central part of the lesion area in control animals suggesting its attenuation due to curcumin treatment (Fig. 23A). Moreover, the number of protoplasmic astrocytes was significantly higher in lesion center and its vicinity in animals of the control group (Fig. 23B).

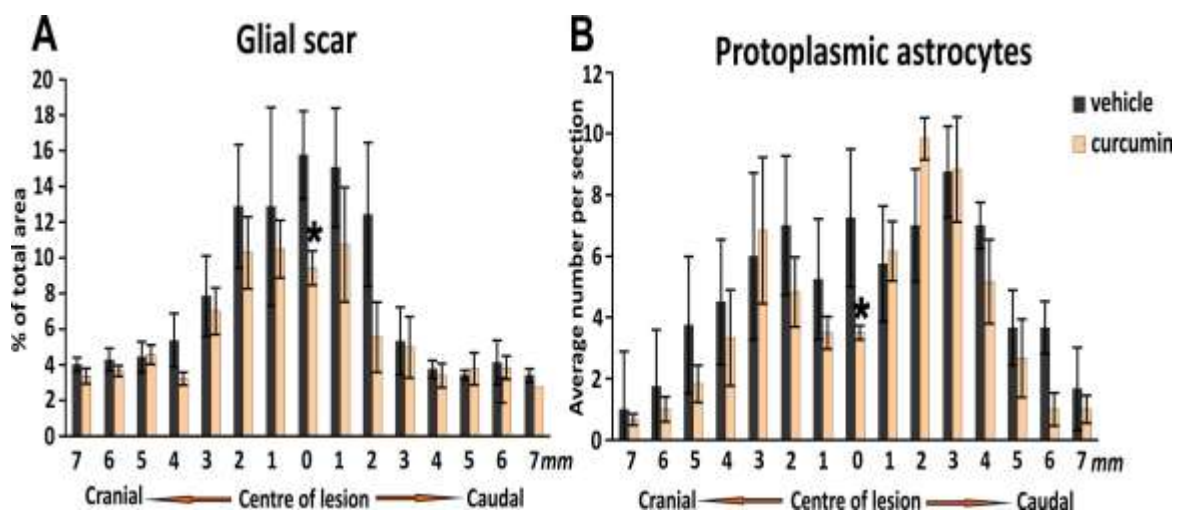


Fig. 23 Total GFAP positive area in cranial, central and caudal areas of spinal cord lesion depicting glial scar distribution (A) and average number of protoplasmic astrocytes in all 15 sections of spinal cords (B) of animals treated with curcumin or vehicle. Data is expressed as mean and SEM with * $p < 0.05$ indicating statistical significance.

4.2.6. Axonal sprouting

The level of axonal sprouting was assessed by counting GAP43 positive fibers 9 weeks after SCI. Analysis of GAP43⁺ fibers after EGCG treatment showed a significantly enhanced level of axonal sprouting compared to controls (Fig. 24A, B). Despite EGCG proving to be a simulator of new axonal growth, treatment with anti-inflammatory substance curcumin did not prove to have such effect (Fig. 25).

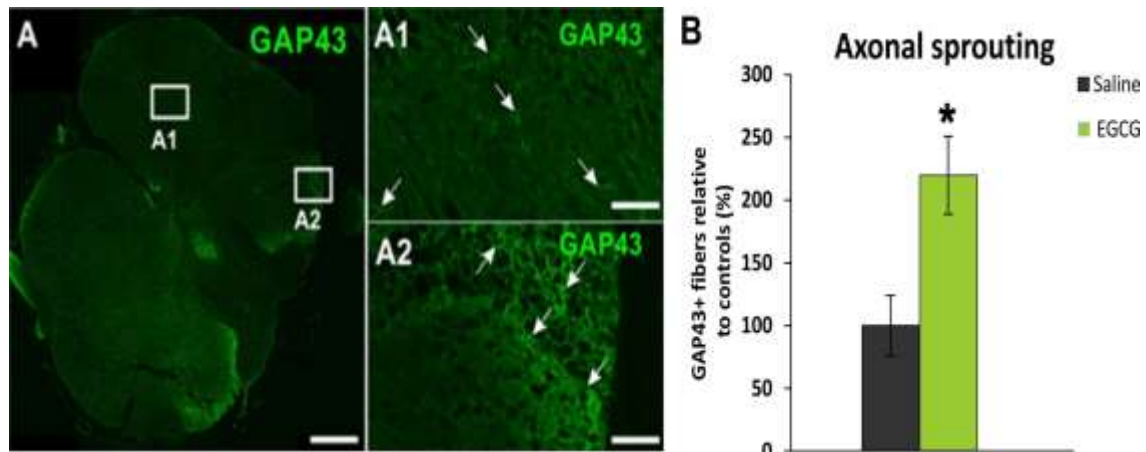


Fig. 24 Expression of GAP43 on transversal section of the spinal cord lesion after EGCG treatment. Arrows indicate GAP43 positive newly sprouted axons. Scale bar 500 μ m (A), 20 μ m (A1). EGCG treatment significantly supports axonal sprouting in spinal cord lesion (B). Data is expressed as mean and SEM with * $p < 0.05$ indicating statistical significance.

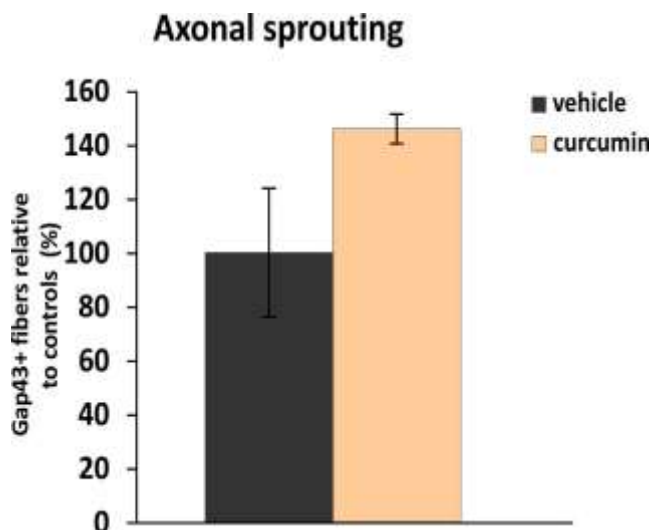


Fig. 25 Amount of GAP43⁺ fibers in spinal cords of rats treated with curcumin or vehicle. Significant differences were not found. Data is expressed as mean and SEM.

4.2.7. Functional outcomes

A set of behavioral tests was used to determine changes in motor and sensory functions in hind limbs of rats treated with anti-inflammatory compounds or control animals. Locomotive function of hind limbs was determined once per week for 9 weeks after SCI using the BBB motor performance test, flat beam test and rotarod test. At day 0 after inducing spinal cord compression lesion, rats were scored with 0, representing no movement and control of hind limbs. A withdrawal latency of hind limbs to thermal stimulus was evaluated once per week to detect changes in sensory function using Plantar test.

Flat beam test was used to measure recovery of motor function and coordination of rat hind limbs. Flat beam test reveals the level of coordination and balance. This test precisely detects motor deficits and their improvement in time. Immediately after SCI, performance of rats treated with EGCG started to improve, when compared to saline-treated animals, which became significant in the 6th week of treatment (Fig. 26A). Significant improvement in their ability to cross the beam was also detected in shorter to time needed to transverse the beam (Fig. 26B). In the first 4 weeks, rats regained their ability to move utilizing all three joints in their hind limbs, however no significant difference was detected after treatment with EGCG when compared to the saline controls in the BBB test. After the 5th week, rats continued to recover slightly. However, overall significance of EGCG treatment was not detected (Fig. 26C). No significant difference between saline and EGCG treated rats was detected in rotarod test (Fig. 26E). Administering EGCG resulted in slightly decreased withdrawal latency in Plantar test up until the 4th week of treatment, although this was not significantly different from control animals. After the 4th week, withdrawal times were stabilized and no significant differences were observed between the two groups. Slight hyperalgesia (thermal nociception), resulting from SCI was not affected by EGCG treatment (Fig. 26D).

Treatment with curcumin proved to significantly enhance locomotor recovery, particularly in the first week. Two and three weeks after SCI and start of curcumin treatment, rats continued to display significantly better locomotor performance than vehicle treated rats in open field test. In the later weeks, performance of rats from the curcumin group was better and significantly at week 7, however performances in other weeks were insignificant (Fig. 27A). Similarly to EGCG, no significant differences

from control animals were detected after treatment with curcumin after Plantar test. However, insignificant increase of withdrawal latency was observed in curcumin treated group 5 and 6 weeks after SCI (Fig. 27B).

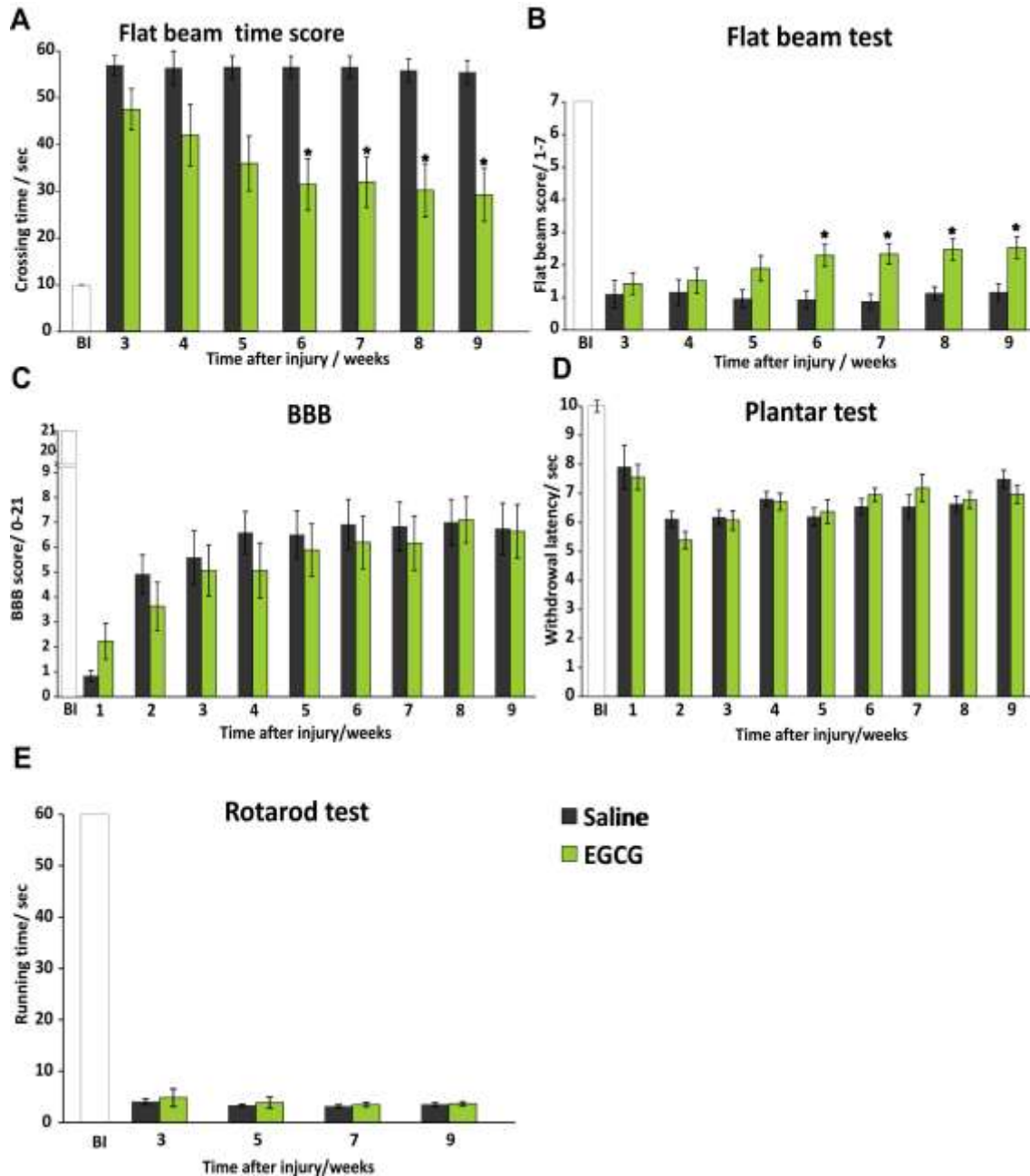


Fig. 26 Behavioral performance of rats after saline and EGCG treatments. Flat beam test used to determine complex motor performance of rats showed improvement after EGCG treatment when compared to saline treatment (**A, B**). Open field BBB test showed no significant difference between saline and EGCG treatments (**C**). Thermal sensitivity measured by the Plantar test reached the same withdrawal latency in both groups (**D**). Rotarod test showed that the ability to balance on the rotating pole remained at the same level during the entire testing period in saline and EGCG groups (**E**). Data is expressed as mean and SEM with * $p < 0.05$ indicates statistical significance, BI-before injury.

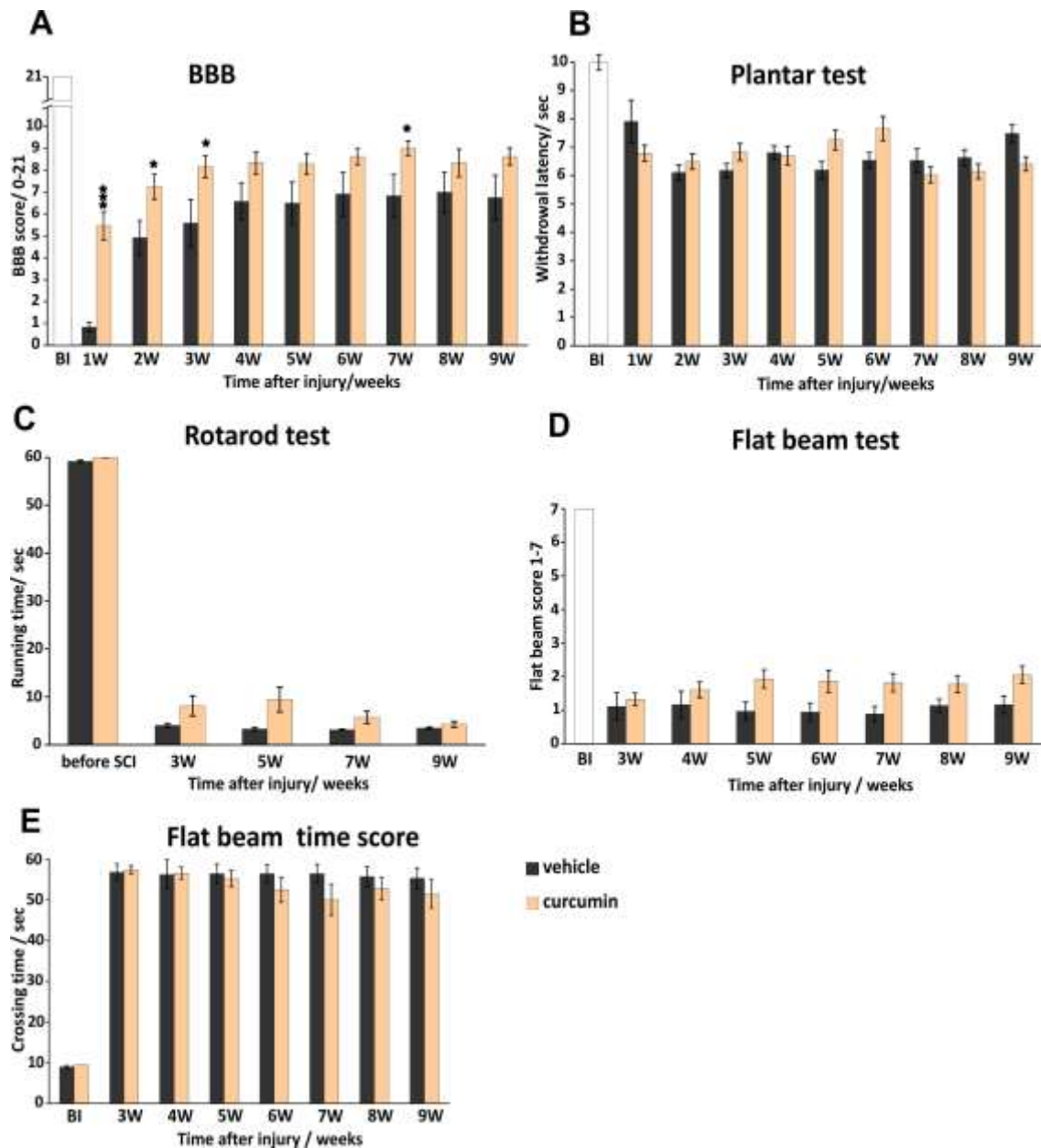


Fig. 27 Changes in motor and sensory functions of rats treated with curcumin or vehicle. BBB open field test revealed strong improvement curcumin-treated animals. Statistically significant differences were observed 1, 2, 3, and 7 weeks after curcumin treatment (**A**). Sensory Plantar test revealed no significant effect on hyperalgesia after curcumin treatment (**B**). Rotarod device tested the ability of the rats to balance on a rotating pole and did not reveal statistically significant changes (**C**). Flat beam test was used to evaluate muscle strength and forelimb-hind limb coordination in both the control and curcumin groups. Curcumin treated group performed better on the flat beam test throughout the whole study period, but differences were not statistically significant (**D**). Flat beam time score reflects the ability of the animals to cross the beam within a maximum of 60 s, no significant differences between the groups were observed (**E**). Data is expressed as mean and SEM with * $p < 0.05$, and *** $p < 0.001$ indicating statistical significance. BI-before injury.

4.3. Effects of stem cells treatments on spinal cord injury

The third section of results is based on results from listed articles:

Ruzicka J, Machova-Urdzikova L, Gillick J, Amemori T, Romanyuk N, Karova K, Zaviskova K, Dubisova J, Kubinova S, Murali R, Sykova E, Jhanwar-Uniyal M, Jendelova P. (2017) A Comparative Study of Three Different Types of Stem Cells for Treatment of Rat Spinal Cord Injury. *Cell Transplant.* Apr 13;26(4):585-603.

Urdziková LM, Růžicka J, LaBagnara M, Kárová K, Kubinová Š, Jiráková K, Murali R, Syková E, Jhanwar-Uniyal M, Jendelová P. (2014) Human mesenchymal stem cells modulate inflammatory cytokines after spinal cord injury in rat. *Int J Mol Sci.* Jun 25;15(7):11275-93.

4.3.1. Survival and differentiation of implanted stem cells

Survival of IT (MSCs) and IS (SPC-01 and iPSC-NPs) implanted stem cells was evaluated 2 weeks and 2 months after transplantation (TX), respectively. Only a few MSCs were observed to be partially attached to the dorsal spinal cord surface and none were detected 2 weeks after grafting (Fig. 28A). In contrast, higher numbers of neural precursors derived from either SPC-01-GFP cells ($16 \pm 3\%$) or iPSC cells ($11 \pm 3\%$) were detected around the injection site 2 months after grafting (Fig. 28B, C). Both types of human neural precursors remained rather immature as revealed by staining 2 months after implantation. SPC-01-GPF cells were predominantly GFAP⁺ or expressed early neural markers such as NESTIN, OLIG2, and NKX6-1 (Fig. 28 D-F). Most of the iPSC-NPs were positive for neural β III-TUBULIN, MAP2, and DCX, with some of the grafted cells being GFAP⁺ (Fig. 28 G-J).

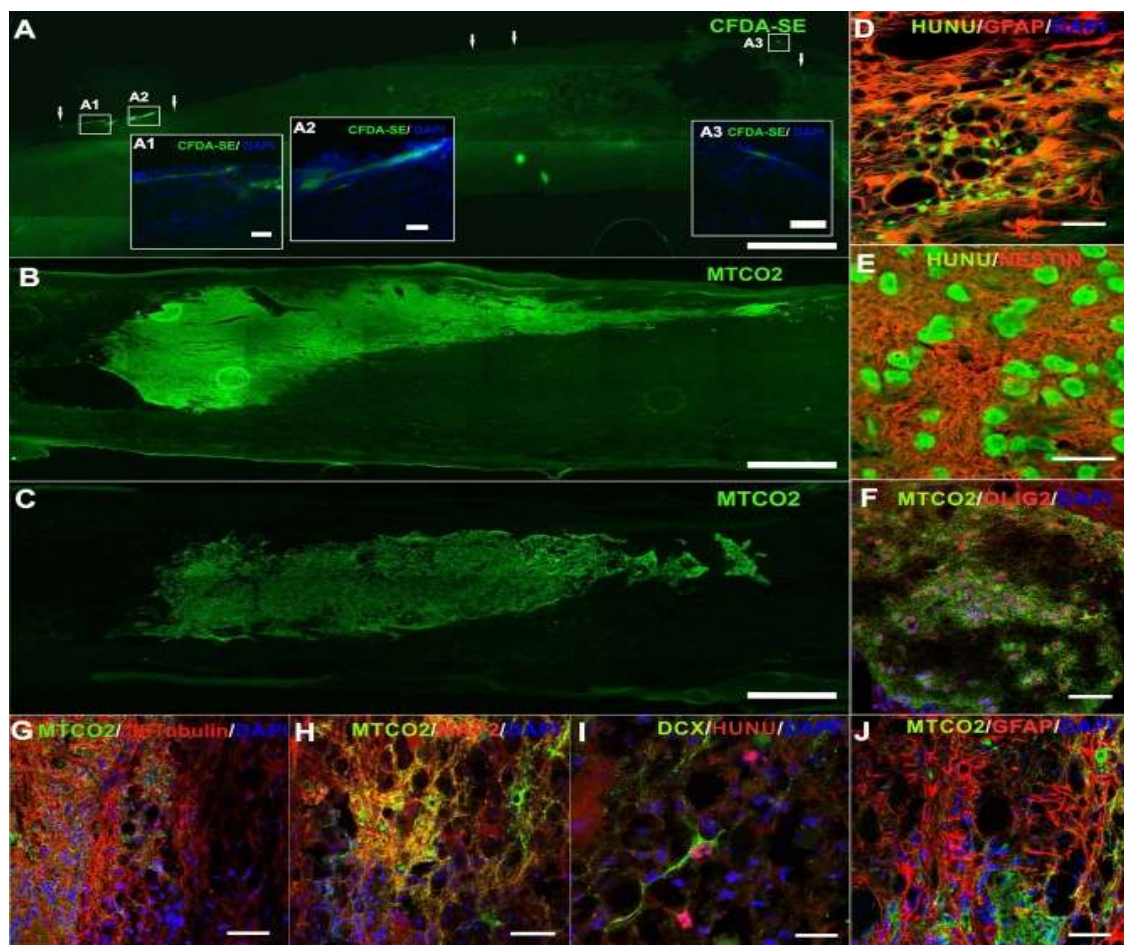


Fig. 28 Survival of implanted stem cells and differentiation of SPC-01 and iPSC-NP cells following their implantation after SCI. Only a few MSCs (CFDA-SE) were detected on the spinal cord surface 2 weeks after application (A), while SPC-01 cells (B) and iPSC-NPs (C) (MTCO2) survived robustly for at least 2 months after implantation. Arrows mark the attached MSCs. Inserts (A1-A3) show MSC morphology. Differentiation of SPCs (D-F) and iPSC-NPs (G-J) demonstrated that the majority of SPCs differentiated into astrocytes (D) or remained immature (E, F), while transplanted iPSC-NPs expressed neuronal markers (G-I) and also astrocytic GFAP (J). (D), (F)-(H), and (J) photos were taken on the edge of the graft, while (E) is from the center of grafts. (I) shows cell migration into the host tissue. Scale bars: 300 μ m (A), 500 μ m (B, C), 20 μ m (A1, A2, A3, D-J).

4.3.2. Modulation of NF κ B activity after cell transplantation

Analysis of p65 nuclear translocation revealed elevation of its activity across groups in the first two weeks of experiments. NF κ B activity significantly increases in the lesion center of control animals receiving saline only (Fig. 29A, Fig. 30B, B1), but also in animals transplanted with iPS-NPs (Fig. 29C). These two groups displayed very similar pattern of p65 nuclear translocation suggesting little effect of iPS-NPs on NF κ B activity. Contrary to this are findings in both SPC-01 and MSCs groups. Both types of cells strongly decreased NF κ B activity in lesion centers of spinal cords analyzed 28

days after inducing injury. Spinal neural precursors inhibited p65 translocation more strongly than MSCs, but both decreased NF κ B by about two thirds (Fig. 31, Fig. 30C)).

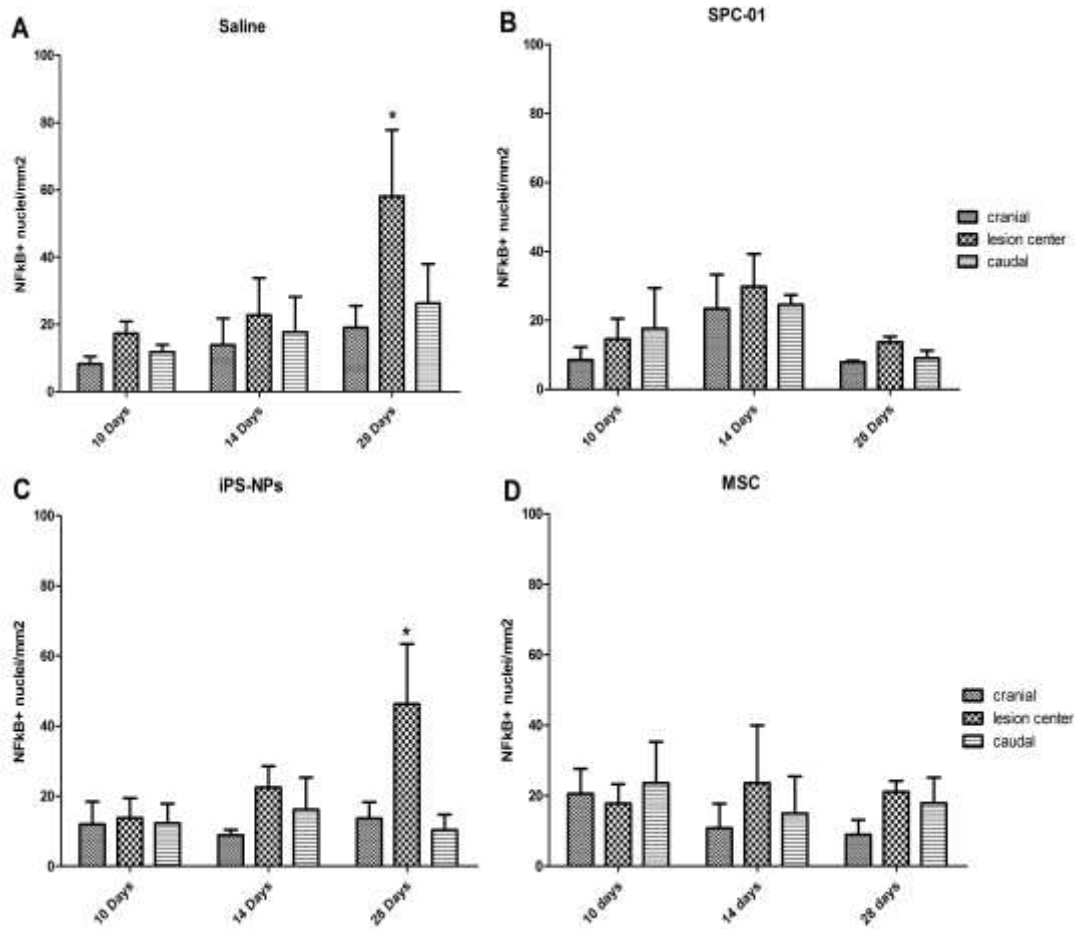


Fig. 29 Density of NF κ B⁺ nuclei 10, 14 and 28 days after SCI/3, 7, 21 days after implantation of saline (A), SPC-01 (B), iPS-NPs (C) or MSCs (D), in lesion centers and cranially and caudally from injury/transplantation sites. Data is expressed as mean and the standard error of the mean (SEM) with **p* < 0.05, indicating statistical significance.

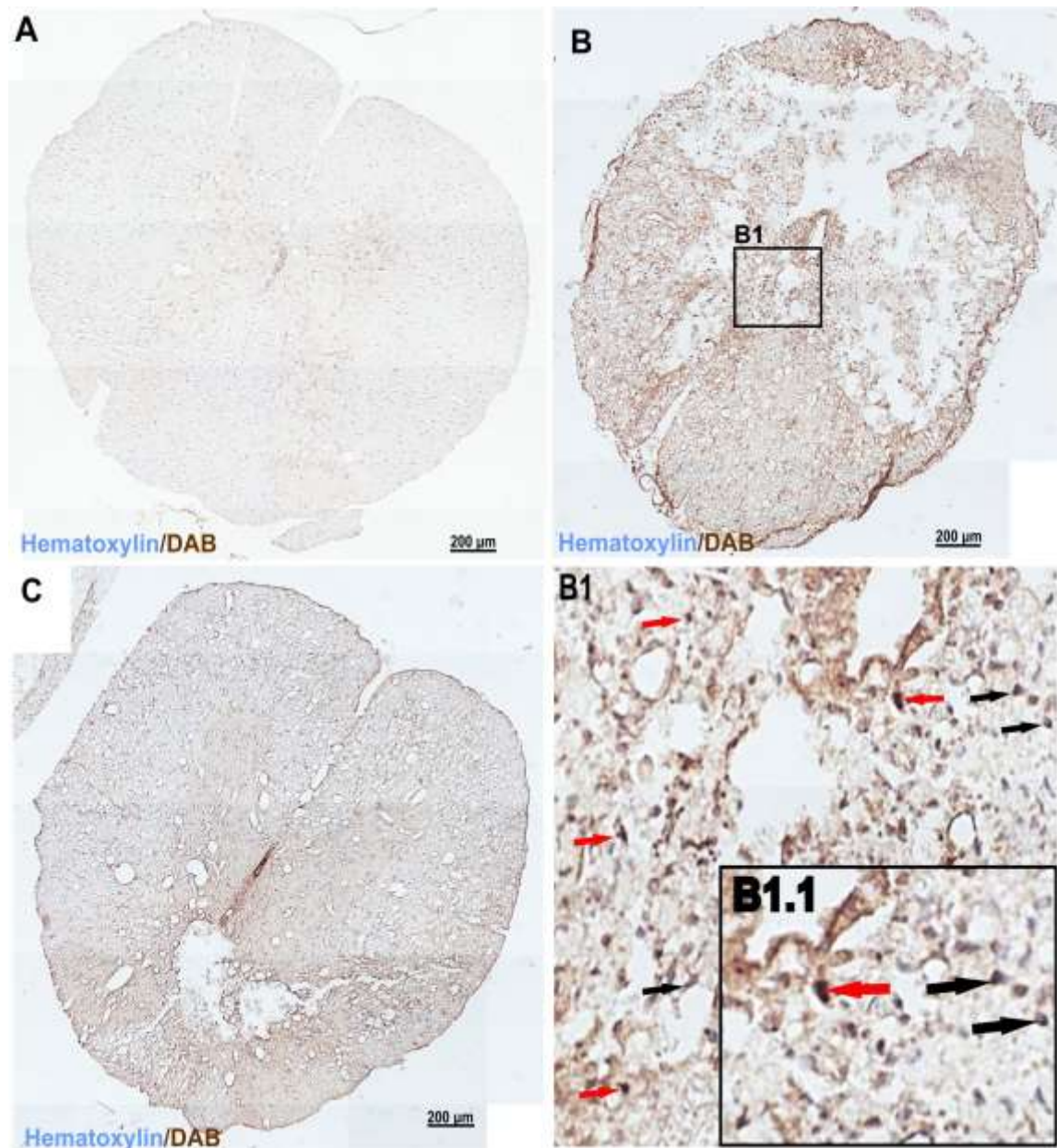


Fig. 30 Representative images show cross sections of the spinal cords stained with hematoxyline and NFκB-DAB in healthy animals (A), 28 days after SCI + saline treatment (B), 28 days after SCI + SPC-01 treatment (C). Red arrows indicate nuclei with translocated p65 proteins of the NFκB dimer and black arrows indicate NFκB⁺ nuclei stained with hematoxyline (B1, B1.1).

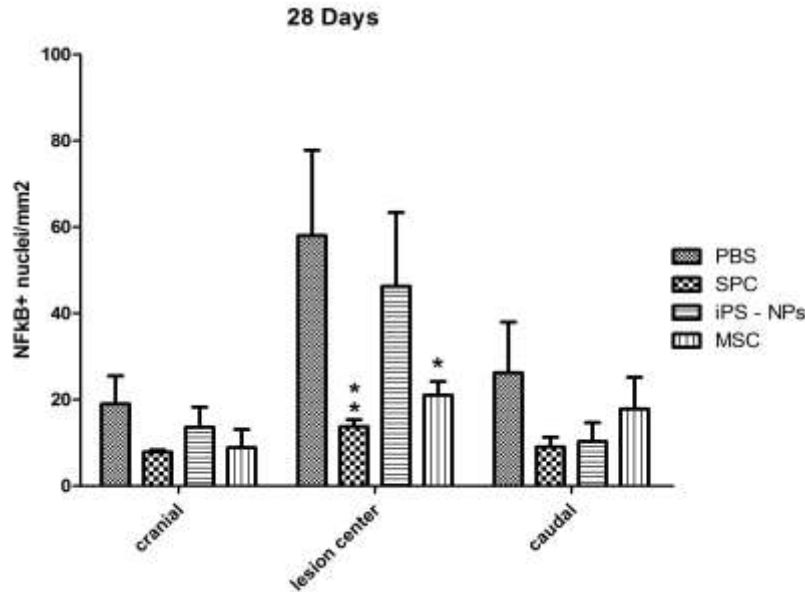


Fig. 31 NFκB activity in spinal cords of control or transplanted animals 28 days after SCI/21 days after transplantation in all 3 studied spinal cord locations. Data is expressed as mean and the standard error of the mean (SEM) with * $p < 0.05$, ** $p < 0.01$ indicating statistical significance.

4.3.3. Cytokine production

Inflammatory response to spinal cord injury and stem cells transplantation was defined by cytokine production measurement using a customized Milliplex kit (Millipore, Billerica, MA, USA) and Magpix instrumentation software MILLIPLEX (Millipore, Billerica, MA, USA). Levels of cytokines MIP-1α, IL-4, IL-1β, IL-2, IL-6, IL-12p70, TNF-α, and RANTES were determined at 10, 14, and 28 days after SCI or 3, 7 and 21 days after transplantation. In all three treatment groups, production levels of MIP-1α, IL-2, and TNF-α cytokines were decreased relative to those of saline treated controls at 10 days post-SCI and this persisted through day 14 (Fig. 32A, B). However, at day 28 in the MSC group, MIP-1α, IL-2, and TNF-α levels increased in comparison those of other treatment groups or saline treated group (Fig. 32C). The production of chemokine RANTES was significantly downregulated in all time points when compared to saline control levels in SPC-01-GFP and iPSC-NP groups, however it was upregulated in case of all MSC treated rats. IL-4 levels in neural precursor treated groups gradually increased over time, while MSC treated rats had decreased production of IL-4 at day 10, which increased insignificantly at day 28 (Fig. 32A, C). Levels of strong pro-inflammatory cytokine IL-1β were significantly lowered in animals transplanted with iPSC-NPs, but insignificantly in case of MSCs and SPC-01-GFP compared to saline 3 days after transplantation (Fig. 32A). At 14 and 28 days after SCI, levels of IL-1β

remained similar to those of the saline treated group, apart from an increase in the SPC-01-GFP group on day 14 after SCI (Fig. 32B, C). IL-6 and IL-12p70 levels were noticeably higher in both NP groups compared to control and MSC groups. This pattern continued throughout the whole experimental period (Fig. 32A, B, C).

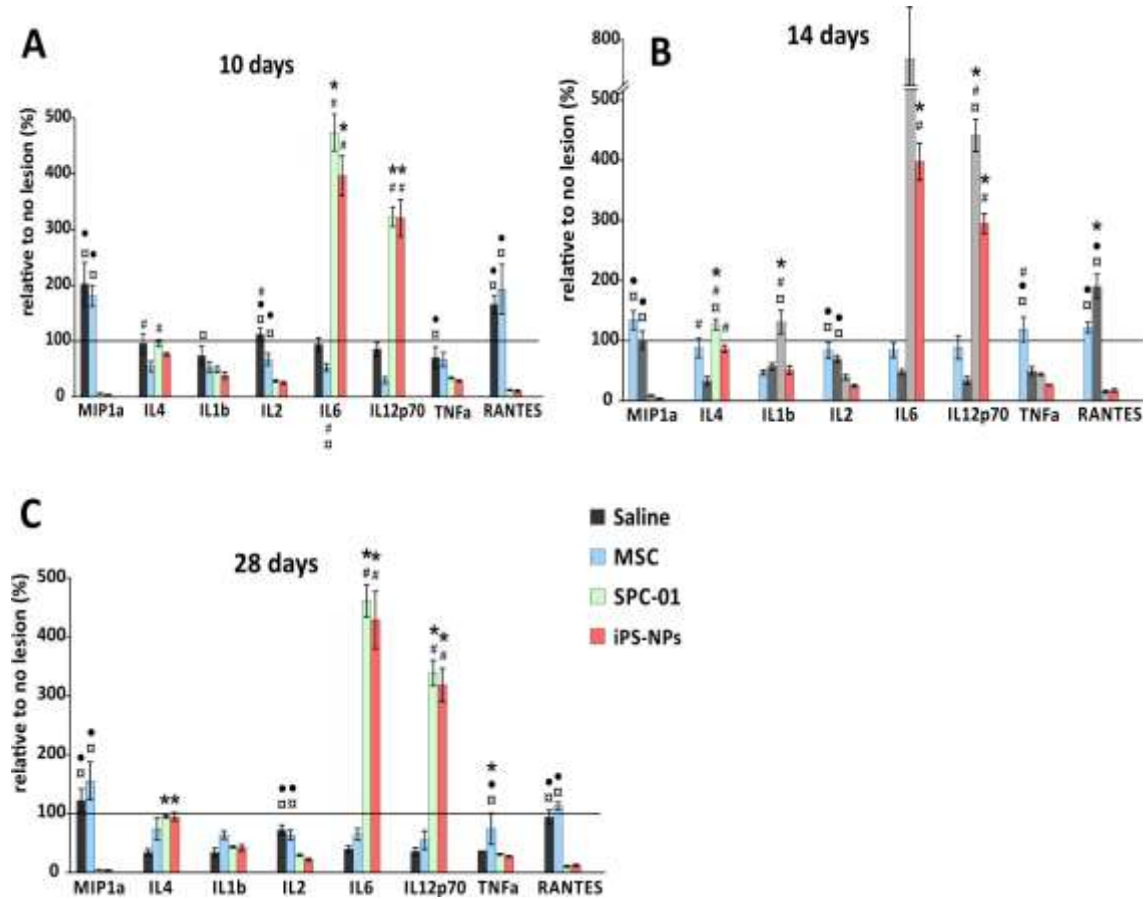


Fig. 32 Levels of cytokines and chemokines produced in spinal cords after stem cell treatments 10 (A), 14 (B), and 28 (C) days after SCI, which correspond to 3, 7, and 21 days after implantation. Levels measured in healthy animals were set to 100% indicated by a horizontal line in the graphs. Data is presented as mean and SEM with * $p < 0.05$ versus saline; # $p < 0.05$ versus MSCs; • $p < 0.05$ versus SPC-01; □ $p < 0.05$ versus iPS-NPs.

4.3.4. Gene expression

The relative expression of rat genes related to growth factors [*Sort1* (*Nt-3*), *Fgf2*, *Cntf*, and *Bdnf*], apoptosis (*Casp3*), vascularization (*Vegfa*), axonal sprouting (*Gap43*), astrogliosis (*Gfap*), and oligodendrocytes (*Olig2*) was determined 10 and 28 days and 2 months after SCI (Fig 33B). Transplantation with SPC-01-GFP cells and iPS-NPs did not result in any significant changes in gene expression at any of the time points. The greatest upregulation of gene expression was found in *Fgf2*. However, this change was not significant. Ten days after spinal cord injury (3 days after grafting), animals

implanted with MSCs displayed upregulation of all genes of interest in a strong, but insignificant trend (Fig. 33b1). This pattern of gene expression in the MSC treated group continued until the end of experiment at 28 days after SCI, with the exception of downregulation of *Casp3* (Fig. 33b2). Two months after SCI, the MSC group showed significant downregulation of *Bdnf*, *Vegf* and *Ngf* in when compared with saline treated and both NP treated groups (Fig. 33b3).

Expression of genes related to the macrophage phenotypes (*Irf5*, *Cd86*, *Mrc1* and *Cd163*) was determined 10 and 28 days after cell transplantation (Fig. 33A). Ten days after SCI, rats transplanted with MSCs displayed upregulation of *Irf5* and *Mrc1* when compared to the control animals. Gene expression remained unaltered in samples taken from the SPC-01-GFP treated rats. In contrast, iPSC-NP treated rats displayed downregulation of *Cd86* and *Cd163* (Fig 33a1). Three weeks after grafting, all genes related to both macrophage phenotypes were upregulated, however without statistical significance (Fig. 33a2).

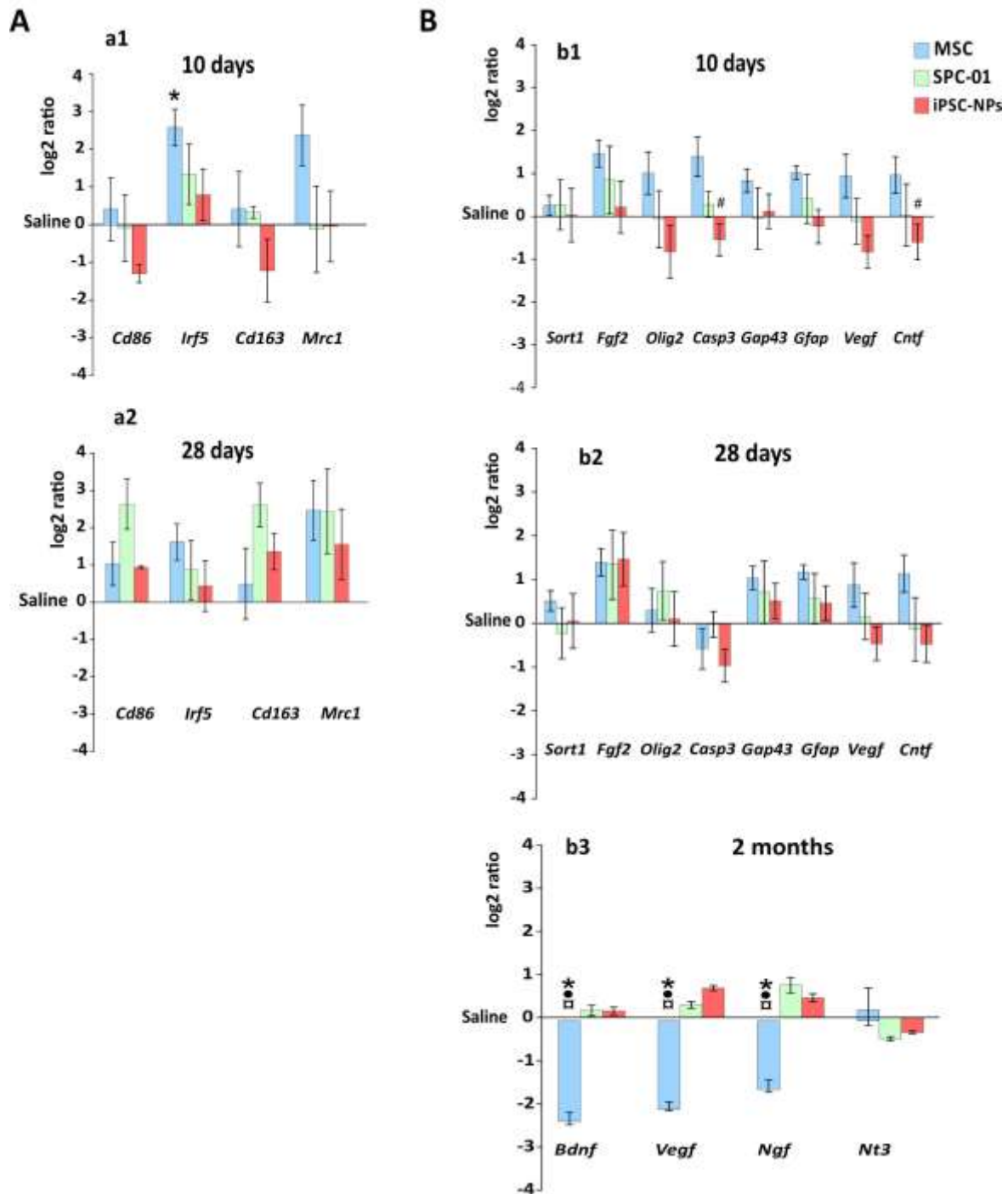


Fig. 33 Effect of stem cell implantation on gene expression of factors related to macrophage presence and phenotype and recovery after SCI. Changes of relative expression of macrophage phenotype related genes (M1-*Cd86*, *Irf5*; M2-*Cd163*, *Mrc1*) (**A**) in response to grafted MSCs, SPC-01, and iPSC-NP cells 10 (**a1**) and 28 (**a2**) days after SCI, demonstrating that the most significant changes were evident following MSC treatment, with upregulated *Irf5* 10 days after SCI. Expression levels measured in saline-treated rats were set to 0. Relative gene expression of factors related to recovery process (**B**) in response to grafted MSCs, SPC-01, or iPSC-NP cells 10 days (**b1**), 28 days (**b2**), and 2 months (**b3**) after SCI. The expression levels in saline-treated rats were set to 0. Data is presented as mean and SEM with * $p < 0.05$ versus saline; # $p < 0.05$ versus MSCs; • $p < 0.05$ versus SPC-01; ◻ $p < 0.05$ versus iPSC-NPs.

4.3.5. Morphometry

Using Cresyl violet-Luxol fast blue staining, the area of spared white and gray matter was measured 2 months after SCI. Values were related to areas measured in saline treated control animals, set as 100%. Noticeable tissue sparing was detected as a result of transplantation of all types of stem cells. However, only the implantation of iPSC-NPs caused significant tissue preservation of white and gray matter when compared to saline controls (Fig. 34A, B).

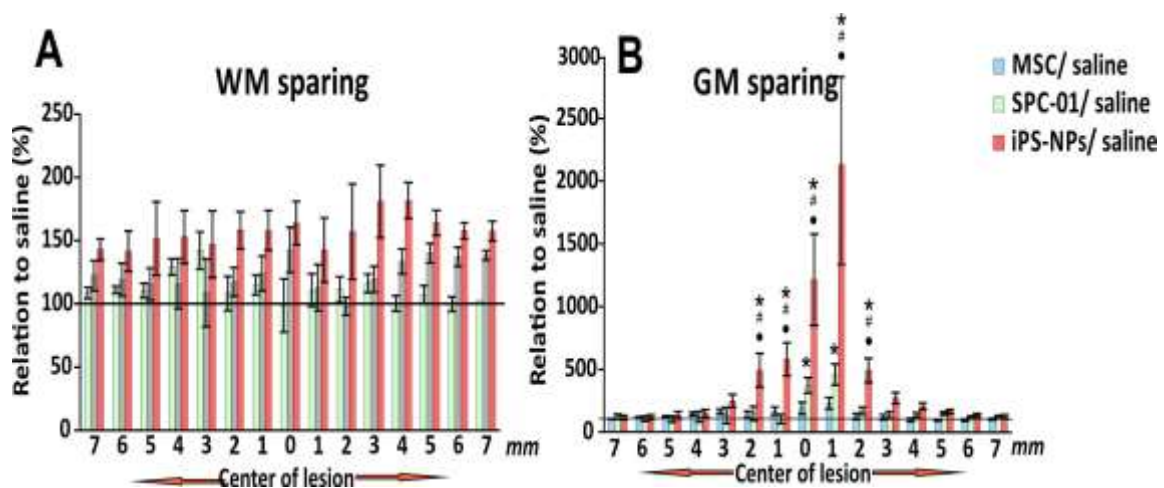


Fig. 34 Areas of spared white (A) and gray (B) matter were determined 2 months after SCI in rats treated with saline or stem cells (MSC, SPC-01, and iPSC-NP). All cell types had positive impact on tissue sparing in the WM/GM of the injured spinal cord. However, only the iPSC-NP group showed statistically significant preservation of spinal tissue. Data is presented as mean and SEM with * $p < 0.05$ versus saline; # $p < 0.05$ versus MSCs; • $p < 0.05$ versus SPC-01

4.3.6. Glial scar and astrocyte reaction

Glial reaction to injury and treatment with stem cells was assessed by measuring the area of spinal tissue positive to GFAP. For this, immunofluorescent staining (anti GFAP-CY3) was used 2 months after SCI. Values are presented as a ratio (%) of the GFAP⁺ area relative to the total tissue area. All stem cell treated groups displayed significantly smaller glial activation and GFAP⁺ area volume when compared to saline controls. Additionally, transplantation of SPC-01-GFP cells or iPSC-NPs resulted in a significantly smaller GFAP⁺ volume when compared with tissue from rats transplanted with MSCs (Fig. 35A). Moreover, rats injected with saline, MSCs, or SPC-01-GFP cells had a significantly higher number of protoplasmic astrocytes per slice in comparison with the iPSC-NPs group (Fig. 35B).

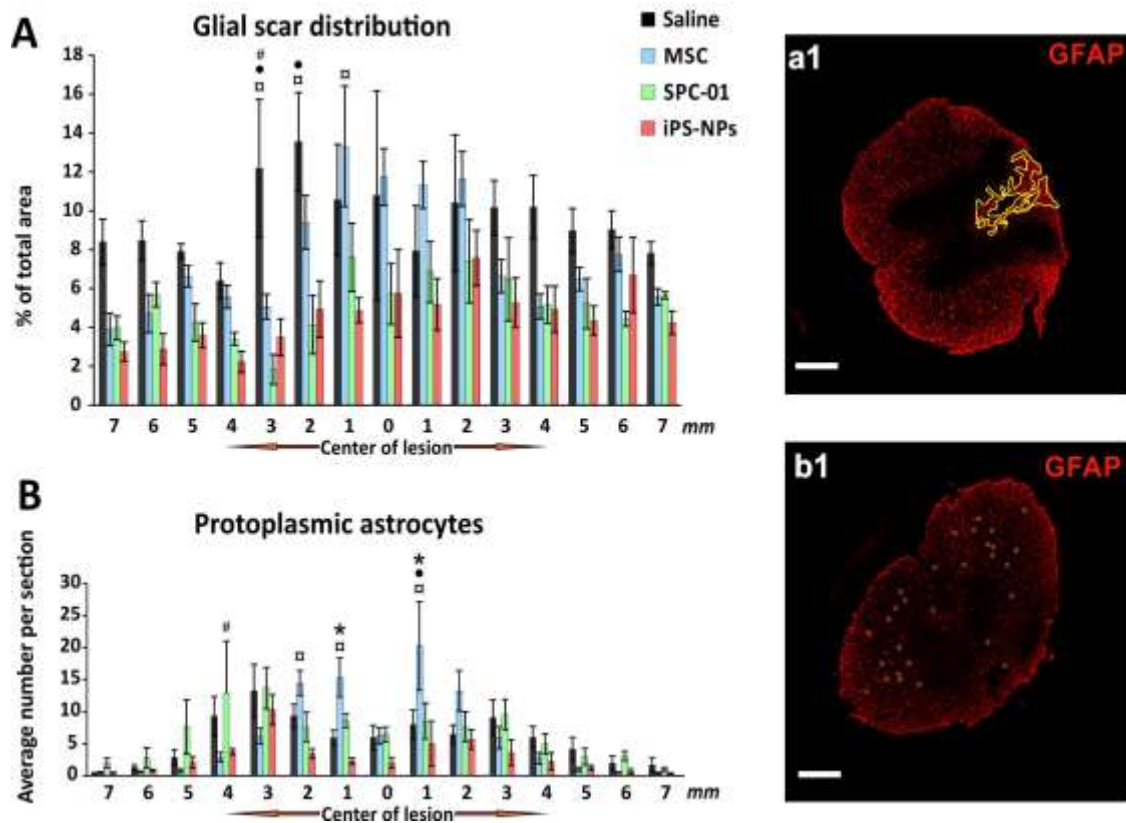


Fig. 35 Effect of implanted MSCs, SPC-01 and iPSC-NP cells on glial scar formation. Graphs depict the area of astrogliosis surrounding the main cavity as a percentage of the total tissue area (**A, a1**) and the average number of protoplasmic astrocytes per section (**B, b1**) around the central lesion cavity 9 weeks after SCI. Illustrative images show GFAP-CY3 staining of the glial scar (**a1**) and protoplasmic astrocytes (**b1**). Scale bars: 500 μ m. Both neural precursors reduced glial scarring and the number of protoplasmic astrocytes, whereas MSCs modulated the distribution of glial with only mild reduction. Data are presented as mean and SEM with * $p < 0.05$ versus saline; # $p < 0.05$ versus MSCs; • $p < 0.05$ versus SPC-01; □ $p < 0.05$ versus iPSC-NPs.

4.3.7. Axonal sprouting

Newly forming axons were detected by counting GAP43⁺ fibers in cross sections of spinal cords 2 months after injury. Values presented are related to the value found in saline treated animals, which was set as 100% (Fig. 36A). Transplantation of either type of neural precursors resulted in higher numbers of GAP43⁺ fibers, when compared to both saline treated and MSC treated rats (Fig. 36a1, a2).

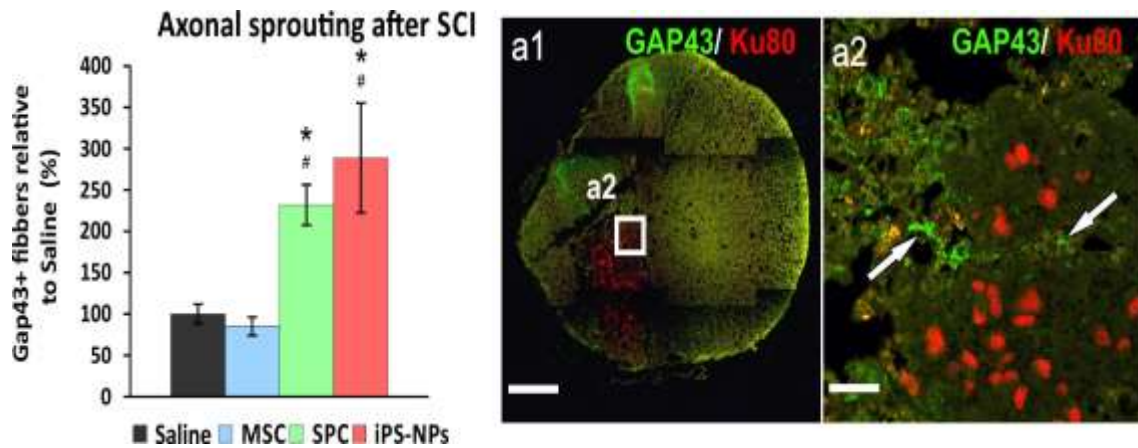


Fig. 36 Effect of stem cells on axonal sprouting (A). Numbers of GAP43⁺ fibers (15 sections per rat) are presented as percentage relative to the number of positive fibers after saline treatment (set to 100%). Representative images of a GAP43⁺ labeled section (a1, a2) with grafted cells positive for nuclear marker Ku80, visualizing cells of human origin. Arrows mark the GAP43⁺ fibers. Scale bars: 500 μ m (a1), 20 μ m (a2). Transplantation of both neural precursors resulted in increased axonal sprouting when compared to saline or MSCs treated animals. * p < 0.05 versus saline; # p < 0.05 versus MSCs; • p < 0.05 versus SPC-01; □ p < 0.05 versus iPSC-NPs.

4.3.8. Functional outcomes

The BBB open field test was performed 1 week prior to spinal cord injury and then once every week for 9 weeks to evaluate hind limb locomotor recovery. Transplantation of either stem cell type was conducted 1 week after injury induction. All stem cell treated rats showed significantly better performance when compared with saline treated controls. Additionally, neural precursors derived from iPS cells and MSCs displayed superior potential to promote functional outcome than SPC-01-GPF cells (Fig. 37A).

Changes in the sensory function of the hind limb after SCI were measured using Plantar test. All stem cell-treated animals were similar to the saline-treated group, which implies that no additional hyperalgesia appeared as a result of stem cell transplantation (Fig. 37E).

Recovery of advanced locomotor function was evaluated using the flat beam test. In this test, performance of rats grafted with iPSC-NPs was superior to rats transplanted with other cell types, showing the greatest degree of improvement when compared to the saline treated animals. Animals injected with either SPC-01-GFP cells or mesenchymal stem cells did not significantly improve higher motor functions like coordination and weight support when compared to saline treated rats (Fig. 37B).

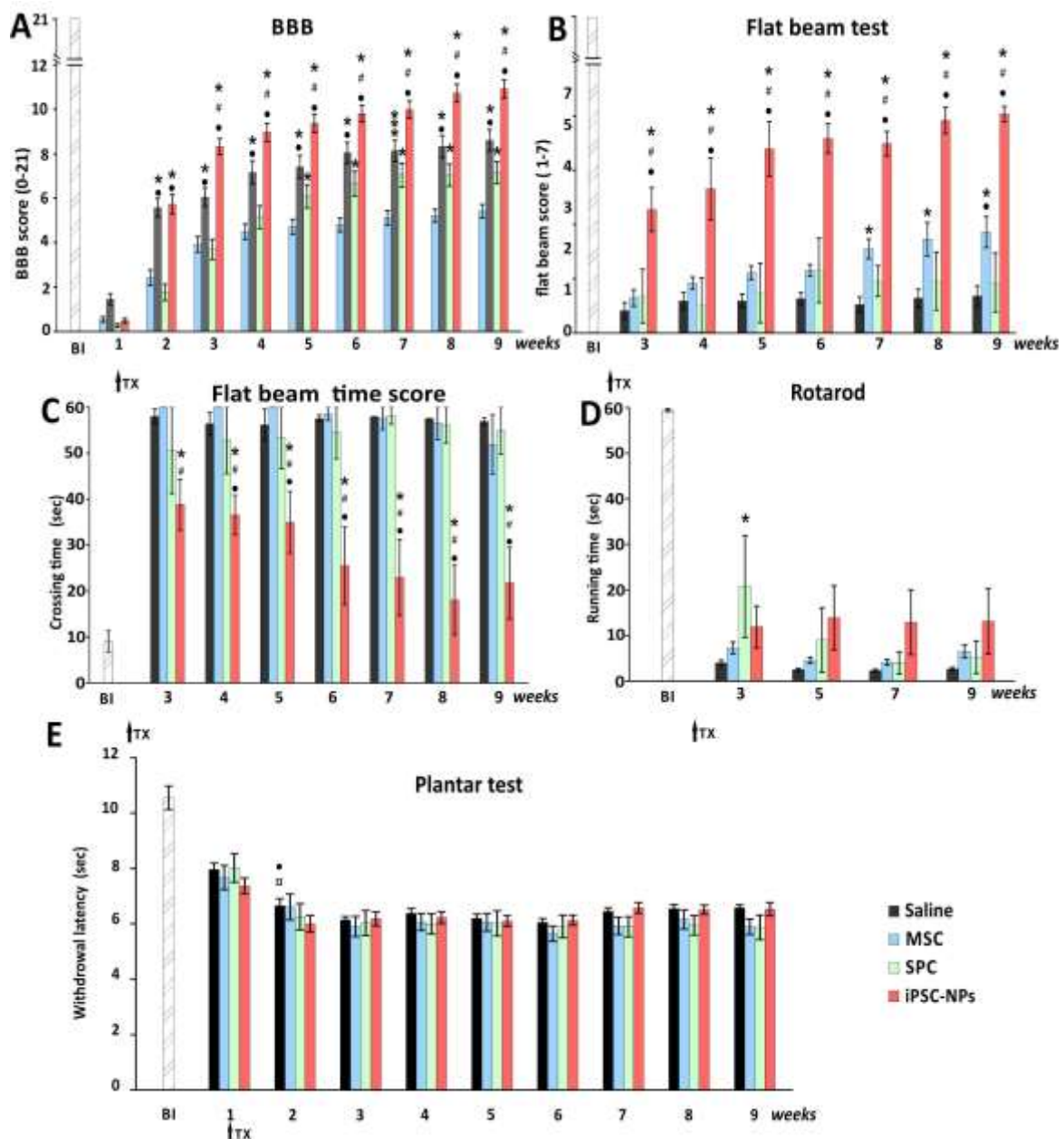


Fig. 37 Locomotor and sensory recovery resulting from stem cell transplantation after SCI was assessed using the BBB (A), flat beam (B), flat beam time score (C), and rotarod tests (D). All treated animals displayed significantly improved performances in the open-field BBB test in comparison with saline controls (A). Additionally, the iPSC-NP and MSC groups demonstrated significantly higher performances compared to SPC-01-GFP group. In tests requiring more advanced locomotor skills, such as the flat beam test (B), all treated groups performed significantly better when compared with saline control, with iPSC-NPs having the best results. In the rotarod test (D), for which body weight supported stepping is essential, a stable but insignificant trend of iPSC-NPs in improved performance was observed. Thermal nociception was assessed using the plantar test (E). No additional hyperalgesia after grafting of stem cells was observed. Data is presented as mean and SEM with * $p < 0.05$ versus saline; # $p < 0.05$ versus MSCs; • $p < 0.05$ versus SPC-01; □ $p < 0.05$ versus iPSC-NPs. BI-before injury, TX-transplantation.

Time score in the flat beam test reflects the time it takes to cross the beam within a 60-s test period and requires higher level of coordination and muscle strength. The best performance was detected in rats grafted with iPSC-NPs showing the greatest improvement when compared to the saline treated animals. Performance of iPS-NPs treated group was superior to treatment groups treated with other stem cell types, showing progressive improvement over the course of experiment (Fig. 37C).

Rotarod test was used to determine long-term weight support, endurance and coordinated stepping. Due to high difficulty of the test, no significant differences in stem cell treated rats were observed when compared with rats treated with saline (Fig. 37D).

5. Discussion

Spinal cord injury is known to be a complex process accompanied by significant inflammatory response. By using compounds with proven anti-inflammatory and also anti-oxidant properties, we hypothesized that these compounds could modulate inflammation after SCI and thus help improve regeneration and functional outcome.

In this study, two anti-inflammatory compounds, EGCG or curcumin were administered *in situ* immediately after induction of spinal cord injury and then every day until the end of experiment. Several approaches were taken to evaluate changes in the immune response. The strongest evidence of these compounds altering immune response is inhibition of nuclear translocation of p65 protein into nuclei of cells in the spinal cord. Both EGCG and curcumin strongly reduced the activation of NFκB pathway containing p65 in the NFκB dimer, which is a typical constituent of canonical pathway. The observation that curcumin inhibits NFκB pathway was later confirmed by several groups (Gokce et al., 2016; Yuan et al., 2017; Zhang et al., 2017). Analysis of NFκB1 (p105) expression revealed significant downregulation at 10 day interval after curcumin treatment, this reduction of p105 (precursor of p50) later stabilized and was not different from controls like in the case of EGCG treatment. Injury to the central nervous system triggers NFκB pathway in neurons and glial cells, which results in several processes depending on the type of stimulus and also on the composition of NFκB dimer. NFκB dimers are present in inactive state in the cytoplasm inhibited by IκB molecules, which are phosphorylated and dissociated upon activation, enabling NFκB dimers to translocate into the nucleus to trigger gene transcription. Once its task in the nucleus is complete, it is transported out of the nucleus and can be recycled and used in new signaling. Thus our observation of downregulation or no change in expression of NFκB1 (p105), which is later processed into a common NFκB protein p50, is not indicative of reduction in activity of NFκB pathway containing this protein (including the much studied p50/p65 combination), but it rather suggests no increase of this pathway's activity. This correlates with our finding that both EGCG and curcumin reduce p65 nuclear translocation resulting in inhibition of canonical p50/p65 NFκB pathway. However, other NFκB dimers, containing p50, c-Rel, or other NFκB proteins are very likely still active, continuing to impact both immune reaction and neuroprotective processes. There is evidence, that dimers containing c-Rel trigger transcription of genes with rather neuroprotective roles. This is supported by the fact,

that c-Rel^{-/-} mice develop Parkinsonism proving the crucial role of c-Rel in prevention of neurodegeneration (Baiguera et al., 2012). In trauma, NFκB transcription results in production of anti-apoptotic proteins but also pro-apoptotic FASL or cytokine TNFα, which can further activate the NFκB through TNFR1 or TNFR2 receptors. Together with IL-1β, this cytokine is the first to be detected after CNS trauma (Pan et al., 2002), has pro-apoptotic effect and also is involved in blood-spinal cord barrier disruption. TNFα has been shown to be cytotoxic to oligodendrocytes and thus its presence contributes to demyelination (Garcia et al., 2016). In our study, TNFα was reduced in animals treated with curcumin 1 day and 2 weeks after SCI, which was confirmed by other groups (Gokce et al., 2016; Zhang et al., 2017). Interleukins IL-1β, IL-6 or IL-12 are crucial in activation of phagocytosing cells and induce expression of adhesion molecules facilitating infiltration of immune cells from the periphery. While all these cytokines are implicated in prolonged, exaggerated immune response, which causes additional damage to the spinal cord and loss of functional connections, they are also essential in clearing out debris leading to wound healing and regeneration. Dimers containing p65 are associated with production of pro-inflammatory cytokines (TNF-α, IL-1β, IL-6) in microglia and infiltrated immune cells as well as in astrocytes. We found, that curcumin treatment decreased levels of IL-2 at all studied times except for 7 and 10 days after SCI. In contrast, we observed that levels of IL-6 and IL-12p70 increased over time with significantly higher levels at 14 and 28 days after injury when compared with control groups, which could be due to transcription by other transcription factors such as JAK2-STAT3 (Qian et al., 2014; Chen et al., 2017; Yang and Tang, 2017), STAT4 (Maier et al., 2002), AP-1 (Garcia et al., 2016) indicating that curcumin modulation may be targeted specifically at p50/p65. Recently, Yang and Tang discovered, that presence of IL-6 inhibits expression of inhibiting myelin proteins Nogo-A and its receptor NgR and strongly increases expression of GAP43 involved in new axonal growth. This effect was dose-dependent and the role of IL-6 in structural and functional recovery was confirmed by robust improvement in BBB test, highlighting the dual role of IL-6 (Yang and Tang, 2017). Interestingly, Yaguchi et al. reported functional recovery in mice after implanting a gelfoam sponge containing IL-12 *in situ* (Yaguchi et al., 2008). This suggests that increased levels of IL-12 may be important in achieving motor improvements and has indeed been reported to decrease in the first 24 hours after SCI in rodents (Stammers et al., 2012). In our analysis, we also observed low levels of IL-12p70 after SCI, but this was not significantly lower when

compared to healthy animals. Treatment with EGCG also resulted in marked immunomodulation. Production of TNF α and IL-12 was initially increased but gradually decreased. Additionally, chemokines MIP1 α , RANTES and IL-6 were strongly reduced throughout the first week, but levels of these chemokines later increased. Contrary to our findings, reduction of TNF α 24 hours after SCI was detected by Khalatbary et al. (Khalatbary and Ahmadvand, 2011). This disagreement could be due to different methodology (IHC vs Luminex). Inhibition of canonical p50/p65 pathway resulted in significant modulation of cytokine production profile after each treatment. However, in case of EGCG, this effect was strongest in the first 24 hours and gradually disappeared, with the exception of upregulation of neuroprotective IL-4 (Francos-Quijorna et al., 2016; Lima et al., 2017) at 14 days after SCI. In contrast, curcumin decreased inflammatory cytokine and chemokine production throughout the entire experiment, correlating with decreased NF κ B activity, especially at early and later time points, in which we demonstrated the highest levels of p65 nuclear translocation. Several other groups demonstrated immunomodulatory and anti-apoptotic properties of curcumin (Gokce et al., 2016; Yuan et al., 2017; Zhang et al., 2017) or EGCG (Khalatbary and Ahmadvand, 2011; Tian et al., 2013). We found, that presence of IL-4, cytokine exerting anti-inflammatory effects after trauma to CNS through prevention of microglia over-activation (Yang et al., 2002; Park et al., 2005) was either unchanged or elevated after both EGCG and curcumin treatments adding to the overall inhibitory effect of tested compounds. Changes in production of studied cytokines had significant impact on the surrounding tissue, which may have resulted in significantly enhanced axonal sprouting after both treatments and in case of curcumin, also in smaller cavity size, which can be explained by increased levels of IL-6 in animals treated with curcumin. Higher levels of GAP43⁺ fibers after EGCG treatment were also observed by Renno et al. (Renno et al., 2014) suggesting that EGCG supports axonal sprouting by another mechanism. Moreover, we discovered that EGCG treatment significantly altered the phenotype of resident or infiltrated macrophages. At 10 days into the treatment with EGCG and curcumin, we detected prevalence of phenotype associated more with classical M1 macrophages (*Cd86*, *Irf5*), which are involved in more acute phase of immune reaction, needed to clear out debris from damaged tissue, preventing exacerbation of immune response. When their presence is prolonged, these cytokine factories may be detrimental to spared tissue. This was prevented after treatment with EGCG, which caused reduction of expression of these markers as well as increase in

Cd163 and *Mrc1* markers associated with M2 macrophages known to facilitate healing and tame the immune reaction at later time point (Ji et al., 2015; Veremeyko et al., 2018). We did not detect such effect on macrophages after curcumin treatment. However, we found low expression levels of *Cd86* and *Irf5* genes. GFAP expression was also altered in studies, where treatment with anti-inflammatory compounds resulted in smaller GFAP⁺ area in central parts of spinal cord lesion. Moreover, treatment with curcumin downregulated *Gfap* transcription. This effect was found by other groups who used curcumin (Zu et al., 2014; Yuan et al., 2017) or EGCG (Renno et al., 2014). Upregulation of GFAP expression marks an increase in astrocyte reactivity, which is, among other things, characterized by production of cytokines typical in NFκB transcription, such as IL-6, IL-1β, TNFα and COX-1 or iNOS (Bellaver et al., 2017; Tjalkens et al., 2017). Decrease in astrocytic reactivity can also be a result of NFκB pathway inhibition, even though NFκB is not directly involved in *Gfap* transcription. Taken together, all these molecular changes due to anti-inflammatory treatment strategy may have ultimately resulted in enhanced locomotor function as demonstrated in experiments using EGCG or curcumin. Interestingly, despite both compounds having profound effects on gene expression and protein production, the underlying mechanisms are different as the ultimate effect in functional outcome of curcumin was noticeable in BBB open field test while EGCG recovered more complex motor function detected with flat beam test.

In the second part of our study, we focused on treatment of spinal cord injury with bone marrow mesenchymal stem cells, spinal neural precursors SPC-01 and neural precursors derived from induced pluripotent stem cells. We hypothesized that all types of cells used in this study would enhance recovery after SCI with MSCs acting mainly through paracrine effect on host tissue and immunomodulation. We expected neural precursors (NPs) to have better survival and remain in contact with host spinal cord to restore function by new axonal growth, cell replacement as well as modulation of immune responses. We chose to transplant either cell type 7 days after induction of spinal cord injury - postponed implantation of cells is a strategy adopted by many groups (Nori et al., 2011; Plemel et al., 2011; Tsuji et al., 2011; Kobayashi et al., 2012; Emgard et al., 2014; Lu et al., 2014). It has been shown by Cheng et al., that in case of neural stem cells transplantation, the best results were observed when cells were implanted sub- acutely 7 days after SCI (Cheng et al., 2017). Better outcomes after acute or sub-acute

cells administration was previously confirmed in meta-analysis conducted by the Hosseini group (Yousefifard et al., 2016).

In our studies, only a small number of transplanted MSCs survived beyond two weeks after implantation via intrathecal injection. Findings of progressive decline in presence of transplanted MSCs after SCI were reported by several groups (Boido et al., 2014; Torres-Espin et al., 2014; Torres-Espin et al., 2015; Yousefifard et al., 2016). Yousefifard et al. observed survival of 0.36% out of 1 million transplanted cells 8 weeks after transplantation (Yousefifard et al., 2016). Torres-Espin et al. also observed progressive decline of survival 2 weeks after transplantation, which did not depend on the number of cells transplanted - 0.5 vs 1 million cells (Torres-Espin et al., 2015). Similar survival rate and kinetics were observed when 0.5 million MSCs were implanted regardless whether it was done 30 mins or 7 days after SCI (Torres-Espin et al., 2014). Survival rates were improved when immunosuppressant tacrolimus was used and roughly 50% more cells survived when compared to controls (Torres-Espin et al., 2015). These results indicate, that transplanted MSCs are indeed immunogenic and trigger rejection reaction, which was confirmed by elevated genes involved in such response (Torres-Espin et al., 2013) and may be the principal reason for low survival rates of MSCs transplanted into injured spinal cords. However, we also used immunosuppression with all our cells and still observed low survival of MSCs. In the above mentioned studies, scientists opted for *in situ* application of MSCs, whereas we used a less invasive approach, which we found to be similarly effective in SCI treatment as spinal injection (Amemori et al., 2010), but which could have had effect on low survival. Contrary to MSCs, we found much better survival of both types of neural precursors, which was confirmed 2 months after grafting. Good survival of implanted NPs has been reported by other groups (Yan et al., 2007; Emgard et al., 2014; Wilcox et al., 2014; Brock et al., 2017). Additionally, Lu et al. conducted a long-term experiment with rats transplanted with human neural stem cells surviving for 1.5 years. They found that while maintaining its size, the graft continued maturation into all three neuronal lines and extended numerous axons half of which survived until the end of experiment. Notably, mature oligodendrocytes were not present until 1 year after transplantation, which is when functional recovery began (Lu et al., 2017). Results of this study highlight the need for more long-term studies to be conducted in order to observe complete effects of transplanted cells.

In all cases of cell therapy conducted by our group, we found significant functional improvements assessed by BBB open field test. By far, the best results were observed in animals transplanted with iPSC derived neural precursors, which was also apparent in Flat beam test score and reduced time it took to traverse the beam. Functional recovery in treatment of SCI with iPSCs-derived neural precursor cells has been found in other studies in mice (Nori et al., 2011; Tsuji et al., 2011) and also in non-human primates (Kobayashi et al., 2012). Improvements in motor function have been documented in studies using spinal neural progenitor cells (Brock et al., 2017) as well as bone marrow-derived mesenchymal stem cells (Fonseca et al., 2017; Salem et al., 2017; Xiong et al., 2017), which is in line with our findings. Exact mechanisms behind enhanced motor function and recovery are yet to be fully understood.

Transplantation of either cell type resulted in changes in the immune response of host tissue, which was determined by assessment of levels of p65 nuclear translocation, cytokine production and macrophage phenotype distinction. After spinal cord injury, the activity of NF κ B pathway is significantly elevated when compared with healthy animals (data not shown) and triggers transcription of pro-inflammatory, pro-apoptotic proteins as well as healing promoting and anti-apoptotic ones. We observed that p65 nuclear translocation has two peaks in the time frame and end points of our experiment. Most significant elevations were detected 3 days and 28 days after induction of spinal cord injury, which validates the approach of postponed transplantation. Analysis of NF κ B activation in cell treated animals revealed, that both spinal neural precursors SPC-01 and mesenchymal stem cells significantly reduced levels of p65 nuclear translocation 28 days after SCI with SPC-01 cells being the most potent NF κ B inhibitors. Interestingly, iPS-derived neural precursors displayed little effect on NF κ B activation. In groups transplanted with iPS-NPs, we found no difference when compared with saline controls 3, 7 and 21 days after transplanting. However, the expression profile of macrophage surface markers at 21 days after transplantation suggested that present macrophages were polarized more towards healing promoting macrophages in SPC-01 group. The expression of *Irf5* was low while *CD163* and *Mrc1* were both increased, albeit insignificantly. Interestingly, MSCs significantly increased expression of *Irf5* suggesting stronger presence of classical pro-inflammatory macrophages, however, this activation/recruitment was later reduced by roughly 40%. This reduction corresponds with significant inhibition of NF κ B (p65) nuclear translocation, which taken together with decreased Casp3 production may be one of the underlying mechanisms of

therapeutic effect of MSCs confirmed by improved scores of BBB and flat beam tests. Clear immunomodulatory effect of MSCs was demonstrated in our experiments. Analysis of cytokine production showed marked reduction in levels of MIP1 α , IL-2, TNF α as well as insignificant reduction in levels of IL-6, IL-12p70 cytokines. Rosado et al. showed similar effects of cryopreserved MSCs on host immune reaction. In their experiments, group transplanted with MSCs was found to have lowered levels of infiltrated macrophages, TNF α and GFAP, which is in line with our results (Rosado et al., 2017). Decrease of TNF α was also reported by Salem et al. (Salem et al., 2017). This group also demonstrated enhanced effects of MSCs when combined with antioxidant vitamin C. In our study, inhibiting production of cytokines was most pronounced in the first week after transplantation, perhaps due to little survival of MSCs beyond this point. Despite of low survival, their effect was far reaching, which was documented not only with reduction in glial scar and locomotor improvements at later stages, but also by inhibition of NF κ B activity 21 days after their transplantation. However, we did not detect improved tissue sparing, axonal sprouting or changes in regeneration-associated genes, which suggests that therapeutic effect was in early immunomodulatory intervention, confirmed by Hosseini et al. who conducted combination therapy of spinal cord injury implanting MSCs immediately after SCI and neural stem cells 3 days later. This early modulation of host inflammatory reaction resulted in dramatic functional improvements of rats transplanted with both types of stem cells (Hosseini et al., 2018).

The best functional outcome was achieved after treatment with iPS-NPs. Improvements of locomotor function has been documented by other groups in mice and non-human primates (Kobayashi et al., 2012; Tang et al., 2013; Oh et al., 2015; Salewski et al., 2015). In line with findings of other groups, iPS-NPs displayed good survival and integration (Tang et al., 2013; Salewski et al., 2015) throughout experiment and caused several molecular changes in the host tissue that contributed to the therapeutic effect. We observed significant gray matter sparing in the lesion area of rats transplanted with iPS-NPs, which together with marked axonal regrowth may have resulted in enhanced signal transmission and thus preserved/gained function 2 months after SCI. Similar effect of iPS-NPs on tissue preservation along with functional recovery was found by Oh et al. in mice after transplantation of 5×10^5 iPS-NPs (Oh et al., 2015). Enhanced axonal sparing/regrowth determined by total area positive for NF200 was detected by Kobayashi et al. in a model of SCI in common marmoset (Kobayashi et al., 2012).

Effect on axonal growth was found in our experiments, where we detected marked increase in newly sprouting GAP43⁺ axons and which was documented by other groups (Hong et al., 2014; Fu et al., 2017). Additionally, group of Fehlings demonstrated, that the primary mechanism of functional recovery in mice after treatment with iPS-NPs is through remyelination (Salewski et al., 2015). However, we did not detect statistically significant white matter sparing in our study, which could be attributed to different primary source and different protocol of iPS cells generation. In our experiments, iPS-NPs reduced levels of pro-inflammatory IL-1 β , IL-2, TNF α and chemokines MIP1 α and RANTES. This anti-inflammatory effect was accompanied by strong elevation in production of IL-6 and IL-12p70 at all time points, which supports findings of Yang and Tang that IL-6 promotes axonal sprouting characterized by presence of GAP43 (Yang and Tang, 2017) and by Yaguchi et al. who reported functional improvement after IL-12 administration (Yaguchi et al., 2008). Together with significant increase of IL-6 and IL-12p70 we found significant increase of NF κ B, but only at 21 days after transplantation indicating that production of IL-6 and IL-12p70 is regulated by other transcription factors in spinal cord injury. Hong et al. transplanted induced neural stem cells 9 days after SCI and found strong immunomodulatory effect with reductions of IL-1 β , TNF α , but also IL-6, which is where our results differ (Hong et al., 2014). Animals treated with iPS-NPs displayed increased production of IL-4, which has been proposed to have neuroprotective properties (Yang et al., 2002; Park et al., 2005; Lima et al., 2017). Similarly to iPS-NP, transplantation of spinal neural precursors resulted in down- or upregulation of the same cytokines and chemokines. Reduction of IL-2, TNF- α , IL-1 β and MIP1 α and RANTES contributed to lowered immune reaction. Production of neuroprotective cytokine IL-4 was increased during the entire experiment, which together with significantly increased axonal sprouting contributed to functional improvements. Locomotor recovery was previously also demonstrated by Emgard et al. who transplanted neural progenitors as neurospheres (Emgard et al., 2014) or by Brock et al. who transplanted embryonic spinal cord-derived neural progenitor cells, which robustly extended newly formed axons and formed synapses with host neurons (Brock et al., 2017). Although insignificant, we observed a trend in macrophage phenotype shifting towards healing promoting macrophages with higher levels of *Mrc1* and low levels of *Irf5* markers 21 days after transplantation. Cheng et al. observed immunomodulatory effect of neural stem cells in mice where decreased levels of TNF α , IL-1 β , IL-6 and IL-12 were accompanied with significant reduction of neutrophil and

macrophage infiltration. The group observed migration of the graft into lesion center and improvement of the BMS score. Interestingly, they found their neural stem cells to inhibit iNOS expression in macrophages *in vitro* as well (Cheng et al., 2016). Hosseini et al. also reported improved BBB along with decreased IL-1 β but not IL-6 (Hosseini et al., 2018). In our study axonal growth promoting IL-6 along with IL-12p70 were strongly upregulated throughout the entire experiment, while activity of NF κ B was at low levels and significantly reduced 21 days after SPC-01 transplantation. Increased levels of IL-6 and IL-12p70 were also observed in rats treated with iPS-NPs and in rats treated with curcumin, which strongly inhibited p65 nuclear translocation in all studied time points. This further supports the theory that regulation of IL-6 and IL-12p70 production is primarily or redundantly conducted by other transcription factor(s), such as JAK2-STAT3 (Qian et al., 2014; Chen et al., 2017; Yang and Tang, 2017), STAT4 (Maier et al., 2002) or AP-1 (Garcia et al., 2016).

6. Conclusion

We attempted to answer several questions in our studies regarding therapeutic effects of anti-inflammatory compounds EGCG or curcumin and effects of stem cell transplantation in the balloon compression model of spinal cord injury in rats. We found significant functional improvements in all treated groups out of which the best recovery was seen in iPS-NPs group. Animals treated with curcumin displayed robust improvement in the first week, which continued until the end of experiment. EGCG as well as spinal progenitors SPC-01 on the other hand improved motor function in later stages. To understand mechanisms behind these improvements, we tested an array of molecular targets to see whether they are affected by treatments and contribute to enhanced functional outcomes.

In these projects, we focused on immune reaction after spinal cord injury and how it is modulated after our treatments. We were specifically interested in the activity of transcription factor NF κ B, which has a significant role in inflammation throughout the body and has been shown to be activated after trauma to the central nervous system. We found, that NF κ B activity peaked at 3 and 28 days after SCI and is significantly lower at 1, 7, 10 and 14 days after SCI. This confirms that the host environment may be more permissible to begin cell therapy between 7 and 14 days after injury. We confirmed our hypothesis that phytochemicals EGCG and curcumin inhibit nuclear translocation of p65 in all studied time points with curcumin essentially preventing p65 to enter the

nucleus. Grafting of either cell type did not induce enhanced activation of NFκB pathway when compared to controls, however, we found significant inhibition of its activity in animals transplanted with SPC-01 and MSC cells, both at 28 days after SCI. Modification of p65 nuclear translocation in host cells likely contributed to recovery of transplanted animals or animals treated with phytochemicals. Apart from analysis of p65, we measured levels of a battery of cytokines to further determine the immunomodulatory effect of treatments. Most cytokines were altered after either treatment. To highlight the most pronounced effects, we observed a decrease in levels of TNFα, IL-2 and chemokines MIP1α and RANTES as well as an increase in IL-6 and IL-12p70 after treatment with curcumin. After using EGCG, we detected lower chemokine levels and also increased levels of neuroprotective IL-4. Additionally, IL-1β increased 14 days after SCI and TNFα and IL-12p70 were increased on the first day, which subsided over time. Another strong alteration that occurred after EGCG treatment was a shift in macrophage phenotype from classical to healing promoting, which was characterized by increased expression of especially mannose receptor 1 (*Mrc1*). Stem cell treatments resulted in changes of cytokine production, notably a decrease of TNFα, IL-1β and chemokines. Interestingly, IL-6 and IL-12p70 were significantly increased in animals treated with either neural precursors or curcumin.

One of the aims of our study was to determine the regenerative potential of our treatments outside of altering the immune reaction. Together with morphometry, we determined transcription levels of genes associated with neural growth and differentiation, angiogenesis, apoptosis and expression of proteins involved in axonal sprouting or glial activation. Both curcumin and EGCG increased axonal growth seen in high expression of GAP43, a protein associated with neural growth cones. We also found this effect in animals treated with either NPs. This effect on axonal sprouting was caused by high levels of IL-6 except for animals treated with EGCG, where different mechanism had to be in play. Additionally, all treatments except for EGCG resulted in significantly lower astrogliosis making the host environment more permissible to new growth. Expressions of genes of interest varied from control animals. Significant changes were detected in group treated with MSC cells, where decrease in *Bdnf*, *Vegf* and *Ngf* was detected 2 months after grafting. Increased expression of VEGF, an indicator of enhanced angiogenesis was also found in animals treated with EGCG.

7. Summary

Taken together, our results confirm anti-inflammatory and/or immunomodulatory properties of curcumin and EGCG, as well as mesenchymal stem cells and both types of neural precursors. Only iPS-NPs failed to inhibit the canonical NFκB pathway. The fact that both SPC-01 cells and curcumin inhibited NFκB and iPS-NPs didn't, but that in all these groups IL-6 and IL-12p70 were strongly elevated, prompts us to suggest that these cytokines are produced under different transcription factor(s) in spinal cord injury. Based on literature research, the likely candidate is JAK/STAT3. We observed decreased levels of some of the pro-inflammatory cytokines (TNFα, IL-1β, IL-2) in most treated animals as well as reduction in chemokine production. Based on our results confirmed by findings of other groups, we detected upregulation of IL-6 in animals treated with NPs or curcumin, which correlated with strong axonal sprouting. Despite low levels of IL-6, axonal sprouting was significantly enhanced in EGCG treated group. Neuroprotective IL-4 was highly produced after treatments with EGCG and both NPs, while production of protective IL-12p70 was significantly increased in all treated animals, but in case of EGCG its levels gradually decreased. Both NPs and curcumin treatment has limited effect on macrophage phenotype, unlike EGCG where we saw a shift towards healing promoting M2 macrophages and decrease in gene expression of classical macrophage marker *Irf5*. All treated animals except for MSCs and EGCG groups displayed lowered astrocyte activation partially alleviating inhibitory environment of host tissue. However, EGCG treatment resulted in upregulation of FGF and VEGF regeneration promoting growth factors. Elevated production of neurotrophic factors BDNF, NGF and angiogenesis promoting VEGF was observed in animals treated with SPC-01 neural precursors. In our studies, we demonstrated varying immunomodulatory and regenerative properties of tested therapies, which all resulted in marked functional recovery with iPS-NPs displaying the best motor improvements.

8. Souhrn

Naše výsledky potvrzují protizánětlivé a/nebo imunomodulační vlastnosti kurkuminu a EGCG, ale i mezenchymálních kmenových buněk a obou typů neurálních prekursorů. Pouze neurální prekursori derivované z iPS buněk nedokázaly zabránit aktivaci klasické signální dráhy transkripčního faktoru NFκB. Skutečnost, že kromě iPS-NPs byla NFκB dráha inhibována jak SPC-01 buňkami, tak kurkuminem při vysoké produkci cytokinů IL-6 a IL-12p70 u všech třech léčebných postupů, podporuje naši teorii, že tyto cytokiny jsou při poranění míchy primárně či redundantně transkribovány

pod jiným faktorem. Na základě studia literatury se jako pravděpodobná jeví JAK/STAT3 dráha. U většiny léčených zvířat jsme pozorovali jak snížené hladiny některých prozánětlivých cytokinů ($\text{TNF}\alpha$, IL-1 β , IL-2), tak snížení produkce chemokinů. Na základě našich výsledků potvrzených výsledky ostatních skupin jsme zjistili zvýšení regulace IL-6 u zvířat léčených neurálními prekuzory nebo kurkuminem, která navíc koreluje se silným růstem axonálních kolaterál. Navzdory nízkým hladinám IL-6 byl růst axonů významně zvýšen i u skupiny léčené EGCG. Neuroprotektivní IL-4 byl vysoce produkován po léčbě pomocí EGCG i obou neurálních prekuzorů, zatímco produkce proteinu IL-12p70 byla významně zvýšena u všech léčených zvířat, ale v případě EGCG se jeho hladina postupně snižovala. Oba typy neurálních prekuzorů a léčba kurkuminem mají omezený účinek na makrofágový fenotyp. Naproti tomu po aplikaci EGCG jsme zaznamenali silný posun k hojení podporujícím makrofágům M2 a po podání buněk MSC zase pokles exprese genu markeru klasických makrofágů *Irf5*. Všechna zvířata s výjimkou skupin MSC a EGCG vykazovala sníženou reaktivitu astrocytů, což mělo za následek zmírnění inhibičního prostředí poškozené míšní tkáně potkanů.

Léčba EGCG vedla ke zvýšené expresi růstových faktorů podporujících regeneraci FGF a VEGF. Zvýšená produkce neurotrofických faktorů BDNF, NGF a faktoru VEGF podporujícího angiogenezi byla pozorována u zvířat léčených neurálními prekuzory SPC-01. V našich studiích jsme prokázali různé imunomodulační a regenerační vlastnosti testovaných terapií, které vedly k výraznému funkčnímu zotavení. Nejlepší výsledek behaviorálního testování jsme zaznamenali po léčbě pomocí iPS-NP, kdy došlo k výraznému zlepšení motoriky.

9. Literature

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